

WENTZ MYRON W  
Form 4  
December 06, 2018

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
WENTZ MYRON W

2. Issuer Name and Ticker or Trading Symbol  
USANA HEALTH SCIENCES INC  
[USNA]

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction  
(Month/Day/Year)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

C/O USANA HEALTH SCIENCES, INC., 3838 W PARKWAY BLVD

12/03/2018

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

SALT LAKE CITY, UT 84120

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)	
			Code	V	Amount	(A) or (D)	Price	Shares owned of record by
Common Stock	12/03/2018		S <sup>(1)</sup>		12,702	D	\$ 120.87 (2) (3)	9,942,912 I Gull Global Limited (4)
Common Stock	12/03/2018		S <sup>(1)</sup>		1,929	D	\$ 121.5 (3) (5)	9,940,983 I Shares owned of record by Gull

									Global Limited (4)
Common Stock	12/03/2018	S <sup>(1)</sup>	743	D	\$ 122.72 (3) (6)	9,940,240	I		Shares owned of record by Gull Global Limited (4)
Common Stock	12/04/2018	S <sup>(1)</sup>	8,778	D	\$ 119.7 (3) (7)	9,931,462	I		Shares owned of record by Gull Global Limited (4)
Common Stock	12/04/2018	S <sup>(1)</sup>	5,648	D	\$ 120.57 (3) (8)	9,925,814	I		Shares owned of record by Gull Global Limited (4)
Common Stock	12/04/2018	S <sup>(1)</sup>	200	D	\$ 121.16	9,925,614	I		Shares owned of record by Gull Global Limited (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 5)
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(Instr. 3,  
4, and 5)

	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Code V (A) (D)				

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WENTZ MYRON W C/O USANA HEALTH SCIENCES, INC. 3838 W PARKWAY BLVD SALT LAKE CITY, UT 84120	X			

## Signatures

/s/ Valarie A. Hing, Attorney in Fact	12/05/2018
**Signature of Reporting Person	Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- (2) Weighted average price. Price range in multiple transactions was \$120.18 to \$121.17, inclusive.
- (3) The reporting person undertakes to provide USANA Health Sciences, Inc., any security holder thereof or the staff of the Securities Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.
- (4) The holder of record of the shares of Common Stock disposed of is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- (5) Weighted average price. Price range in multiple transactions was \$121.19 to \$122.16, inclusive.
- (6) Weighted average price. Price range in multiple transactions was \$122.38 to \$123.00, inclusive.
- (7) Weighted average price. Price range in multiple transactions was \$119.10 to \$120.09, inclusive.
- (8) Weighted average price. Price range in multiple transactions was \$120.10 to \$121.09, inclusive.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.