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TRUSTCO BANK CORP N Y
Form 13F-HR
July 28, 2008

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549
FORM 13F
FORM 13F COVER PAGE

Report for the Calendar Year or Quarter Ended: 06/30/2008

Check here if Amendment [] Amendment Number:

This Amendment [] is a restatement

Institutional Investment Manager Filing this Report:

Name: TRUSTCO BANK
Address: 3 SARNOWSKI DRIVE
GLENVILLE, NY 12302

13F File Number: 28-10307

The institutional investment Manager filing this report and the person by whom it is signed hereby represent that the person signing the report is authorized to submit it, that all information contained herein is true, correct and complete, and that it is understood that all required items, statements, schedules, lists, and tables, are considered integral parts of this form.

Person Signing this Report on Behalf of Reporting Manager:

Name: Richard W. Provost
Title: Trust Officer
Phone: 518.381.3699
Signature, Place, and Date of Signing:

Signature, Place, and Date of Signing:
/s/ Richard W. Prouost Glenville, NY 7/28/2008

[Signature] [City,State] [Date]

Report Type (Check only one)
 [X] 13F HOLDINGS REPORT
 [] 13F COMBINATION REPORT

FORM 13F SUMMARY PAGE

Report Summary:

Number of Other Included Managers: 0
Form 13F Information Table Entry Total: 152
Form 13F Information Table Value Total: \$ 173,313

List of Other Included Managers:

Provide a numbered list of the name(s) and Form 13F file number(s) of all institutional investment Managers with respect to which this report is filed, other than the Manager filing this report.

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NONE

FORM 13F INFORMATION TABLE

| NAME OF ISSUER | TITLE OF CLASS | CUSIP | VALUE (x\$1000) | SHARES/ PRN AMT | SH/ PRN | PUT/ CALL | INVSTMT DSCRETN | MA |
|-------------------------------------|----------------------|-----------|--------------------|--------------------|------------|--------------|--------------------|----|
| AT&T INC | COMMON STOCK | 00206R102 | 1815 | 53868 | SH | | DEFINED | |
| | | 00206R102 | 711 | 21103 | SH | | DEF/OTH | |
| ABBOTT LABORATORIES | COMMON STOCK | 002824100 | 2492 | 47052 | SH | | DEFINED | |
| | | 002824100 | 430 | 8126 | SH | | DEF/OTH | |
| AIR PRODUCTS & CHEMICALS INC | COMMON STOCK | 009158106 | 692 | 7000 | SH | | DEFINED | |
| ALCOA INC | COMMON STOCK | 013817101 | 689 | 19350 | SH | | DEFINED | |
| | | 013817101 | 28 | 800 | SH | | DEF/OTH | |
| ALLSTATE CORP | COMMON STOCK | 020002101 | 1237 | 27142 | SH | | DEFINED | |
