Edgar Filing: HILTON ROBERT L - Form 5

HILTON RO Form 5 February 09,										
FORM						OMB APPROVAL				
		STATES SECUI	RITIES AND EXCHANGE COMMISSION				OMB	3235-0362		
Check this no longer s	shington, D.C. 20549				Number: Expires:	January 31,				
to Section Form 4 or 5 obligatio may contir See Instruc	16. Form ANN ns nue.	ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Estimated a burden hou response	irs per	
Section IndicationFiled pursuant to Section 16(a) of the Securities Exchange Act of 1934,1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,Form 3 HoldingsSection 17(a) of the Public Utility Holding Company Act of 1935 or SectionReported30(h) of the Investment Company Act of 1940TransactionsReported										
HILTON ROBERT L Symbol AMER			Name and Ticker or Trading ICAN EQUITY TMENT LIFE HOLDING				 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner Officing (cine title 0 then (creating applicable) 			
	CO [AI	EL]								
(Last)	(First) (M	(Month/I	3. Statement for Issuer's Fiscal Year Ende (Month/Day/Year) 12/31/2005				Officer (give below)	title Oth below)	Other (specify ow)	
5000 WESTOWN PARKWAY, SUITE 440										
			endment, Date Original nth/Day/Year)			6. Individual or Joint/Group Reporting (check applicable line)				
							(chee	k applicable line)	
WEST DES	MOINES, IAÂ	50266					_X_ Form Filed by Form Filed by Person			
(City)	(State) (Zip) Tab	le I - Non-Deri	vative Sec	urities	s Acqu	ired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Amount	(A) or (D)	Price	Fiscal Year (Instr. 3 and 4)			
Common Stock	Â	Â	Â	Â	Â	Â	12,000	D	Â	
Reminder: Reposed and securities benef	Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.SEC 2270 (9-02)									

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numł of Share
Options-Right to Buy	\$ 10.77	Â	Â	Â	Â	Â	06/30/2005	12/31/2014	Common Stock	1,00
Options-Right to Buy	\$ 11	Â	Â	Â	Â	Â	06/10/2004	06/10/2014	Common Stock	1,00
Options-Right to Buy	\$9	Â	Â	Â	Â	Â	12/04/2003	12/04/2013	Common Stock	1,00

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
HILTON ROBERT L 5000 WESTOWN PARKWAY, SUITE 440 WEST DES MOINES, IA 50266	X	Â	Â	Â				
Signatures								
Debra J. Richardson, by Power of Attorney	02/09/2							
**Signature of Reporting Person	Dat	e						
Explanation of Dechapooe								

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.