MEDIFAST INC Form 10-Q August 09, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 10-Q

X	QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES
	EXCHANGE ACT OF 1934

For the quarterly period ended June 30, 2007

OR

0	TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES
	EXCHANGE ACT OF 1934

For the transition period from ______ to _____

Commission file number 0-23016

MEDIFAST, INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of organization) 13-3714405 (I.R.S. employer identification no.)

11445 Cronhill Drive Owings Mills, MD 21117 Telephone Number (410) 581-8042

Indicate by checkmark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days.

Yes x No o

Indicate by check mark whether the Registrant is a large accelerated filer, an accelerated filer, or a non-accelerated filer. See definition of "accelerated filer and large accelerated filer" in Rule 12b-2 of the Exchange Act. (Check one):

Large accelerated filer o

Accelerated filer x

Non-accelerated filer o

Indicate by checkmark whether the Registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act).

Yes o No x

Indicate the number of shares outstanding of each of the issuer's classes of common stock, as of the latest practicable date.

Class
Common stock, \$.001 par value per share

Outstanding at August 7, 2007 13,669,098 shares

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MEDIFAST, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED BALANCE SHEETS

	(Unaudited)			udited) estated)
		June 30, 2007	Decemb	per 31, 2006
ASSETS				
Current assets:				
Cash and cash equivalents	\$	2,923,000	\$	1,085,000
Accounts receivable-net of allowance for doubtful accounts	Ψ	416,000	Ψ	448,000
of \$100,000		-,		-,
Inventory		8,483,000		8,255,000
Investment securities		1,571,000		1,540,000
Deferred compensation		837,000		673,000
Prepaid expenses and other current assets		3,301,000		2,599,000
Note receivable - current		174,000		174,000
Current portion of deferred tax asset		101,000		90,000
Total current assets		17,806,000		14,864,000
Property, plant and equipment - net		14,862,000		14,020,000
Trademarks and intangibles - net		5,516,000		5,874,000
Deferred tax asset, net of current portion		681,000		517,000
Note receivable, net of current assets		1,282,000		1,355,000
Other assets		79,000		47,000
TOTAL ASSETS	\$	40,226,000	\$	36,677,000
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current liabilities:				
Accounts payable and accrued expenses	\$	4,185,000	\$	2,913,000
Income taxes payable		-		535,000
Line of credit		407,000		1,256,000
Current maturities of long-term debt		790,000		548,000
Total current liabilities		5,382,000		5,252,000
Other liabilities and deferred credits		4 452 000		2.500.000
Long-term debt, net of current portion		4,452,000		3,509,000
Total liabilities		9,834,000		8,761,000
Stockholders' Equity:				
Preferred stock, \$.001 par value (1,500,000 authorized, no shares				
issued and outstanding)		_		_
Common stock; par value \$.001 per share; 20,000,000 shares		_		_
authorized;				
13,669,098 and 13,631,898 shares issued and outstanding		14,000		14,000
Additional paid-in capital		26,728,000		26,629,000
Accumulated other comprehensive income		386,000		334,000
Retained earnings		8,263,000		5,981,000
		35,391,000		32,958,000
		(1,971,000)		(1,686,000)
		(1,7/1,000)		(1,000,000)

Less: cost of 249,184 and 210,902 shares of common stock in

treasury

Less: Unearned compensation	(3,028,000)	(3,356,000)
Total stockholders' equity	30,392,000	27,916,000
TOTAL LIABILITIES AND STOCKHOLDERS' EQUITY	\$ 40,226,000 \$	36,677,000

See accompanying notes to condensed consolidated financial statements.

MEDIFAST, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF INCOME (Unaudited)

	7	Three Months I 2007		d June 30, 2006 (Restated)	Six Months Er 2007		June 30, 2006 (Restated)
Revenue	\$	22,041,000	\$	19,954,000 \$	42,130,000	\$	39,137,000
Cost of sales		5,363,000		4,853,000	10,421,000		9,631,000
Gross Profit		16,678,000		15,101,000	31,709,000		29,506,000
Selling, general, and administration		15,233,000		12,751,000	28,350,000		24,196,000
Income from operations		1,445,000		2,350,000	3,359,000		5,310,000
Other income/(expense)		(100.000)		(0.2, 0.00)	(10=000)		(4.04.000)
Interest expense		(102,000)		(92,000)	(197,000)		(181,000)
Interest income		39,000		56,000	72,000		89,000
Other income		37,000		18,000	88,000		161,000
		(26,000)		(18,000)	(37,000)		69,000
I							
Income before provision for		1 410 000		2 222 000	2 222 000		5 270 000
income taxes		1,419,000		2,332,000	3,322,000		5,379,000
Provision for income tax (expense)		(510,000)		(884,000)	(1,040,000)		(1,921,000)
Net income		909,000		1,448,000	2,282,000		3,458,000
Net income		<i>5</i> 0 <i>5</i> ,000		1,440,000	2,202,000		3,430,000
Basic earnings per share	\$	0.07	\$	0.11 \$	0.18	\$	0.27
Diluted earnings per share	\$	0.07	\$	0.11 \$	0.17	\$	0.25
2 marea cumingo per siture	Ψ.	0.07	Ψ	0.11 φ	0,1,	Ψ	0.20
Weighted average shares outstanding -							
Basic		12,933,559		12,618,379	12,917,400		12,603,903
Diluted		13,699,721		13,615,708	13,683,562		13,601,232
See accompanying notes to condensed consolidated financial statements.							

MEDIFAST, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (Unaudited)

	Six Months Ended June 30,			
	2007		2006	
			(Restated)	
Cash flows from operating activities:				
Net income	\$ 2,282,000	\$	3,458,000	
Adjustments to reconcile net income to net cash				
provided by operating activities from				
continuing operations:	1 (55 000		1 070 000	
Depreciation and amortization	1,655,000		1,070,000	
Realized (gain) loss on investment securities	71,000		(49,000)	
Loss on sale of Consumer Choice Systems	21,000		323,000	
Common stock issued for services	21,000		49,000	
Stock options vested during period	77,000		18,000	
Excess tax benefits from share-based payment arrangements	(30,000)		(6,000)	
Vesting of unearned compensation	328,000 52,000		181,000	
Net change in other comprehensive (loss) Deferred income taxes	(175,000)		(143,000) (643,000)	
Deferred income taxes	(173,000)		(043,000)	
Changes in assets and liabilities:				
Decrease in accounts receivable	32,000		137,000	
(Increase) in inventory	(228,000)		(1,581,000)	
(Increase) decrease in prepaid expenses & other current assets	(702,000)		488,000	
(Increase) in deferred compensation	(163,000)		(42,000)	
(Increase) in prepaid taxes	(103,000)		(311,000)	
(Increase) in other assets	(32,000)		(55,000)	
Increase in accounts payable and accrued expenses	1,272,000		1,217,000	
(Decrease) in income taxes payable	(535,000)		(899,000)	
Net cash provided by operating activities	3,925,000		3,212,000	
time for the state of a formal great and a fo	2,5 =2,000		-,,	
Cash Flow from Investing Activities:				
Sales of investment securities	(102,000)		(25,000)	
(Purchase) of property and equipment	(1,856,000)		(1,737,000)	
(Purchase) of intangible assets	(283,000)		(409,000)	
Net cash (used in) investing activities	(2,241,000)		(2,171,000)	
Cash Flow from Financing Activities:				
Issuance of common stock, options and warrants	24,000		254,000	
Repayment of long-term debt, net	(314,000)		(276,000)	
Increase in line of credit, net	650,000		(18,000)	
Decrease in note receivable	73,000		-	
Excess tax benefits from share-based payment arrangements	30,000		6,000	
(Purchase) of treasury stock	(309,000)		-	
Net cash provided by (used in) financing activities	154,000		(34,000)	
NET INCREASE IN CASH AND				
CASH EQUIVALENTS	1,838,000		1,007,000	

