AINSLIE CHARLES J

Form 4

January 30, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

1(b).

(Print or Type Responses)

1. Name and Add AINSLIE CHA	•	ting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			STERLING FINANCIAL CORP /WA/ [STSA]	(Check all applicable)			
(Last)	(First) STREET	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/26/2008	X Director 10% Owner Officer (give titleX Other (specify below) Director - Golf Savings Bank			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
SPOKANE, WA 99201				Form filed by More than One Reporting Person			

(City)	(State)	Zip) Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	08/26/2008		S <u>(1)</u>	12,639	D	\$ 9.3	137,100	D	
Common Stock	08/26/2008		S <u>(1)</u>	300	D	\$ 9.4	136,800	D	
Common Stock	08/26/2008		S(1)	7,261	D	\$ 9.31	129,539	D	
Common Stock	08/26/2008		S(1)	12,700	D	\$ 9.32	116,839	D	
Common Stock	08/26/2008		S <u>(1)</u>	500	D	\$ 9.33	116,339	D	

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Common Stock	08/26/2008	S(1)	9,300	D	\$ 9.34	107,039	D
Common Stock	08/26/2008	S <u>(1)</u>	300		9.33		D
Common Stock	08/26/2008	S <u>(1)</u>	1,500	D	\$ 9.36	105,239	D
Common Stock	08/26/2008	S(1)	1,900	D	\$ 9.37	103,339	D
Common Stock	08/26/2008	S <u>(1)</u>	200	D	\$ 9.39	103,139	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day/ re	6. Date Exercisable and Expiration Date (Month/Day/Year)		le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
FB	Director	10% Owner	Officer	Other				
AINSLIE CHARLES J 111 N. WALL STREET SPOKANE, WA 99201	X			Director - Golf Savings Bank				

Signatures

/s/ Daniel G. Byrne, Chief Financial
Officer
01/30/2009

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**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Sale transactions initiated by Mr. Ainslie were not communicated to Sterling until January of 2009. Mr. Ainslie had changed his primary (1) brokerage firm during 2008 and assumed sale communication would be made to Sterling directly from the broker. The sales were never conveyed to Sterling via the broker thus resulting in a late filing.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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