Edgar Filing: ACKERMAN THOMAS F - Form 4

ACKERMAN	N THOMAS	F									
Form 4 November 05	5 2004										
	ORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMMISSION	OMB AF OMB Number:	PROVAL 3235-0287	
Check thi if no long subject to Section 10 Form 4 on Form 5 obligation may conti <i>See</i> Instru 1(b).	er STAT 6. Filed ¹⁸ Section	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section								January 31, 2005 verage 's per 0.5	
(Print or Type R	lesponses)										
ACKERMAN THOMAS F Symbol CHARL LABOR				r Name and LES RIVE RATORIE NATIONA	ER S		Ð	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 251 BALLA	(First)						-	Director 10% Owner X_Officer (give title Other (specify below) below) Sr. Vp and CFO			
			ndment, Da nth/Day/Year	-			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
								Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	Securi	ties Acqu	ired, Disposed of	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Ye	any		3. Transactio Code (Instr. 8) Code V	4. Securiti n(A) or Dis (Instr. 3, 4) Amount	posed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/05/2004			М	16,023	А	\$ 5.33	51,540	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Μ

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S

17,977 A \$5.33 69,517

16,023 D

17,977 D

\$ 46.88

\$ 46.88 53,494

35,517

D

D

D

Common

Common

Common

Stock

Stock

Stock

11/05/2004

11/05/2004

11/05/2004

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	ransactiorDerivative ode Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 31.97						08/01/2002	08/01/2011	Common Stock	21,800
Stock Options (Right to buy)	\$ 32.15						07/15/2003	07/15/2012	Common Stock	23,400
Stock Options (Right to buy)	\$ 32.87						07/23/2004	07/23/2013	Common Stock	26,600
Stock Options (Right to buy)	\$ 43.07						02/13/2005	02/13/2014	Common Stock	20,200
Stock Options (Right to buy)	\$ 5.33	11/05/2004		М		16,023	03/21/2001	09/29/2009	Common Stock	16,023
Stock Options (Right to buy)	\$ 5.33	11/05/2004		М		17,977	03/21/2001	09/29/2009	Common Stock	17,977

Reporting Owners

Reporting Owner Name / Address

Relationships

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Sr. Vp and CFO

Director 10% Owner Officer

Other

ACKERMAN THOMAS F 251 BALLARDVALE STREET WILMINGTON, MA 01887

Signatures

Deborah Gray

<u>**</u>Signature of Reporting Person 11/05/2004 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.