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Cash and cash equivalents - beginning of the period		1,085,000		1,484,000
Cash and cash equivalents - end of period	\$	2,923,000	\$	2,491,000
Cash and Cash equivalents - end of period	Ψ	2,923,000	Ψ	2,491,000
Supplemental disclosure of cash flow information:				
Interest paid	\$	197,000	\$	181,000
Income taxes	\$	1,403,000	\$	2,977,000
Supplemental disclosure of non cash activity:				
Common stock issued to executives over 6-year vesting period	\$	-	\$	3,373,000
Common shares issued for options and warrants	\$	-	\$	384,000
Options vested during period	\$	77,000	\$	18,000
Common stock issued for services	\$	21,000	\$	49,000
Line of credit converted to long-term debt	\$	1,506,000	\$	-

See accompanying notes to condensed consolidated financial statements.

MEDIFAST, INC. AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (CONT.)

(Unaudited)

	Six Months Ended June 30,				
	2007		2006		
			(Restated)		
Supplemental disclosure of non cash activity:					
Sale of Consumer Choice Systems					
Inventory	\$ -	\$	358,000		
Accounts Receivable	-		131,000		
Intangible assets, net	-		1,337,000		
Note receivable	-		(1,503,000)		

See accompanying notes to condensed consolidated financial statements.

\$

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Loss on sale of Consumer Choice Systems

(323,000)

\$

Notes to Condensed Consolidated Financial Statements

General

Basis of Presentation

1.

The condensed unaudited interim consolidated financial statements included herein have been prepared, without audit, pursuant to the rules and regulations of the Securities and Exchange Commission. The condensed consolidated financial statements and notes are presented as permitted on Form 10-Q and do not contain information included in the Company's annual statements and notes. Certain information and footnote disclosures normally included in financial statements prepared in accordance with accounting principles generally accepted in the United States of America have been condensed or omitted pursuant to such rules and regulations, although the Company believes that the disclosures are adequate to make the information presented not misleading. It is suggested that these condensed consolidated financial statements be read in conjunction with the December 31, 2006 audited consolidated financial statements and the accompanying notes thereto. While management believes the procedures followed in preparing these condensed consolidated financial statements are reasonable, the accuracy of the amounts are in some respects dependent upon the facts that will exist, and procedures that will be accomplished by the Company later in the year.

These condensed unaudited consolidated financial statements reflect all adjustments, including normal recurring adjustments, which, in the opinion of management, are necessary to present fairly the operations and cash flows for the period presented.

2. Presentation of Financial Statements

The Company's condensed consolidated financial statements include the accounts of Medifast, Inc. and its wholly-owned subsidiaries. All significant intercompany accounts and transactions have been eliminated.

3. Inventories

Inventories consist principally of finished packaged foods, packaging and raw materials held in either the Company's manufacturing facility or distribution warehouse. Inventories are valued with cost determined using the first-in, first-out (FIFO) method.

4. Goodwill and Other Intangible Assets

In June 2001, the Financial Accounting Standards Board ("FASB") issued Statement No. 142 "Goodwill and Other Intangible Assets". This statement addresses financial accounting and reporting for acquired goodwill and other intangible assets and supersedes APB Opinion No. 17, "Intangible Assets". It addresses how intangible assets that are acquired individually or with a group of other assets (but not those acquired in a business combination) should be accounted for in financial statements upon their acquisition. This Statement also addresses how goodwill and other intangible assets should be accounted for after they have been initially recognized in the financial statements. Upon the sale of Consumer Choice Systems, Inc. on January 17, 2006, the goodwill balance of \$894,000 was removed from the Company's books.

In addition, the Company has acquired other intangible assets, which include: customer lists, non-compete agreements, trademarks, patents, and copyrights. The non-compete agreements are being amortized over the legal life of the agreements ranging between 3 to 7 years. The customer lists are being amortized over a period ranging between

5 and 7 years based on management's best estimate of the expected benefits to be consumed or otherwise used up. The costs of patents and copyrights are amortized over 5 and 7 years based on their estimated useful life, while trademarks representing brands with an infinite life, and are carried at cost and tested annually for impairment as outlined below. Goodwill and other intangible assets are tested annually for impairment in the fourth quarter, and are tested for impairment more frequently if events and circumstances indicate that the asset might be impaired. An impairment loss is recognized to the extent that the carrying amount exceeds the asset's fair value. The Company assesses the recoverability of its goodwill and other intangible assets by comparing the projected undiscounted net cash flows associated with the related asset, over their remaining lives, in comparison to their respective carrying amounts. Impairment, if any, is based on the excess of the carrying amount over the fair value of those assets.

	As of Jun	007		, 2006			
	ss Carrying Amount	Accumulated Amortization		(Restated) Gross Carrying Amount		(Restated) Accumulated Amortization	
Customer lists	\$ 5,813,000	\$	2,493,000	\$	5,587,000	\$	1,969,000
Non-compete agreements	840,000		840,000		840,000		840,000
Trademarks, patents, and							
copyrights							
finite life	1,614,000		327,000		1,557,000		210,000
infinite life	909,000		-		909,000		-
Total	\$ 9,176,000	\$	3,660,000	\$	8,893,000	\$	3,019,000

Amortization expense for the six months ended June 30, 2007 and 2006 was as follows:

	2007	(Restated) 2006
Customer lists	\$ 524,000	386,000
Non-compete agreements	-	179,000
Trademarks and patents	117,000	59,000
Total Trademarks and Intangibles	\$ 641,000	\$ 624,000

Amortization expense is included in selling, general and administrative expenses.

5. Fixed Assets

Fixed assets are stated at cost. Depreciation is provided using the straight-line method over the estimated useful lives of the related assets, which are generally three to seven years. Leasehold improvements and equipment under capital leases are amortized on a straight-line basis over the lesser of the estimated useful life of the asset or the related lease terms. Expenditures for repairs and maintenance are charged to expense as incurred, while major renewals and improvements are capitalized.

