Quintana Maritime LTD Form 4 December 27, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Frantzeskakis Nikos			Symbol		nd Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer				
			Quintan	a Mariti	me LTD [QMAR]	(Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction							
			(Month/D	ay/Year)		Director	109			
PANDORAS 13 KYPROU STREET			12/26/20	007		_X_ Officer (gi below)	er (specify			
						· · · · · · · · · · · · · · · · · · ·	below) Commercial Of	ficer		
(Street)			4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
			Filed(Mon	th/Day/Ye	ar)	Applicable Line)				
					X Form filed by One Reporting Person Form filed by More than One Reporting					
GLYFADA,	J3 166 74					Person	More than One R	teporting		
(City)	(State)	(Zip)	Table	e I - Non-	Derivative Securities Ac	quired, Disposed	of, or Beneficia	ally Owned		
1.Title of	2. Transaction	Date 2A. Dee	med	3.	4. Securities	5. Amount of	6. Ownership	7. Nature		
Security	(Month/Day/Y	ear) Execution	on Date, if	Transac	etionAcquired (A) or	Securities	Form: Direct	Indirect		

							• •	*	•
1.Title of Security	2. Transaction Date (Month/Day/Year)	3. 4. Securities TransactionAcquired (A) or				5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect	
(Instr. 3)	•	any	Code	Disposed	of (D)	Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and	5)	Owned	Indirect (I)	Ownership
							Following	(Instr. 4)	(Instr. 4)
					(4)		Reported		
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock (1)	12/26/2007		A	3,000	A	<u>(1)</u>	11,750	I	By spouse (2)
Common Stock							210,574	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exer		7. Title a		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if		onNumber	Expiration D		Amount		Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	_	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities	S		(Instr. 3	and 4)		Own
	Security				Acquired						Follo
	,				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						(IIISti
					4, and 5)						
					4, and 3)						
								A	mount		
						D.	E	01	r		
							Expiration Date	Title N	umber		
								01			
				Code V	(A) (D)				hares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer 10% Owner Other Director

Frantzeskakis Nikos Chief PANDORAS 13 KYPROU STREET Commercial GLYFADA, J3 166 74 Officer

Signatures

Nikos

12/27/2007 Frantzeskakis **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Effective December 26, 2007, the Board of Directors awarded these shares of restricted stock to Mr. Frantzeskakis's spouse under the Company's 2005 Stock Incentive Plan. The stock will vest as follows: 450 shares on February 15, 2008; 525 shares on February 15, 2009; 600 shares on February 15, 2010; 675 shares on February 15, 2011; and 750 shares on February 15, 2012.
- (2) Mr. Frantzeskakis disclaims beneficial ownership of the shares held by his spouse except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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