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PAM TRANSPORTATION SERVICES INC

Form 4 May 12, 2014

FORM 4

OMB APPROVAL OMB STORE COMMISSION OMB

Person

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Add West Allen	ress of Reporti	ing Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			PAM TRANSPORTATION SERVICES INC [PTSI]	(Check all applicable)		
(Last) PO BOX 188	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/08/2014	Director 10% Owner Officer (give titleX Other (specify below) VP Finance, CFO, Secy, Treas		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		

TONTITOWN, AR 72770

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	rities Acqu	uired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			d of (D)	Beneficially (D) or Benefic Owned Indirect (I) Owners Following (Instr. 4) (Instr. 4	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	05/08/2014		M	1,250	A	\$ 11.22	2,500	D	
Common Stock	05/08/2014		S <u>(1)</u>	1,250	D	\$ 23.92	1,250	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 11.22	05/08/2014		M	1,250	11/30/2010	11/30/2020	Common Stock	1,250

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

West Allen

PO BOX 188 VP Finance, CFO, Secy, Treas

TONTITOWN, AR 72770

Signatures

/s/ C. Douglas Buford as attorney in fact for Allen
West

05/09/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares sold in this sale were purchased by the issuer's previously disclosed stock repurchase program in accordance with Rule 10b-18(1).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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