6. Note Receivable

Medifast realized a \$1,503,000 note receivable as a result of the sale of Consumer Choice Systems on January 17, 2006 to a former board member. The note has a 10-year term with imputed interest of 4% collateralized by 50,000 shares of Medifast stock and all the assets of Consumer Choice Systems. The amount of principal to be collected over each of the next 5 years is \$183,000 per year with the remaining amount collectible thereafter of \$495,000.

7. Income Per Common Share

Basic income per share is calculated by dividing net income by the weighted average number of outstanding common shares during the year. Basic income per share excludes any dilutive effects of options, warrants and other stock-based compensation.

8. Estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting periods. Actual results could differ from those estimates.

Deferred Compensation Plans

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We maintain a non-qualified deferred compensation plan for Senior Executive management. Currently, Bradley MacDonald is the only participant in the plan. Under the deferred compensation plan that became effective in 2003, executive officers of the Company may defer a portion of their salary and bonus (performance-based compensation) annually. A participant may elect to receive distributions of the accrued deferred compensation in a lump sum or in installments upon retirement

Each participating officer may request that the deferred amounts be allocated among several available investment options established and offered by the Company. These investment options provide market rates of return and are not subsidized by the Company. The benefit payable under the plan at any time to a participant following termination of employment is equal to the applicable deferred amounts, plus or minus any earnings or losses attributable to the investment of such deferred amounts. The Company has established a trust for the benefit of participants in the deferred compensation plan. Pursuant to the terms of the trust, as soon as possible after any deferred amounts have been withheld from a plan participant, the Company will contribute such deferred amounts to the trust to be held for the benefit of the participant in accordance with the terms of the plan and the trust.

Retirement payouts under the plan upon an executive officer's retirement from the Company are payable either in a lump-sum payment or in annual installments over a period of up to ten years. Upon death, disability or termination of employment, all amounts shall be paid in a lump-sum payment as soon as administratively feasible.

10. Share Based Payments

Stock-Based Compensation

Effective December 31, 2005, the Company adopted the provisions of Financial Accounting Standards Board Statement of Financial Accounting Standard ("SFAS") No. 123(R), "Share-Based Payments," which establishes the accounting for employee stock-based awards. Under the provisions of SFAS No.123(R), stock-based compensation is measured at the grant date, based on the calculated fair value of the award, and is recognized as an expense over the requisite employee service period (generally the vesting period of the grant). The Company adopted SFAS No. 123(R) using the modified prospective method and, as a result, periods prior to December 31, 2005 have not been restated. The Company recognized stock-based compensation for awards issued under the Company's stock option plans in other income/expenses included in the Condensed Consolidated Statement of Operations. Additionally, no modifications were made to outstanding stock options prior to the adoption of SFAS No. 123(R), and no cumulative adjustments were recorded in the Company's financial statements.

Prior to December 31, 2005, the Company accounted for stock-based compensation in accordance with provisions of Accounting Principles Board Opinion No. 25 ("APB No. 25"), "Accounting for Stock Issued to Employees," and related interpretations. Under APB No. 25, compensation cost was recognized based on the difference, if any, on the date of grant between the fair value of the Company's stock and the amount an employee must pay to acquire the stock. The Company grants stock options at an exercise price equal to 100% of the market price on the date of grant.

Accordingly, no compensation expense was recognized for the stock option grants in periods prior to the adoption of SFAS No. 123(R).

Unearned compensation represents shares issued to executives that will be vested over a 5-6 year period. These shares will be amortized over the vesting period in accordance with FASB 123(R). The expense related to the vesting of unearned compensation was \$77,000 and \$181,000 at June 30, 2007 and June 30, 2006, respectively.

SFAS No. 123(R) requires disclosure of pro-forma information for periods prior to the adoption. The pro-forma disclosures are based on the fair value of awards at the grant date, amortized to expense over the service period. The following table illustrates the effect on net income and earnings per share as if the Company had applied the fair value recognition provisions of SFAS No. 123, "Accounting for Stock-Based Compensation", for the period prior to the adoption of SFAS No. 123(R), and the actual effect on net income and earnings per share for the period after the adoption of SFAS No. 123(R).

		Three Mor	nths l	Ended		Six Months Ended		
		06/30/07		06/30/06		06/30/07		06/30/06
Net income, as reported	\$	909,000	\$	1,448,000	\$	2,282,000	\$	3,458,000
Add: Stock-based employee compensation expense								
included in reported net income, net								
of related tax effects		-		11,000		77,000		11,000
Deduct: Total stock-based employee compensation		_		(11,000)		(77,000)		(11,000)
expense determined under fair value				(11,000)		(77,000)		(11,000)
based method								
for all awards, net of related tax effects								
Net income, pro forma	\$	909,000	\$	1,448,000	\$	2,282,000	\$	3,458,000
ret meome, pro forma	Ψ	707,000	Ψ	1,110,000	Ψ	2,202,000	Ψ	3,130,000
Earning per share:								
Basic, as reported	\$	0.07	\$	0.11	\$	0.18	\$	0.27
Basic, pro forma	\$	0.07	\$	0.11	\$	0.18	\$	0.27
Diluted, as reported	\$	0.07	\$	0.11	\$	0.17	\$	0.25
Diluted, pro forma	\$	0.07	\$	0.11	\$	0.17	\$	0.25

For the purpose of the above table, the fair value of each option granted is estimated as of the date of grant using the Black-Scholes option-pricing model with the following assumptions:

	Six Months Ended			
	June	June		
	30,	30,		
	2007	2006		
Dividend	0.0%	0.0%		
yield				
Expected	0.70	0.70		
volatility				
Risk-free	4.70%	4.5%		
interest rate				
Expected life	1-5	1-5		
in years				

The following summarizes the stock option activity for the Six Months ended June 30, 2007:

June 30, 2007

	Shares	Weighted Average Exercise Price	Weighted Average Contractual Term (Years)
Outstanding,			
December 31, 2006	321,579	3.76	
Options granted			
Options reinstated			

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Options exercised	(27,500)	0.89	
Options forfeited or			
expired			
Outstanding June 30,			
2007	294,079	4.16	2.57
Options exercisable,			
June 30, 2007	204,077	2.75	2.33
Options available for			
grant at end of year	928,421		
10			

10.

Recent Accounting Pronouncements

In February 2006, the FASB issued SFAS No. 155, "Accounting for Certain Hybrid Financial Instruments, an amendment of FASB Statements No. 133 and 140." SFAS No. 155 resolves issues addressed in SFAS No. 133 Implementation Issue No. D1, "Application of Statement 133 to Beneficial Interests in Securitized Financial Assets," and permits fair value re-measurement for any hybrid financial instrument that contains an embedded derivative that otherwise would require bifurcation, clarifies which interest-only strips and principal-only strips are not subject to the requirements of SFAS No. 133, establishes a requirement to evaluate interests in securitized financial assets to identify interests that are freestanding derivatives or that are hybrid financial instruments that contain an embedded derivative requiring bifurcation, clarifies that concentrations of credit risk in the form of subordination are not embedded derivatives and amends SFAS No. 140 to eliminate the prohibition on a qualifying special-purpose entity from holding a derivative financial instrument that pertains to a beneficial interest other than another derivative financial instrument. SFAS No. 155 is effective for all financial instruments acquired or issued after the beginning of the first fiscal year that begins after September 15, 2006. This standard did not have a material impact on the Company's consolidated financial position, results of operations, or cash flows.

