Edgar Filing: INGLES MARKETS INC - Form 8-K

INGLES MARKETS INC Form 8-K May 07, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934		
Date of Report (Date of earliest	event reported)	May 7, 2007
INGLES MARKETS, INCORPORATED		
(Exact name of registrant as specified in its charter)		
North Carolina	0-14706	56-0846267
(State or other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification No.)
P.O. Box 6676, Asheville, NC		28816
(Address of principal executive offices) (Zip Code)		
Registrant's telephone number, including area code (828) 669-2941		
	N/A	
(Former name or former address, if changed since last report.)		
Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:		
[] Written communications pursu (17 CFR 230.425)	uant to Rule 425 under t	the Securities Act
[] Soliciting material pursuant (17 CFR 240.14a-12)	to Rule 14a-12 under t	the Exchange Act
[] Pre-commencement communicate Exchange Act (17 CFR 240.14c	-	4d-2(b) under the
[] Pre-commencement communication Exchange Act (17 CFR 240.136	-	8e-4(c) under the

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On May 7, 2007, Ingles Markets, Incorporated ("IMKTA") issued a press release announcing financial information for its second fiscal quarter ended March 31, 2007. The press release is attached as Exhibit 99.1 to this Form 8-K.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number Description of Exhibit

99.1 Press release issued May 7, 2007

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

INGLES MARKETS, INCORPORATED

(Registrant)

Date: May 7, 2007

By: /s/ Ronald B. Freeman

Ronald B. Freeman Chief Financial Officer

EXHIBIT INDEX

Exhibit Description

99.1 Press Release dated May 7, 2007