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CHARLES RIVER LABORATORIES INTERNATIONAL INC

Form 4

Common

Stock

November 25, 2013

FORM	1 /								OMB AF	PPROVAL	
	UNITED	STATES		SITIES A shington,			IGE C	COMMISSION	OMB Number:	3235-0287	
if no long subject to Section 1	Check this box if no longer subject to Section 16. Form 4 or							Expires: January 31, 2005 Estimated average burden hours per response 0.5			
obligation may cont See Instru	ns Section 17(a) of the	Public Ut		ing Com	pany	Act of	e Act of 1934, 1935 or Section	n		
(Print or Type I	Responses)										
1. Name and Address of Reporting Person * FOSTER JAMES C			2. Issuer Name and Ticker or Trading Symbol CHARLES RIVER LABORATORIES					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
			INTERNATIONAL INC [CRL]					X Director 10% Owner			
(Last) (First) (Middle) 251 BALLARDVALE STREET			3. Date of Earliest Transaction (Month/Day/Year) 11/22/2013					X Officer (give title Other (specify below) Chairman, President and CEO			
	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
WILMING	ΓΟΝ, MA 01887							Form filed by M Person	fore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	ecurit	ties Acq	uired, Disposed of	, or Beneficial	ly Owned	
(Instr. 3) any		med 3. 4. Securities Acquired on Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8) (A) or				of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)			
C				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	11/22/2013			M	84,550	A	\$ 46.6	448,930	D		
Common Stock	11/22/2013			S(1)	84,550	D	\$ 52	364,380	D		
Common Stock								340	I	By Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Held By

Spouse

10,000

I

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
			Code V		(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 46.6	11/22/2013	M		84,550	02/23/2008	02/23/2014	Common Stock	84,550

Reporting Owners

Reporting Owner Name / Address	Keiutiviisiii ps						
	Director	100% Oxynor	Officer	Oth			

Director 10% Owner Officer Other

Deletionships

FOSTER JAMES C 251 BALLARDVALE STREET X WILMINGTON, MA 01887

Chairman, President and CEO

Signatures

/s/James C. 11/25/2013

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale occured pursuant to a 10b5-1 Trading Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2