In March 2006, the FASB issued SFAS No. 156, "Accounting for Servicing of Financial Assets, an amendment of FASB Statement No. 140." SFAS No. 156 requires an entity to recognize a servicing asset or liability each time it undertakes an obligation to service a financial asset by entering into a servicing contract under a transfer of the servicer's financial assets that meets the requirements for sale accounting, a transfer of the servicer's financial assets to a qualified special-purpose entity in a guaranteed mortgage securitization in which the transferor retains all of the resulting securities and classifies them as either available-for-sale or trading securities in accordance with SFAS No. 115, "Accounting for Certain Investments in Debt and Equity Securities" and an acquisition or assumption of an obligation to service a financial asset that does not relate to financial assets of the servicer or its consolidated affiliates. Additionally, SFAS No. 156 requires all separately recognized servicing assets and servicing liabilities to be initially measured at fair value, permits an entity to choose either the use of an amortization or fair value method for subsequent measurements, permits at initial adoption a one-time reclassification of available-for-sale securities to trading securities by entities with recognized servicing rights and requires separate presentation of servicing assets and liabilities subsequently measured at fair value and additional disclosures for all separately recognized servicing assets and liabilities. SFAS No. 156 is effective for transactions entered into after the beginning of the first fiscal year that begins after September 15, 2006. This standard did not have a material impact on the Company's consolidated financial position, results of operations, or cash flows.

In September 2006, the FASB issued Statement of Financial Accounting Standards No. 157, Fair Value Measurements, and ("FAS 157"). This Standard defines fair value, establishes a framework for measuring fair value in generally accepted accounting principles and expands disclosures about fair value measurements. FAS 157 is effective for financial statements issued for fiscal years beginning after November 15, 2007 and interim periods within those fiscal years. The adoption of FAS 157 is not expected to have a material impact on the Company's consolidated financial position, results of operations or cash flows.

The FASB also issued in September 2006 Statement of Financial Accounting Standards No. 158, Employers' Accounting for Defined Benefit Pension and Other Postretirement Plans — an amendment of FASB Statement No. 87, 88, 106 and 132(R), ("FAS 158"). This Standard requires recognition of the funded status of a benefit plan in the statement of financial position. The Standard also requires recognition in other comprehensive income certain gains and losses that arise during the period but are deferred under pension accounting rules, as well as modifies the timing of reporting and adds certain disclosures. FAS 158 provides recognition and disclosure elements to be effective as of the end of the fiscal year after December 15, 2006 and measurement elements to be effective for fiscal years ending after December 15, 2008. The Company has not yet analyzed the impact FAS 158 will have on the Company's consolidated financial condition, results of operations, cash flows or disclosures.

In September 2006, the Securities and Exchange Commission ("SEC") issued Staff Accounting Bulletin ("SAB") No. 108, "Quantifying Misstatements." SAB 108 provides interpretative guidance on how public companies quantify financial statement misstatements. There have been two common approaches used to quantify such errors. Under an income statement approach, the "roll-over" method, the error is quantified as the amount by which the current year income statement is misstated. Alternatively, under a balance sheet approach, the "iron curtain" method, the error is quantified as the cumulative amount by which the current year balance sheet is misstated. In SAB 108, the SEC established an approach that requires quantification of financial statement misstatements based on the effects of the misstatements on each of the company's financial statements and the related financial statement disclosures. This model is commonly referred to as a "dual approach" because it requires quantification of errors under both the roll-over and iron curtain methods. SAB 108 is effective for the first fiscal year ending after November 15, 2006. The adoption of SAB 108 did not have a material impact on the Company's consolidated financial position and results of operations.

In June 2006, the FASB issued FASB Interpretation No. 48, "Accounting for Uncertainty in Income Taxes - an interpretation of FASB Statement No. 109" ("FIN 48"). FIN 48 prescribes a recognition threshold and measurement attribute for financial statement recognition and measurement of a tax position taken or expected to be taken in a tax return, and also provides guidance on de-recognition, classification, interest and penalties, accounting in interim periods, disclosure, and transition. FIN 48 is effective for fiscal years beginning after December 15, 2006. The adoption of FIN 48 is not expected to have a material impact on the Company's consolidated financial position, results of operations, or cash flows.

In February, 2007 the FASB issued SFAS No. 159, "The Fair Value Option for Financial Assets and Liabilities," including an amendment to SFAS No. 115, "Accounting for Certain Investments in Debt and Equity Securities," applicable to all entities with available-for-sale and trading securities. SFAS No. 159 permits entities to measure many financial instruments and certain other items at fair value. Eligible items include recognized financial assets and liabilities other than investments or interests which an entity is required to consolidate, financial assets or liabilities recognized under leases, deposit liabilities of financial institutions, or financial instruments that are classified by the issuer as a component of shareholders' equity. Also eligible are firm commitments that would otherwise not be recognized at inception and that involve only financial instruments, non-financial insurance contracts and warranties that the issuer can settle by paying a third party to provide those goods or services, and host financial instruments that result from separation of an embedded non-financial derivative instrument from a non-financial hybrid instrument. SFAS No. 159 is effective as of the beginning of an entity's fiscal year that begins after November 15, 2007. This pronouncement has no effect on the Company at this time.

11.

Revenue Recognition

Revenue is recognized net of discounts, rebates, promotional adjustments, price adjustments, returns and other potential adjustments upon shipment and passing of risk to the customer and when estimates of are reasonably determinable, collection is reasonably assured and the Company has no further performance obligations.

12.

Restatements

The June 30, 2006 financial statements have been restated to increase amortization expense on customer lists by \$27,000. Net income for the quarter-ended June 30, 2006 decreased by \$27,000 from \$1,475,000 to \$1,448,000 and retained earnings decreased from \$4,301,000 to \$4,274,000. The restatement decreased basic earnings per share by \$.01 from \$.12 to \$.11. Diluted earnings per share remained unchanged at \$.11.

13.

Business Segments

Operating segments are components of an enterprise about which separate financial information is available that is regularly reviewed by the chief operating decision maker about how to allocate resources and in assessing performance. The Company has two reportable operating segments: Medifast and All Other. The Medifast reporting segment consists of the following distribution channels: Medifast Direct, Take Shape for Life, and Doctors and Clinics. The All Other reporting segments consist of Hi-Energy and Medifast Weight Control Centers, the Company's parent company operations, as well as the Consumer Choice Systems, Inc. division which was sold in January of 2006.

