ADAMS W ANDREW

Form 5/A

February 26, 2009

reditiary 20, 200	09									
FORM 5	5						OMB API	PROVAL		
Check this box no longer subje	UNITED STA	ATES SECURIT Washir	IES AND Engton, D.C.		E COM	MISSION	OMB Number: Expires:	3235-0362 January 31, 2005		
to Section 16. Form 4 or Form 5 obligations may continue.		L STATEMENT OWNERSE					Estimated av burden hours response			
See Instruction 1(b). Form 3 Holdin, Reported Form 4 Transactions Reported	Filed pursuar gs Section 17(a) of	nt to Section 16(a) f the Public Utility 80(h) of the Inves	y Holding C	Company Ac	ct of 1935					
1. Name and Addre ADAMS W AN	ess of Reporting Perso	Symbol	NATIONAL HEALTHCARE CORP				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (Middle	,	3. Statement for Issuer's Fiscal Year I (Month/Day/Year) 12/31/2008			Director 10% Owner Officer (give title Other (specify below)				
750 S. CHURC B	H STREET, SU									
	(Street)	4. If Amendm Filed(Month/D 02/17/2009	•	inal	6. Ind		t/Group Repor	rting		
MURFREESBO	ORO, TN 3713	30				orm Filed by Mo	e Reporting Per re than One Rep			
(City)	(State) (Zip)	Table I -	Non-Derivati	ive Securities	Acquired,	Disposed of, o	or Beneficially	Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities (A) or Dispo (Instr. 3, 4 a	osed of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Amount	(A) or (D) Price	(Instr. 3 and 4)				
Shares of Common Stock - AdamsMark L.P.	12/23/2008	Â	J	537,912	D \$0	440,110	D	Â		
Shares of Common	Â	Â	Â	Â	Â	77,528	I	Trustee		

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Stock - Adams Children's Trust									
Shares of Common Stock - Adams Family Foundation II	Â	Â	Â	Â	Â	Â	35,407	I	Trustee
Shares of Common Stock - Adams Grandchilren's Trust	Â	Â	Â	Â	Â	Â	2,307	I	Trustee
Shares of Series A Convertible Preferred Stock - AMK, L.P.	12/23/2008	Â	J	337,249	D	\$ 0	479,682	D	Â
Shares of Series A Conv Pref Stock - Adams Christian Trust	Â	Â	Â	Â	Â	Â	77,528	I	Trustee
Shares of Series A Conv Pref Stock - Adams Family Found II	Â	Â	Â	Â	Â	Â	35,407	I	Trustee
Shares of Series A Conv Pref Stock-Adams Grandchildrns Trust	Â	Â	Â	Â	Â	Â	2,307	I	Trustee
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.			Persons who r	is form are	not	requir	ed to respon	d unless	SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e	
	Derivative				Securities		
	Security				Acquired		

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					(A) of Disport of (E) (Instruction 4, and	osed O) r. 3,				
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 20.9	Â	Â	Â	Â	Â	12/29/2004	03/23/2009	Common Stock	290,000
Option to Purchase Common Stock	\$ 32.01	Â	Â	Â	Â	Â	05/03/2005	05/02/2010	Common Stock	15,000
Option to Purchase Common Stock	\$ 44.25	Â	Â	Â	Â	Â	05/03/2006	05/02/2011	Common Stock	15,000
Option to Purchase Common Stock	\$ 52.5	Â	Â	Â	Â	Â	04/24/2007	04/23/2012	Common Stock	15,000
Option to Purchase Common Stock	\$ 51.5	Â	Â	Â	Â	Â	05/01/2008	05/01/2013	Common Stock	15,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Othe			
ADAMS W ANDREW 750 S. CHURCH STREET SUITE B MURFREESBORO, TN 37130	ÂX	Â	Â	Â			

Signatures

W. Andrew Adams	02/25/2009		
**Signature of	Date		

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Remarks:

J - Shares distributed pursuant to a Marital Dissolution Agreement to The Adams Group L.P. Â Â T

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.