| | | 020002101 | 119 | 2608 | SH | | DEF/OTH | |
| ALTRIA GROUP INC | COMMON STOCK | 02209S103 | 18 | 870 | SH | | DEFINED | |
| | | 02209S103 | 890 | 43300 | SH | | DEF/OTH | |
| AMERICAN EXPRESS CO | COMMON STOCK | 025816109 | 1006 | 26715 | SH | | DEFINED | |
| | | 025816109 | 321 | 8534 | SH | | DEF/OTH | |
| ANHEUSER BUSCH COS INC | COMMON STOCK | 035229103 | 786 | 12650 | SH | | DEFINED | |
| | | 035229103 | 199 | 3200 | SH | | DEF/OTH | |
| APPLIED MATERIALS INC | COMMON STOCK | 038222105 | 401 | 21000 | SH | | DEFINED | |
| | | 038222105 | 4 | 200 | SH | | DEF/OTH | |
| AUTOMATIC DATA PROCESSING INC | COMMON STOCK | 053015103 | 843 | 20125 | SH | | DEFINED | |
| | | 053015103 | 54 | 1300 | SH | | DEF/OTH | |
| BP PLC | FOREIGN STOCK | 055622104 | 2367 | 34027 | SH | | DEFINED | |
| | | 055622104 | 480 | 6904 | SH | | DEF/OTH | |
| BAKER HUGHES INC | COMMON STOCK | 057224107 | 266 | 3050 | SH | | DEFINED | |
| | | 057224107 | 35 | 400 | SH | | DEF/OTH | |
| BANK OF AMERICA CORP | COMMON STOCK | 060505104 | 982 | 41149 | SH | | DEFINED | |
| | | 060505104 | 415 | 17390 | SH | | DEF/OTH | |
| THE BANK OF NEW YORK COMPANY INC | COMMON STOCK | 064058100 | 519 | 13723 | SH | | DEFINED | |
| BRISTOL-MYERS SQUIBB CO | COMMON STOCK | 110122108 | 109 | 5300 | SH | | DEFINED | |
| | | 110122108 | 242 | 11800 | SH | | DEF/OTH | |
| CGM | MUTUAL FUND/STOCK | 125325407 | 340 | 10394 | SH | | DEFINED | |
| CHEVRON CORP NEW | COMMON STOCK | 166764100 | 4107 | 41434 | SH | | DEFINED | |
| | | 166764100 | 1373 | 13847 | SH | | DEF/OTH | |
| CISCO SYSTEMS INC | COMMON STOCK | 17275R102 | 1474 | 63385 | SH | | DEFINED | |
| | | 17275R102 | 66 | 2850 | SH | | DEF/OTH | |
| CITIGROUP INC | COMMON STOCK | 172967101 | 808 | 48211 | SH | | DEFINED | |
| | | 172967101 | 86 | 5142 | SH | | DEF/OTH | |
| CITIGROUP CAPITAL XVI | PREFERRED STOCK | 17310L201 | 184 | 10000 | SH | | DEFINED | |
| COCA COLA CO | COMMON STOCK | 191216100 | 2839 | 54616 | SH | | DEFINED | |
| | | 191216100 | 645 | 12400 | SH | | DEF/OTH | |
| COLGATE PALMOLIVE CO | COMMON STOCK | 194162103 | 2029 | 29361 | SH | | DEFINED | |
| | | 194162103 | 290 | 4200 | SH | | DEF/OTH | |
| CURTISS WRIGHT CORP | COMMON STOCK | 231561101 | 2879 | 64352 | SH | | DEFINED | |
| DISNEY WALT CO | COMMON STOCK | 254687106 | 1476 | 47320 | SH | | DEFINED | |
| | | 254687106 | 226 | 7250 | SH | | DEF/OTH | |
| DOMINION RESOURCES INC VA NEW | COMMON STOCK | 25746U109 | 52 | 1086 | SH | | DEFINED | |
| | | 25746U109 | 305 | 6418 | SH | | DEF/OTH | |
| DOW CHEMICAL CO | COMMON STOCK | 260543103 | 358 | 10250 | SH | | DEFINED | |