The accounting policies of the segments are the same as those of the Company. The presentation and allocation of assets, liabilities and results of operations may not reflect the actual economic costs of the segments as stand-alone businesses. If a different basis of allocation were utilized, the relative contributions of the segments might differ, but management believes that the relative trends in segments would likely not be impacted.

The following tables present segment information for the three and six month periods ended June 30, 2007 and June 30, 2006:

	Three Months Ended June 30, 2007			
	Medifast	All Other	Consolidated	
D	20.020.000	1 112 000	22 041 000	
Revenues, net	20,929,000	1,112,000	22,041,000	
Cost of Sales	5,233,000	130,000	5,363,000	
Other Selling, General and Adminstrative	12 10 1 000	1 126 000	1 4 220 000	
Expenses	13,194,000	1,136,000	14,330,000	
Depreciation and Amortization	576,000	290,000	866,000	
Interest (net)	97,000	(34,000)	63,000	
Provision for income taxes	510,000	-	510,000	
Net income (loss)	1,319,000	(410,000)	909,000	
Segment Assets	23,341,000	16,885,000	40,226,000	
	Three M	Months Ended June 30, 2	2006	
	Medifast	All Other	Consolidated	
Revenues, net	19,183,000	771,000	19,954,000	
Cost of Sales	4,741,000	112,000	4,853,000	
Other Selling, General and Adminstrative	1,7 11,000	112,000	1,055,000	
Expenses	10,851,000	1,123,000	11,974,000	
Depreciation and Amortization	317,000	442,000	759,000	
Interest (net)	71,000	(35,000)	36,000	
Provision for income taxes	884,000	(55,000)	884,000	
Net income (loss)	2,319,000	(871,000)	1,448,000	
Tive meetine (1888)	2,617,000	(071,000)	1,1.0,000	
Segment Assets	18,637,000	15,250,000	33,887,000	
	Six Months Ended June 30, 2007			
	Medifast	All Other	Consolidated	
Revenues, net	40,210,000	1,920,000	42,130,000	
Cost of Sales	10,186,000	235,000	10,421,000	
Other Selling, General and Adminstrative	10,100,000	255,000	10,421,000	
Expenses	23,859,000	2,748,000	26,607,000	
Depreciation and Amortization	1,081,000	574,000	1,655,000	
Interest (net)	186,000	(61,000)	125,000	
Provision for income taxes	1,040,000	(01,000)	1,040,000	
Net income (loss)	3,858,000	(1,576,000)	2,282,000	
Net meome (1088)	3,030,000	(1,370,000)	2,202,000	
Segment Assets	23,341,000	16,885,000	40,226,000	
	Six Months Ended June 30, 2006			
	Medifast	All Other	Consolidated	
Revenues, net	37,628,000	1,509,000	39,137,000	
Cost of Sales	9,404,000	227,000	9,631,000	
	20,436,000	2,529,000	22,965,000	
	- , ,	,==,,===	-,,, - 0 0	

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698,000	372,000	1,070,000
154,000	(62,000)	92,000
1,921,000	-	1,921,000
5,015,000	(1,557,000)	3,458,000
18,637,000	15,250,000	33,887,000
	154,000 1,921,000 5,015,000	154,000 (62,000) 1,921,000 - 5,015,000 (1,557,000)

Management Discussion and Analysis of Financial Condition and Results of Operations

Except for the historical information contained herein, this Report on Form 10-Q contains certain forward-looking statements that involve substantial risks and uncertainties. When used in this Report, the words "anticipate," "believe," "estimate," "expect" and similar expressions, as they relate to Medifast, Inc. or its management, are intended to identify such forward-looking statements. The Company's actual results, performance or achievements could differ materially from the results expressed in, or implied by, these forward-looking statements. Accordingly, there is no assurance that the results in the forward-looking statements will be achieved.

Critical Accounting Policies and Estimates

Our consolidated financial statements are prepared in accordance with U.S. generally accepted accounting principles. Our significant accounting policies are described in Note 2 of the consolidated financial statements.

The preparation of these financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenses during the reporting period. Management develops, and changes periodically, these estimates and assumptions based on historical experience and on various other factors that are believed to be reasonable under the circumstances. Actual results may differ from these estimates under different assumptions or conditions. Management considers the following accounting estimates to be the most critical in preparing our consolidated financial statements. These critical accounting estimates have been discussed with our audit committee.

Revenue Recognition. Revenue is recognized net of discounts, rebates, promotional adjustments, price adjustments, returns and other potential adjustments upon shipment and passing of risk to the customer and when estimates of are reasonably determinable, collection is reasonably assured and the Company has no further performance obligations.

Impairment of Fixed Assets and Intangible Assets. We continually assess the impairment of long-lived assets whenever events or changes in circumstances indicate that the carrying value of the assets may not be recoverable. Judgments regarding the existence of impairment indicators are based on legal factors, market conditions and our operating performance. Future events could cause us to conclude that impairment indicators exist and the carrying values of fixed and intangible assets may be impaired. Any resulting impairment loss would be limited to the value of net fixed and intangible assets.

Income Taxes. In the preparation of consolidated financial statements, the Company estimates income taxes based on diverse legislative and regulatory structures that exist in jurisdictions where the company conducts business. Deferred income tax assets and liabilities represent tax benefits or obligations that arise from temporary differences due to differing treatment of certain items for accounting and income tax purposes. The Company evaluates deferred tax assets each period to ensure that estimated future taxable income will be sufficient in character amount and timing to result in their recovery. A valuation allowance is established when management determines that it is more likely than not that a deferred tax asset will not be realized to reduce the assets to their realizable value. Considerable judgments are required in establishing deferred tax valuation allowances and in assessing probable exposures related to tax matters. The Company's tax returns are subject to audit and local taxing authorities that could challenge the company's tax positions. The Company believes it records and/or discloses such potential tax liabilities as appropriate and has reasonably estimated its income tax liabilities and recoverable tax assets.

Allowance for doubtful accounts. In determining the adequacy of the allowance for doubtful accounts, we consider a number of factors including the aging of the receivable portfolio, customer payment trends, and financial condition of the customer, industry conditions and overall credibility of the customer. Actual amounts could differ significantly from our estimates.

General

Six Months Ended June 30, 2007 and June 30, 2006

Revenue: Revenue increased to \$42.1 million for the first six months of 2007 as compared to \$39.1 million for the first six months of 2006, an increase of \$3,000,000 or 8%. The direct marketing sales channel accounted for 58% of total revenue, Take Shape for Life 30%, doctors 6%, and clinics 6%. As compared to the first six months of 2006, the direct response sales channel revenue increased by 4%. Direct response is fueled primarily by consumer advertising via print, TV, web, and radio, however, in the first quarter of 2006 it was also fueled largely by a substantial editorial placement in a major consumer publication at no cost to the Company. Take Shape for Life sales, which are fueled by person-to-person recruiting and support increased by 11% year-over-year. The Company's doctor's sales increased by 15% compared to the first six months of 2006. The Company's clinic division which began operating under the Medifast Weight Control Center name in late 2006, increased sales by 16% as compared to the first six months of 2006.

