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MATOVIN Form 4 March 16, 2	A JOHN M 2018												
FORM	ЛЛ	STATES						NGE CO	OMMISSION	OMB AF	PROVAL 3235-0287		
Check ti if no lor subject Section Form 4 Form 5 obligation may con <i>See</i> Inst 1(b).	F CHAN Section (Public U	NGES I SEC 16(a) of Jtility F	IN UR f th Hold	, D.C. 20 BENEF RITIES e Securit ding Con Compar	Number: Expires: January 3 Expires: 200 Estimated average burden hours per response 0.								
(Print or Type	Responses)												
MATOVINA JOHN M Symbol AMEE				ERICAN EQUITY ESTMENT LIFE HOLDING					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director10% Owner				
(Last) (First) (Middle) 3. Date of				te of Earliest Transaction									
WEST DE	(Street) S MOINES, IA 5	0266		endment onth/Day/Y		ate Origina r)	1		6. Individual or Joi Applicable Line) _X_ Form filed by Ou Form filed by Mo	ne Reporting Per	rson		
(City)	(State)	(Zip)	7 - 1	. I. T. NT.	F		G		Person				
1.Title of Security (Instr. 3)	f 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if			3. 4. Securities Acquid. 3. 4. Securities Acquid. Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price					5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/15/2018			М		28,000	A	\$ 10.85	213,890	D			
Common Stock	03/15/2018			F		8,000	D	\$ 31.76	205,890	D			
Common Stock	03/16/2018			S		8,000	D	\$ 31.764 (1)	⁴ 197,890	D			
Common Stock	03/16/2018			М		12,000	А	\$ 10.85	209,890	D			
Common Stock	03/16/2018			S		12,000	D	\$ 31.9075	197,890	D			

31.9075

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	(2)			
Common Stock		11,376	Ι	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	orDeri Secu Acqu or D (D)	rities uired (A) isposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options - Right to Buy	\$ 10.85	03/15/2018		М		28,000	06/11/2011	06/11/2018	Common Stock	28,000
Options - Right to Buy	\$ 10.85	03/16/2018		М		12,000	06/11/2011	06/11/2018	Common Stock	12,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
Reporting O wher Funite / Hudress	Director	10% Owner	Officer	Other				
MATOVINA JOHN M 6000 WESTOWN PARKWAY WEST DES MOINES, IA 50266	Х		CEO & President					
Signatures								
Renee D. Montz, by Power of Attorney	()3/16/2018						
**Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This transaction was executed in multiple trades at prices ranging from \$31.76 to \$31.78. The price reported in column 4 is an average(1) price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares sold and the prices at which the transactions were settled.

This transaction was executed in multiple trades at prices ranging from \$31.90 to \$31.965. The price reported in column 4 is an average(2) price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares sold and the prices at which the transactions were settled.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.