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|--------------------------------|-----------------|-----------|-------|--------|---------|---------|
| | | 260543103 | 102 | 2925 | SH | DEF/OTH |
| DU PONT E I DE NEMOURS & CO | COMMON STOCK | 263534109 | 846 | 19726 | SH | DEFINED |
| | | 263534109 | 144 | 3360 | SH | DEF/OTH |
| ECOLAB INC | COMMON STOCK | 278865100 | 353 | 8200 | SH | DEFINED |
| | | 278865100 | 13 | 300 | SH | DEF/OTH |
| EMERSON ELECTRIC CO | COMMON STOCK | 291011104 | 405 | 8200 | SH | DEFINED |
| | | 291011104 | 138 | 2800 | SH | DEF/OTH |
| EQUITABLE RESOURCES INC | COMMON STOCK | 294549100 | 280 | 4060 | SH | DEFINED |
| EXELON CORP | COMMON STOCK | 30161N101 | 1160 | 12900 | SH | DEFINED |
| | | 30161N101 | 188 | 2090 | SH | DEF/OTH |
| EXXON MOBIL CORP | COMMON STOCK | 30231G102 | 12556 | 142468 | SH | DEFINED |
| | | 30231G102 | 3017 | 34234 | SH | DEF/OTH |
| FPL GROUP INC | COMMON STOCK | 302571104 | 787 | 12004 | SH | DEFINED |
| FIDELITY NEW YORK MUNICIPAL | MUTUAL | 316337203 | 197 | 15830 | SH | DEFINED |
| | FUNDS/MUNI | | | | | |
| | BONDS | | | | | |
| | | 316337203 | 84 | 6709 | SH | DEF/OTH |
| FORTUNE BRANDS INC | COMMON STOCK | 349631101 | 200 | 3200 | SH | DEFINED |
| | | 349631101 | 206 | 3300 | SH | DEF/OTH |
| GENERAL ELECTRIC CO | COMMON STOCK | 369604103 | 19162 | 717954 | SH | DEFINED |
| | | 369604103 | 7391 | 276929 | SH | DEF/OTH |
| GENERAL MILLS INC | COMMON STOCK | 370334104 | 440 | 7233 | SH | DEFINED |
| | | 370334104 | 261 | 4300 | SH | DEF/OTH |
| GENERAL MOTORS ACCEPTANCE CORP | CORPORATE BONDS | 3704A0SV5 | 168 | 200000 | PRN PRN | DEF/OTH |
| GLAXOSMITHKLINE PLC | FOREIGN STOCK | 37733W105 | 469 | 10599 | SH | DEFINED |
| | | 37733W105 | 191 | 4314 | SH | DEF/OTH |
| HEWLETT PACKARD | COMMON STOCK | 428236103 | 555 | 12547 | SH | DEFINED |
| | | 428236103 | 5 | 104 | SH | DEF/OTH |
| HOME DEPOT INC | COMMON STOCK | 437076102 | 386 | 16499 | SH | DEFINED |
| | | 437076102 | 49 | 2089 | SH | DEF/OTH |
| ITT CORP | COMMON STOCK | 450911102 | 253 | 4000 | SH | DEFINED |
| INTEL CORP | COMMON STOCK | 458140100 | 2215 | 103116 | SH | DEFINED |
| | | 458140100 | 133 | 6200 | SH | DEF/OTH |
| INTERNATIONAL BUSINESS | COMMON STOCK | 459200101 | 4734 | 39942 | SH | DEFINED |
| MACHINES | | | | | | |
| | | 459200101 | 456 | 3850 | SH | DEF/OTH |
| JPMORGAN CHASE & CO | COMMON STOCK | 46625H100 | 1203 | 35050 | SH | DEFINED |
| | | 46625H100 | 464 | 13516 | SH | DEF/OTH |
| JACOBS ENGINEERING GROUP INC | COMMON STOCK | 469814107 | 359 | 4450 | SH | DEFINED |
| | | 469814107 | 16 | 200 | SH | DEF/OTH |
| JOHNSON & JOHNSON | COMMON STOCK | 478160104 | 6173 | 95942 | SH | DEFINED |
| | | 478160104 | 606 | 9425 | SH | DEF/OTH |
| JOHNSON CONTROLS INC | COMMON STOCK | 478366107 | 456 | 15900 | SH | DEFINED |
| | | 478366107 | 116 | 4050 | SH | DEF/OTH |
| KEYCORP | COMMON STOCK | 493267108 | 739 | 67316 | SH | DEFINED |
| KRAFT FOODS INC | COMMON STOCK | 50075N104 | 17 | 602 | SH | DEFINED |
| | | 50075N104 | 852 | 29964 | SH | DEF/OTH |
| ELI LILLY & CO | COMMON STOCK | 532457108 | 646 | 14000 | SH | DEFINED |
| | | 532457108 | 28 | 600 | SH | DEF/OTH |
| LINCOLN NATIONAL CORP IN | COMMON STOCK | 534187109 | 275 | 6064 | SH | DEFINED |
| | | 534187109 | 127 | 2800 | SH | DEF/OTH |
| LOWES COMPANIES INC | COMMON STOCK | 548661107 | 385 | 18575 | SH | DEFINED |
| | | 548661107 | 50 | 2400 | SH | DEF/OTH |
| MCGRAW HILL COS INC | COMMON STOCK | 580645109 | 273 | 6800 | SH | DEFINED |
| | | 580645109 | 40 | 1000 | SH | DEF/OTH |
| MEDTRONIC INC | COMMON STOCK | 585055106 | 2604 | 50326 | SH | DEFINED |
| | | 585055106 | 47 | 900 | SH | DEF/OTH |
| MICROSOFT CORP | COMMON STOCK | 594918104 | 4838 | 175874 | SH | DEFINED |
| | | 594918104 | 468 | 17021 | SH | DEF/OTH |
| MONSANTO CO NEW | COMMON STOCK | 61166W101 | 6 | 50 | SH | DEFINED |
| | | 61166W101 | 198 | 1564 | SH | DEF/OTH |
| MOTOROLA INC | COMMON STOCK | 620076109 | 143 | 19495 | SH | DEFINED |