The Take Shape for Life division grew 11% year-over-year. This growth can largely be attributed to the tools and training that led to an increase in the ability of the division to both promote growth in recruiting of health coaches, as well as better supporting this growth as it occurs. This continued investment proved to be a large part of the current growth trends in Take Shape for Life sales, as well as the number of active health coaches. The number of active health coaches grew to 1,600 at the end of the second quarter 2007 compared to 1,200 at the same time period in 2006, an increase of 33%. This recent growth in health coaches was recently observed in July of 2007, with over 80% attendance growth at the 2007 National Convention compared to the attendance at the 2006 Convention. The company believes that the growth in health coach activity is a positive trend that should continue, and will lead to significant revenue growth in the near future

The Medifast Weight Control Centers, which represent approximately 6% of the Company's overall revenues, are currently operating in 9 locations in Dallas and Orlando. In the first six months of 2007, the Company experienced revenue growth of 16% versus the same time period last year. The average monthly revenue per clinic also witnessed significant growth of 48%, averaging \$34,000 per clinic in 2007. In the expanding Dallas, TX market, the average monthly revenue per clinic is approximately \$50,000. In the estimated \$40 billion weight loss and health living industry, the brick and mortar clinic model has always made up a significant portion of overall sales. Medifast has incorporated this model with the creation of the Medifast Weight Control Centers. The clinic division of Medifast offers an optional medical model where patients are over sighted by a doctor and nurse practitioner and have the ability to utilize appetite suppressant medications along with their Medifast program. The recent growth in this division has proven that the model is in high demand from a select portion of the weight loss consumers. The Company believes that with the recent industry launches of over-the-counter and anticipated launches of prescription appetite suppressant medications that this model will continue to grow. Therefore, throughout the 2nd quarter, the Company invested in the infrastructure of its medical clinic model. The major aspects of the investment in this division included an expanded executive team, the creation of a point of sale system, a robust customer data tracking system, finalizing the franchise opportunity documentation, and the beginning stages of expansion into several new locations. The Company believes this business will be a major driver of revenues and profits for the Medifast business as it continues to expand. The Company plans to continue the expansion of the Medifast Weight Control Centers with both additional corporate locations as well as offering the model through a franchise opportunity.

Overall, selling, general and administrative expenses increased by \$4.2 million as compared to the first six months of 2006. The majority of the increase was due to investments in the Company's future advertising campaigns, along with the necessary infrastructure support tools to allow the future campaigns to improve in effectiveness. Advertising expense for the first six months of 2007 was approximately \$10 million compared to \$7.5 million for the same period last year. In the prior year, the Company benefited from a substantial editorial placement in a major consumer publication at no cost to the Company. During 2007, the Company has invested in multiple celebrity endorsement

contracts as well as increased public relations expense to focus on increasing brand awareness that will benefit our future advertising campaigns. Salaries and benefits increased by approximately \$800,000 for the six months ended June 30, 2007 as the Company hired additional expertise in critical areas in order to assist in future growth and meet regulatory needs. This primarily includes IT, nutrition and product development, marketing, Medifast Weight Control Centers, and Take Shape for Life. Take Shape for Life commission expense, which is completely variable based upon revenue, increased by approximately \$500,000. Communication expense which includes outsourced call centers increased by \$350,000 due to two outsourced call centers handling calls relating to TV, print, and Take Shape for Life sales. The Company has spent a significant amount of time and materials in the first half of 2007 building the future call center infrastructure with related technology and personnel. This investment will soon allow the call center to increase the percentage of advertising calls to be handled in-house. It is believed that this initiative will amount to significant savings and improved closing rates in the future. The reduction of the outsourced call center expenses will occur in stages throughout the remainder of 2007 and early into 2008. Other expenses increased by \$200,000, which included items such as depreciation, amortization, credit card processing fees, charitable contributions, and property taxes. Stock compensation expense increased by \$208,000 as compared to the first six months of 2006 as stock awards vest over 5 and 6 year terms for executives. These increases were offset by an approximately \$50,000 decrease in office expense and the absence of a \$323,000 loss resulting from the sale of the Consumer Choice Systems division in the first quarter of 2006.

Costs and Expenses: Cost of revenue increased \$790,000 to \$10.4 million in the first six months of 2007 from \$9.6 million in 2006. As a percentage of sales, gross margin remained at approximately 75% for the first six months of 2007 and 2006.

Income taxes: For the first six months of 2007, we recorded \$1,040,000 in income tax expense, which represents an annual effective rate of 31.3%. For the first six months of 2006, we recorded income tax expense of \$1,921,000 which reflected an estimated annual effective tax rate of 35.7%. The Company anticipates a tax rate of approximately 36-38% in 2007.

Net income: Net income was \$2.3 million in the first six months of 2007 as compared to \$3.5 million in the first six months of 2006, which reflected a decrease of \$1.2 million or 34%. The decrease was directly related to the initiatives of the Company to create its new advertising campaign and improve future capabilities to increase advertising effectiveness. Additionally, the Company did not have the benefit of the no cost editorial publication that occurred in the first quarter of 2006 that led to significant profits.

Three Months Ended June 30, 2007 and June 30, 2006

Revenue: Revenue increased to \$22 million for the three months ended June 30, 2007 as compared to \$20 million for the same period in 2006, an increase of \$2.1 million or 10%. The direct marketing sales channel accounted for 58% of total revenue, Take Shape for Life 31%, doctors 5%, and clinics 6%. As compared to the three months ended June 30, 2006, the direct response sales channel revenue increased by 4%. Take Shape for Life sales, which are fueled by person-to-person recruiting and support increased by 16% year-over-year. Doctors sales increased 13% as compared to prior year and the Company's clinic division, which began operating under the Medifast Weight Control Center name in late 2006, increased sales by 28% as compared to the quarter-ended June 30, 2006.

Throughout the second quarter of 2007 the Company spent significant time and materials investing in the future growth capabilities of the Medifast business. This included building internal technical and personnel abilities, strategic alliances with industry leaders, and large investments in future advertising campaigns and awareness of the Medifast brand.

The Company believes that the expenses associated with investing in these necessary areas for future growth will be recognized in the near term and well into the future. Several of these expenses include two celebrity endorsement contracts for future advertising campaigns, investment in public relations efforts for building brand awareness, a state of the art in-house call center infrastructure to include a phone system and experienced call center personnel to make it effective, and investments in technical capabilities for several of the Medifast business models. The Company believes these expenses and improvements, which were largely associated with the future advertising campaign, will lead to a more effective advertising spend moving forward, and the ability to significantly increase the run rate of the advertising spend as the effectiveness is proven.

