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Gull Global Form 4	Ltd											
February 13	, 2018											
FORM	Λ4		GEOU	DIFIER			NOLOG			PROVAL		
	UNITED	STATES			AND EX n, D.C. 2(NGE CC	OMMISSION	OMB Number:	3235-0287		
Check this box if no longer CTLATED (EDUT) OF CHADICES									Expires:	January 31, 2005		
subject to Section 16. Form 4 or					N BENEF RITIES	ICIA	AL OWNI	ERSHIP OF	Estimated a burden hour response	verage		
Form 5 obligation may com <i>See</i> Instruction 1(b).	ons Section 17	(a) of the	Public U	Jtility Ho	olding Cor	mpan	U	Act of 1934, 935 or Section				
(Print or Type	Responses)											
			2. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
			[USNA]									
(Last)	(First) (Middle)	3. Date of (Month/	of Earliest Transaction				DirectorX10% Owner Officer (give title Other (specify				
FINANCIA	I-4899, 2/F BAHA AL CTR, SHIRLE TTE STREETS		02/09/2	-			b	elow)	below)			
	(Street)			endment, I onth/Day/Ye	Date Origina ar)	al	A	. Individual or Joi Applicable Line) X_ Form filed by Or				
NASSAU,	C5 BH1-1000						F	Form filed by Mo Person	ore than One Rej	porting		
(City)	(State)	(Zip)	Tab	ole I - Non-	-Derivative	Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transacti Code (Instr. 8)		ed of (4 and 5 (A)		5. Amount of Securities6.BeneficiallyForm:OwnedDirect of Direct of FollowingFollowing Reported(I)Transaction(s)(Instr. 4)		•		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	02/09/2018			S	1,984 (1)	D	\$ 74.7776	11,641,846	D			
Common Stock	02/12/2018			S	10,287 (1)	D	\$ 75.3894 (<u>3)</u>	11,631,559	D			
Common Stock	02/13/2018			S	16,134 (1)	D	\$ 75.4629 (4)	11,615,425	D			

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address		Relationships					
	Director	10% Owner	Officer	Other			
Gull Global Ltd PO BOX N-4899, 2/F BAHAMAS FINANCIAL CT SHIRLEY & CHARLOTTE STREETS NASSAU, C5 BH1-1000	R	Х					
Signatures							
James Bramble, as attorney 02/13/2018							

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The holder of record of the shares of Common Stock disposed is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- Weighted average price. Price range in multiple transactions was \$73.50 to \$75.55, inclusive. The reporting person undertakes to provide(2) USANA Health Sciences, Inc., any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.

Weighted average price. Price range in multiple transactions was \$74.70 to \$76.10, inclusive. The reporting person undertakes to provide(3) USANA Health Sciences, Inc., any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.

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Weighted average price. Price range in multiple transactions was \$74.95 to \$75.60, inclusive. The reporting person undertakes to provide

(4) USANA Health Sciences, Inc., any security holder thereof or the staff at the Securities and Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.