Gull Global Ltd Form 4 August 02, 2018

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16. Form 4 or

January 31, Expires: 2005

Form 5 obligations STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response...

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

0.5

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Gull Global Ltd

(First)

(Street)

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

USANA HEALTH SCIENCES INC [USNA]

(Check all applicable)

(Middle)

3. Date of Earliest Transaction (Month/Day/Year)

07/31/2018

_X__ 10% Owner Director Officer (give title __ Other (specify

PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR, SHIRLEY &

CHARLOTTE STREETS

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

below)

NASSAU, C5 BH1-1000

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities on Disposed (Instr. 3, 4	d of (E))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	07/31/2018		S	100,000	D D		10,395,614	D		
Common Stock	08/01/2018		S <u>(1)</u>	15,111	D	\$ 127.24 (2) (3)	10,380,503	D		
Common Stock	08/01/2018		S <u>(1)</u>	4,743	D	\$ 128.05 (3) (4)	10,375,760	D		
Common	08/01/2018		S <u>(1)</u>	1,200	D	\$	10,374,560	D		

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Stock					129.21 (3) (5)		
Common Stock	08/01/2018	S <u>(1)</u>	2,700	D	\$ 130.32 (3) (6)	10,371,860	D
Common Stock	08/01/2018	S(1)	1,500	D	\$ 131.09 (3) (7)	10,370,360	D
Common Stock	08/01/2018	S <u>(1)</u>	108	D	\$ 132.25 (3) (8)	10,370,252	D
Common Stock	08/02/2018	S <u>(1)</u>	500	D	\$ 127.68 (3) (9)	10,369,752	D
Common Stock	08/02/2018	S(1)	5,002	D	\$ 128.78 (3) (10)	10,364,750	D
Common Stock	08/02/2018	S <u>(1)</u>	5,215	D	\$ 129.94 (3) (11)	10,359,535	D
Common Stock	08/02/2018	S <u>(1)</u>	3,003	D	\$ 130.86 (3) (12)	10,356,532	D
Common Stock	08/02/2018	S(1)	918	D	\$ 131.43 (3) (13)	10,355,614	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	S	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)		Title		

(9-02)

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Date Expiration Exercisable Date

or Number of Shares

Amount

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Gull Global Ltd PO BOX N-4899, 2/F BAHAMAS FINANCIAL CTR SHIRLEY & CHARLOTTE STREETS NASSAU, C5 BH1-1000



Signatures

/s/ Valarie A. Hing, Attorney in Fact

08/02/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- (2) Weighted average price. Price range in multiple transactions was \$126.70 to \$127.65, inclusive.
- (3) The reporting person undertakes to provide USANA Health Sciences, Inc., any security holder thereof or the staff of the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.
- (4) Weighted average price. Price range in multiple transactions was \$127.70 to \$128.65, inclusive.
- (5) Weighted average price. Price range in multiple transactions was \$128.80 to \$129.75, inclusive.
- (6) Weighted average price. Price range in multiple transactions was \$129.80 to \$130.75, inclusive.
- (7) Weighted average price. Price range in multiple transactions was \$130.80 to \$131.75, inclusive.
- (8) Weighted average price. Price range in multiple transactions was \$132.25 to \$132.30, inclusive.
- (9) Weighted average price. Price range in multiple transactions was \$127.30 to \$128.25, inclusive.
- (10) Weighted average price. Price range in multiple transactions was \$128.30 to \$129.25, inclusive.
- (11) Weighted average price. Price range in multiple transactions was \$129.30 to \$130.25, inclusive.
- (12) Weighted average price. Price range in multiple transactions was \$130.30 to \$131.20, inclusive.
- (13) Weighted average price. Price range in multiple transactions was \$131.30 to \$131.55, inclusive.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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