The Company believes that these expenses will prove to be the infrastructure building blocks of the future growth in the Medifast business. While building for the future, the Company spent significant time analyzing the current metrics of the business and the overall industry. The knowledge gained from this effort allow for significant tracking improvements in the Company's core metrics as it moves forward. These metrics include but are not limited to, advertising response rates, customer closing rates via web and telephone, lifetime value of consumers, customer success statistics across our multiple channels and media costs. The Company made noteworthy advances in its ability to track these metrics, and is confident that with the investments it has placed in its future advertising campaigns and internal capabilities, that these metrics should continue to improve as it moves forward.

In the second quarter of 2007, the Company also continued to spend on the infrastructure necessary to meet the requirements of being a micro cap public company in today's regulatory environment. In 2006, the Company was required to become Sarbanes-Oxley compliant, and successfully obtained an unqualified opinion from its auditors. In 2007, the Company has invested in both systems and personnel to maintain compliance and ensure the highest level of internal control over financial reporting.

In the second quarter of 2007 selling, general, and administrative expenses increased by \$2.5 million as compared to Q2 of 2006. The majority of the increase was due to the category of advertising expense increasing by approximately \$1.2 million as compared to the prior year. Advertising expense for Q2 of 2007 was approximately \$5.7 million compared to \$4.5 million for the same period last year. The primary reason for the increase in advertising expense was due to increased spending on future campaigns that include celebrity endorsement contracts, and the public relations and promotions associated with them, that the Company feels will increase sales and exposure of the Medifast brand. Salaries and benefits increased by approximately \$500,000 in the quarter as the Company hired additional expertise in critical areas in order to assist in future growth. This primarily includes IT, nutrition and product development, marketing, Medifast Weight Control Centers, and Take Shape for Life. The salaries are attributed to the investing of internal abilities to improve capabilities of the Company moving forward. These internal teams were associated with the building of several areas to include the additional capabilities of the Company's website and call center. One of these major initiatives was the mid June launch of the Company's auto-ship program. The Company believes that this, along with the many other innovative updates completed, will significantly improve its customer retention strategies, while positively impacting the lifetime value of consumers and providing clearer future revenue expectations from reoccurring customers. Take Shape for Life commission expense, which is directly related to sales, increased by approximately \$250,000. Communication expense which includes outsourced call centers increased by \$350,000 due to two outsourced call centers handling calls relating to TV, print, and Take Shape for Life sales. Other expenses increased by \$250,000, which included items such as depreciation, amortization, credit card processing fees, charitable contributions, and property taxes. These increases were offset by an approximately \$50,000 decrease in office expense.

The Company has continued to invest in building the platform for the future growth of the business. The building of a seasoned Executive Team with extensive experience and capabilities, along with providing the internal resources required to utilize these capabilities was a core focus of the business throughout the second quarter. The Company believes that each investment has provided positive improvements, however the true effect of these investments will be in the near future as the company continues its long term growth plan.

Costs and Expenses: Cost of revenue increased \$510,000 to \$5.4 million in Q2 of 2007 from \$4.9 million in 2006. As a percentage of sales, gross margin remained at approximately 75% for the second quarter of 2007 and 2006.

Income taxes: In the second quarter of 2007, we recorded \$510,000 in income tax expense, which represents an annual effective rate of 36%. In the second quarter of 2006, we recorded income tax expense of \$1 million which reflected an estimated annual effective tax rate of 38%. The Company anticipates a tax rate of approximately 36-38% in 2007.

Net income: Net income was \$900,000 million in the second quarter of 2007 as compared to \$1.4 million in the second quarter of 2006, which reflected a decrease of \$539,000 or 37%. The decrease was directly related to the initiatives of the Company to create its new advertising campaign and improve future capabilities to increase advertising effectiveness through technology and personnel.

SEGMENT RESULTS OF OPERATIONS

Net Sales by Segment for the Three Months Ended June 30,

	2007		2006	
Segments	Sales	% of Total	Sales	% of Total
Medifast	20,929,000	95%	19,183,000	96%
All Other	1,112,000	5%	771,000	4%
Eliminations	0	0%	0	0%
Total Sales	22,041,000	100%	19,954,000	100%

Net Sales by Segment for the Six Months Ended June 30,

	2007	2007) 6
Segments	Sales	% of Total	Sales	% of Total
Medifast	40,210,000	95%	37,628,000	96%
All Other	1,920,000	5%	1,509,000	4%
Eliminations	0	0%	0	0%
Total Sales	42,130,000	100%	39,137,000	100%

Three Months Ended June 30, 2007 and June 30, 2006

Medifast Segment: The Medifast reporting segment consists of the sales of Medifast Direct, Take Shape for Life, and Doctors and Clinics. As this represents the majority of our business this is referenced to the "Consolidated Results of Operations" management discussion for the three months ended June 30, 2007 and 2006 above.

All Other Segment: The All Other reporting segment consists of the sales of Hi-Energy and Medifast Weight Control Centers. Sales increased by \$341,000 year-over year as a result of an increase in Hi-Energy and Medifast Weight

Control Centers sales to \$1,112,000. The increase in the Hi-Energy and Medifast Weight Control Center's sales was due to the opening of more clinics in Texas, the closing of less profitable centers, spending increases for advertising, increased advertising effectiveness, improved closing rates on walk-in sales, as well as the hiring of more experienced clinic operators to manage the clinics. In addition, new programs were developed that extended the lifetime value of each customer.

Six Months Ended June 30, 2007 and June 30, 2006

Medifast Segment: The Medifast reporting segment consists of the sales of Medifast Direct, Take Shape for Life, and Doctors and Clinics. As this represents the majority of our business this is referenced to the "Condensed Consolidated Results of Operations" management discussion for the six months ended June 30, 2007 and 2006 above.

All Other Segment: The All Other reporting segment consists of the sales of Hi-Energy and Medifast Weight Control Centers. Sales increased by \$411,000 year-over year as a result of an increase in Hi-Energy and Medifast Weight Control Center's sales to \$1,920,000. The increase in the Hi-Energy and Medifast Weight Control Center's sales were due to the opening of more clinics in Texas, the closing of less profitable centers, spending increases for advertising, increased advertising effectiveness, improved closing rates on walk-in sales, as well as the hiring of more experienced clinic operators to manage the clinics. In addition, new programs were developed that extended the lifetime value of each customer. The "umbrella" effect of Medifast direct advertising has also had an impact on sales by increasing brand recognition as well as walk-in customers.

