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MDU RESOURCE Form 4 August 23, 2016	S GROUP IN	٩C							
FORM 4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								APPROVAL 3235-0287
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).	Washington, D.C. 20549Number:JanuarySTATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESExpires:January 20Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940Number:Utility								
(Print or Type Response	es)								
1. Name and Address o EVERIST THOMA	Symbol MDU	2. Issuer Name and Ticker or Trading Symbol MDU RESOURCES GROUP INC [MDU]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (Fir MDU RESOURCE INC., 1200 WEST AVENUE	(Month/	3. Date of Earliest Transaction (Month/Day/Year) 08/22/2016				_X_Director10% Owner Officer (give titleOther (specify below) below)			
(Str	(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BISMARCK, ND	58503						Form filed by M Person	lore than One F	Reporting
(City) (Sta	ate) (Zip	^{p)} Ta	ble I - Non	-Derivativ	e Secu	rities Acqu	iired, Disposed of	, or Beneficia	ally Owned
	any	ecution Date, if	3. Transactic Code (Instr. 8) Code V	4. Securiti nor Dispose (Instr. 3, 4) Amount	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common 08/22/2 Stock	2016		S	30,000	D	\$ 23.5844	830,000	I	By Corporation
Common Stock							79,572	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	Date	7. Title and A Underlying S (Instr. 3 and	Securities	8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	<u>(2)</u>					(3)	(3)	Common Stock	32,520.549	

Reporting Owners

Reporting Owner Name / Address		Relationships						
1	Director	10% Owner	Officer	Other				
EVERIST THOMAS S MDU RESOURCES GRO 1200 WEST CENTURY A BISMARCK, ND 58503		Х						
Signatures								
/s/ Thomas Everist	08/23/20)16						
<u>**</u> Signature of	Date							

Reporting Person **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The price reported in column 4 is the weighted average sale price. The shares were sold in multiple transactions at prices ranging from \$23.420 to \$23.660, inclusive. The reporting person undertakes to provide to MDU Resources Group, Inc., any shareholder of MDU

(1) Resources Group, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price.

(2) 1 for 1

(3) Units are to be settled in cash after reporting person's retirement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.