Edgar Filing: Flatt Stephen Fowler - Form 4

| Flatt Stephen | Fowler | | | | | | | | | | |
|--|--|--|---------------------|--|-----------------|-------|-------------|---|--|---|--|
| Form 4 | | | | | | | | | | | |
| December 06 | , 2012 | | | | | | | | | | |
| FORM | FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSI | | | | | | | OMB APPROVAL | | | |
| | UNITED | SIAIES | | shington, | | | NGE C | COMMISSION | OMB Number: | 3235-0287 | |
| Check thi if no long | or | x STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES | | | | | | | | Expires: January 31, 2005 Estimated average burden hours per response 0.5 | |
| subject to Section 10 Form 4 or | SIAIEN 6. | | | | | | | | | | |
| Form 5 | | suant to S | Section 10 | 6(a) of the | e Securit | ies E | Exchang | e Act of 1934, | 16300136 | 0.5 | |
| obligation | 18 Section 17(| | | | | | | f 1935 or Section | ı | | |
| may conti <i>See</i> Instru 1(b). | nue. | | | vestment | | | | | | | |
| (Print or Type R | esponses) | | | | | | | | | | |
| 1. Name and Address of Reporting Person *2. IssuerFlatt Stephen FowlerSymbol | | | | er Name and Ticker or Trading | | | | 5. Relationship of Reporting Person(s) to Issuer | | | |
| ſ | | | • | NAL HEA | ALTHC. | ARE | CORP | (Check all applicable) | | | |
| (Last) | (First) (1 | Middle) | 3. Date of (Month/D | Earliest Tra ay/Year) | ansaction | | | Director X Officer (give | title Othe | Owner er (specify | |
| | | | 12/05/20 | 012 | | | | below) below) President | | | |
| (Street) 4. If Ar | | | 4. If Ame | Amendment, Date Original | | | | 6. Individual or Joint/Group Filing(Check | | | |
| Filed(Mon MURFREESBORO, TN 37130 | | | | nth/Day/Year) | | | | Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting | | | |
| | | | | | | | | Person | | | |
| (City) | (State) | (Zip) | Tabl | e I - Non-D | erivative | Secur | ities Acq | uired, Disposed of | , or Beneficial | ly Owned | |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | Executio any | | 3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) | | | d of (D) | 5. Amount of Securities Beneficially Owned Following Reported | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | |
| Common | | | | Code V | Amount 6,000 | or | Price \$ | Transaction(s) (Instr. 3 and 4) | | | |
| Stock | 12/05/2012 | | | М | <u>(1)</u> | А | ه 46.69 | 27,708 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. 3. Transaction Date 3A. Deemed 4. 5. Number 6. Date Exercisable and 7. Title and Amount of Derivative Conversion (Month/Day/Year) Execution Date, if Transaction of Derivative Expiration Date **Underlying Securities** (Month/Day/Year) (Instr. 3 and 4) Security or Exercise any Code Securities (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Acquired Derivative (A) or Security Disposed of (D) (Instr. 3, 4, and 5) Amount Date Expiration or Title Exercisable Date Number Code V (A) (D) of Shares Option to Purchase Common Common 6,000 12/04/2012 02/29/2016 \$46.69 12/05/2012 54,000 Μ Stock Stock "Right to Buy"

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Reporting Owners

| Reporting Owner Name / Add | lress | Relationships | | | | | | |
|--|------------|---------------|-----------|-------|--|--|--|--|
| F8 | Director | 10% Owner | Officer | Other | | | | |
| Flatt Stephen Fowler 100 VINE STREET, SUITE MURFREESBORO, TN 371 | | | President | | | | | |
| Signatures | | | | | | | | |
| Stephen F. Flatt | 12/05/2012 | | | | | | | |

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These stock options were granted pursuant to the Company's 2010 Omnibus Equity Incentive Plan on March 1, 2011. The grant and exercise of these stock options are exempt from Section 16(b) pursuant to Rule 16b-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.