Net Profit by Segment for the Three Months Ended June 30,

	2007	2007		
Segments	Profit	% of Total	Profit	% of Total
Medifast	1,319,000	145%	2,319,000	160%
All Other	(410,000)	-45%	(871,000)	-60%
Eliminations	0	0%	0	0%
Total Sales	909,000	100%	1,448,000	100%

Net Profit by Segment for the Six Months Ended June 30,

	2007		2006	
Segments	Profit	% of Total	Profit	% of Total
Medifast	3,858,000	169%	5,015,000	145%
All Other	(1,576,000)	-69%	(1,557,000)	-45%
Eliminations	0	0%	0	0%
Total Sales	2,282,000	100%	3,458,000	100%

Three Months Ended June 30, 2007 and June 30, 2006

Medifast Segment: The Medifast reporting segment consists of the profits of Medifast Direct, Take Shape for Life, and Doctors and Clinics. As this represents the majority of our business this is referenced to the "Condensed Consolidated Results of Operations" management discussion for the three months ended June 30, 2007 and 2006 above. See footnote 13, "Business Segments" for a detailed breakout of expenses

All Other Segment: The All Other reporting segment consists of the losses of Hi-Energy and Medifast Weight Control Centers, and corporate expenses related to the parent company operations. Year-over-year, the loss in the All Other segment improved by \$461,000. The decreased expenses was due to a restructuring of the Hi-Energy and Medifast Weight Control Centers management team, the opening of new profitable centers, while closing less profitable centers. The Hi-Energy and Medifast Weight Control Centers showed an improvement year-over-year of \$194,000. Corporate expenses decreased in the second quarter of 2007 as compared to the prior year, which includes auditors fees, attorneys fees, board of director expenses, investor relations, corporate consulting, education and training, and

corporate outings. See footnote 13, "Business Segments" for a detailed breakout of expenses.

Six Months Ended June 30, 2007 and June 30, 2006

Medifast Segment: The Medifast reporting segment consists of the profits of Medifast Direct, Take Shape for Life, and Doctors and Clinics. As this represents the majority of our business this is referenced to the "Condensed Consolidated Results of Operations" management discussion for the six months ended June 30, 2007 and 2006 above. See footnote 13, "Business Segments" for a detailed breakout of expenses

All Other Segment: The All Other reporting segment consists of the losses of Hi-Energy and Medifast Weight Control Centers, and corporate expenses related to the parent company operations. Year-over-year, the loss in the All Other segment increased by \$19,000. These segments include the selling, general, and administrative expenses of the corporate operation, which includes auditor fees, attorneys fees, board of director expenses, investor relations, corporate consulting, education and training, and corporate outings, and the Hi-Energy and Medifast Weight Control Centers. Expenses for the corporate operation increased due to an increase in accounting fees due to the Sarbanes Oxley compliance audit and stock compensation expense for corporate officers. The Hi-Energy and Medifast Weight Control Centers showed an improvement year-over-year of \$213,000 associated with expanding the clinic model. See footnote 13, "Business Segments" for a detailed breakout of expenses

Seasonality

The Company's weight management products and programs have historically been subject to seasonality. Traditionally the holiday season in November/December of each year is considered poor for diet control products and services. January and February generally show increases in sales, as these months are considered the commencement of the "diet season." In 2007, seasonality has not been a significant factor. This is largely due to the increase in the consumer's awareness of the overall health and nutritional benefits accompanied with the use of the Company's product line. As consumers continue to increase their association of nutritional weight loss programs with overall health, seasonality will continue to decrease.

Inflation

To date, inflation has not had a material effect on the Company's business.

Item 5. Other Information

Litigation:

Leonard Z. Sotomeyer on December 30, 2003 filed an action in the Supreme Court of the State of New York, County of New York, against his former business partner, David Scheffler, and T-1 Holdings, LLC, and included Medifast, Inc., formerly Heathrite, Inc., as a Defendant, Case 604076-03, seeking monetary damages for failure of his former business partner to compensate him under several consulting agreements with Medifast, Inc. made with H-T Capital, Inc. and derivatively on behalf of T-1 Holdings, LLC. The Court dismissed on Defendants' motions Sotomeyer's complaint in its entirety by Order of September 30, 2004. Following an appeal, the Appellate Division, First Department, reinstated the first and second causes of action while affirming the dismissal of Plaintiff's remaining derivative claims by its decision April 13, 2006. On March 2007 other motions to dismiss the remanded claims filed by Defendants are now pending in the Court awaiting the Court's ruling. Medifast, Inc. intends to continue to vigorously defend against these claims and does not believe that any decision rendered would materially impact the ongoing operations of Medifast, Inc.

<u>Earnings Per Share:</u> The Company follows the provisions of Statement of Financial Accounting Standards No. 128, "Earnings Per Share." The calculation of basic and diluted earnings per share ("EPS") is reflected on the accompanying Consolidated Statement of Operations.

<u>Code of Ethics</u>: In September 2002, the Company implemented a Code of Ethics by which directors, officers and employees commit and undertake to personal and corporate growth, dedicate themselves to excellence, integrity and responsiveness to the marketplace, and work together to enhance the value of the Company for the shareholders, vendors, and customers.

<u>Trading Policy:</u> In March 2003, the Company implemented a Trading Policy whereby if a director, officer or employee has material non-public information relating to the Company, neither that person nor any related person may buy or sell securities of the Company or engage in any other action to take advantage of, or pass on to others, that information. Additionally, on October 16, 2006 the Board of Directors approved an updated trading policy in which insiders may purchase or sell MED securities if such purchase or sale is made 7 days after or 14 days before an earnings announcement to include the 10-K or 10-Q in order to insure that investors have available the same information necessary to make investment decisions as insiders.

Internal Control Policy: As of June 30, 2007, the Company's management, with the participation of the Chief Executive Officer and Chief Financial Officer, performed an evaluation of the effectiveness of the design and operation of the Company's disclosure controls and procedures pursuant to Exchange Act Rule 13a-15. Based on that evaluation, the Chief Executive Officer and Chief Financial Officer have concluded that the design and operation of these disclosure controls and procedures were effective as of the end of the period covered by this report. In connection with this evaluation, no change in the Company's internal control over financial reporting was identified that occurred during the period covered by this report that has materially affected, or is reasonably likely to affect the Company's internal control over financial reporting.

<u>Forward Looking Statements</u>: Some of the information presented in this quarterly report constitutes forward-looking statements within the meaning of the private Securities Litigation Reform Act of 1995. Statements that are not historical facts, including statements about management's expectations for fiscal year 2003 and beyond, are forward-looking statements and involve various risks and uncertainties. Although the Company believes that its expectations are based on reasonable assumptions within the bounds of its knowledge, there can be no assurance that actual results will not differ materially from the Company's expectations. The Company cautions investors not to place undue reliance on forward-looking statements which speak only to management's experience on this data.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

Medifast, Inc.

BY: /S/ MICHAEL S. MCDEVITT

August 9, 2007

Michael S. McDevitt

Chief Executive Officer and Chief

Financial Officer

(principal executive officer and principal financial officer)

Index to Exhibits

Exhibit Number

Description of Exhibit

- 31.1 Certification of Chief Executive Officer pursuant to Item 601(b)(31) of Regulation S-K, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
- 31.2 Certification of Chief Financial Officer pursuant to Item 601(b)(31) of Regulation S-K, as adopted pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
- 32.1 Certification of Chief Executive Officer and Chief Financial Officer pursuant to Section 906 of the Sarbanes-Oxley Act of 2002