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|---|-------------------------------|-----------|------|--------|---------|---------|
| | | 620076109 | 4 | 600 | SH | DEF/OTH |
| NBT BANCORP INC | COMMON STOCK | 628778102 | 498 | 24158 | SH | DEFINED |
| NIKE INC | COMMON STOCK | 654106103 | 298 | 5000 | SH | DEFINED |
| | | 654106103 | 12 | 200 | SH | DEF/OTH |
| PEPSICO INC | COMMON STOCK | 713448108 | 3737 | 58772 | SH | DEFINED |
| | | 713448108 | 401 | 6300 | SH | DEF/OTH |
| PFIZER INC | COMMON STOCK | 717081103 | 507 | 29047 | SH | DEFINED |
| | | 717081103 | 179 | 10226 | SH | DEF/OTH |
| PHILIP MORRIS INTERNATIONAL INC | COMMON STOCK | 718172109 | 43 | 870 | SH | DEFINED |
| | | 718172109 | 2139 | 43300 | SH | DEF/OTH |
| PRIVATE EXPORT FUNDING CORP | CORPORATE BONDS | 742651DC3 | 258 | 250000 | PRN SH | DEFINED |
| PROCTER & GAMBLE CO | COMMON STOCK | 742718109 | 5517 | 90728 | SH | DEFINED |
| | | 742718109 | 803 | 13200 | SH | DEF/OTH |
| ROCHESTER FUND MUNICIPALS INC | MUTUAL FUNDS/MUNI BONDS | 771362100 | 374 | 22446 | SH | DEFINED |
| SLM CORP | CORPORATE BONDS | 78490FKQ1 | 259 | 400000 | PRN PRN | DEF/OTH |
| SCHERING PLOUGH CORP | COMMON STOCK | 806605101 | 270 | 13700 | SH | DEFINED |
| SCHLUMBERGER LTD | COMMON STOCK | 806857108 | 806 | 7500 | SH | DEFINED |
| | | 806857108 | 43 | 400 | SH | DEF/OTH |
| SOUTHERN CO | COMMON STOCK | 842587107 | 2761 | 79058 | SH | DEFINED |
| | | 842587107 | 203 | 5800 | SH | DEF/OTH |
| TARGET CORP | COMMON STOCK | 87612E106 | 793 | 17050 | SH | DEFINED |
| | | 87612E106 | 93 | 2000 | SH | DEF/OTH |
| TEXAS INSTRUMENTS INC | COMMON STOCK | 882508104 | 474 | 16830 | SH | DEFINED |
| | | 882508104 | 14 | 500 | SH | DEF/OTH |
| 3M CO | COMMON STOCK | 88579Y101 | 1145 | 16449 | SH | DEFINED |
| | | 88579Y101 | 329 | 4730 | SH | DEF/OTH |
| TRUSTCO BANK CORP NY | COMMON STOCK | 898349105 | 7193 | 969383 | SH | DEFINED |
| | | 898349105 | 5096 | 686851 | SH | DEF/OTH |
| UNITED PARCEL SERVICE | COMMON STOCK | 911312106 | 456 | 7425 | SH | DEFINED |
| | | 911312106 | 9 | 150 | SH | DEF/OTH |
| UNITED TECHNOLOGIES CORP | COMMON STOCK | 913017109 | 3413 | 55309 | SH | DEFINED |
| | | 913017109 | 216 | 3500 | SH | DEF/OTH |
| UNITRIN INC | COMMON STOCK | 913275103 | 6219 | 225568 | SH | DEFINED |
| VANGUARD CALIFORNIA TAX FREE FUNDS/MUNI BONDS | MUTUAL | 922021308 | 338 | 31552 | SH | DEFINED |
| VANGUARD NEW YORK TAX FREE FUNDS | MUTUAL FUNDS/MUNI BONDS | 92204H103 | 165 | 15285 | SH | DEFINED |
| VANGUARD NEW YORK TAX FREE FUNDS | MUTUAL FUNDS/MUNI BONDS | 92204H301 | 3667 | 339523 | SH | DEFINED |
| | | 92204H301 | 347 | 32117 | SH | DEF/OTH |
| VERIZON COMMUNICATIONS INC | COMMON STOCK | 92343V104 | 1978 | 55876 | SH | DEFINED |
| | | 92343V104 | 350 | 9898 | SH | DEF/OTH |
| WAL-MART STORES INC | COMMON STOCK | 931142103 | 1864 | 33174 | SH | DEFINED |
| | | 931142103 | 180 | 3200 | SH | DEF/OTH |
| WELLS FARGO & CO NEW | COMMON STOCK | 949746101 | 1268 | 53405 | SH | DEFINED |
| | | 949746101 | 135 | 5700 | SH | DEF/OTH |
| WYETH | COMMON STOCK | 983024100 | 427 | 8900 | SH | DEFINED |
| | | 983024100 | 135 | 2815 | SH | DEF/OTH |
| NOBLE CORP | | G65422100 | 1518 | 23375 | SH | DEFINED |
| | | G65422100 | 19 | 300 | SH | DEF/OTH |