Edgar Filing: NATURAL ALTERNATIVES INTERNATIONAL INC - Form 4

Form 4	ALTERNATIVES	S INTER	NATION	JAL INC							
February 16,									OMB A	PPROVAL	
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							COMMISSION	-	3235-0287	
Check thi if no long subject to Section 10 Form 4 or Form 5	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934,						Expires:January 31, 2005Estimated average burden hours per response0.5				
obligatior may conti <i>See</i> Instru 1(b).	inue. Section 17(a) of the l	Public Ut		ing Com	pany	Act of	f 1935 or Section	n		
(Print or Type R	(esponses)										
WEAVER RANDELL Symbol NATU				r Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
INTERNATIONA					AL INC [INAII]						
				Earliest Tra ay/Year))05	insaction			Director 10% Owner X Officer (give title Other (specify below) below) President			
	(Street) 4. If Amer Filed(Mon				-			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
SAN MARC						fore than One Reporting					
(City)	(State) (Zip)	Table	e I - Non-Do	erivative S	Securi	ities Acc	uired, Disposed of	, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	(Month/Day/Year) Execution Date, if str. 3) any		3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A)				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	02/16/2005			Р	200	A	\$ 6.68	22,200	D		
Common Stock	02/16/2005			Р	800	А	\$ 6.69	23,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relation							
I B	Director	10% Owner	Officer	Other					
WEAVER RANDELL									
1185 LINDA VISTA DRIVE			President						
SAN MARCOS, CA 92078									
Signatures									
/s/ John Reaves on behalf of Mr. Weaver under a Power of									
Attorney				02/16/2005					
<u>**</u> Signature of	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.