Gamzon Michael Form 4 August 17, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading Gamzon Michael Symbol

5. Relationship of Reporting Person(s) to

Issuer

GRIFFIN INDUSTRIAL REALTY, INC. [GRIF]

(Check all applicable)

President and CEO

(Last) (First)

(Street)

(Middle)

3. Date of Earliest Transaction (Month/Day/Year) 08/16/2018

X Director X_ Officer (give title below)

_X__ 10% Owner _ Other (specify

641 LEXINGTON AVE, 26TH **FLOOR**

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

NEW YORK, NY 10022

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired action(A) or Disposed of (D) (Instr. 3, 4 and 5) 8)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	08/16/2018		M	7,500	A	\$ 33.07	12,971	D	
Common Stock	08/16/2018		F	5,471	D	\$ 40.21	7,500	D	
Common Stock							50,000	I	Footnote (1)
Common Stock							415,733	I	Footnote (2)
Common Stock							10,550	I	By spouse

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 33.07	08/16/2018		X	2,500	01/21/2012	01/20/2019	Common Stock	2,500
Stock Options	\$ 33.07	08/16/2018		X	2,500	01/21/2013	01/20/2019	Common Stock	2,500
Stock Options	\$ 33.07	08/16/2018		X	2,500	01/21/2014	01/20/2019	Common Stock	2,500

Reporting Owners

Reporting Owner Name / Address	Relationships						
•	Director	10% Owner	Officer	Other			
Gamzon Michael 641 LEXINGTON AVE 26TH FLOOR NEW YORK, NY 10022	X	X	President and CEO				

Signatures

/s/Michael S. Gamzon	08/17/201		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Trusts in which Michael Gamzon has shared voting power as trustee.

Reporting Owners 2

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(2) Trusts in which Rebecca Gamzon, spouse, has shared voting power as trustee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.