#### Edgar Filing: HERITAGE FINANCIAL CORP /WA/ - Form 4

#### HERITAGE FINANCIAL CORP /WA/

Form 4 July 27, 2005

## FORM 4

## **OMB APPROVAL**

Expires:

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** Number:

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

2005 Estimated average burden hours per response... 0.5

3235-0287

January 31,

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

07/26/2005

(Print or Type Responses)

1. Name and Address of Reporting Person * LEWIS MELVIN R			2. Issuer Name <b>and</b> Ticker or Trading Symbol HERITAGE FINANCIAL CORP					5. Relationship of Reporting Person(s) to Issuer		
		/WA/ [HFWA]					(Check all applicable)			
(Last)	(First) (N	Middle)	3. Date of Earliest Transaction (Month/Day/Year)		X Director Officer (give		Owner er (specify			
PO BOX 70	)	07/26/2005			below)					
	(Street)		4. If Ame	If Amendment, Date Original				6. Individual or Joint/Group Filing(Check		
			Filed(Mon	th/Day/Year	)			Applicable Line) _X_ Form filed by	One Reporting Pe	rson
TOPPENISH, WA 98948							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		on Date, if	Code (Instr. 3, 4 and 5)					Indirect Beneficial Ownership	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(111011111)	(1115121 1)
Common Stock	07/26/2005	07/26/2	2005	M	500	A	\$ 10.15	51,178	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

M

1,300 A

07/26/2005

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

D

52,478

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year)		7. Title and A Underlying So (Instr. 3 and 4	ecı
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	An or No of Sh
Non-Qualified Stock Option (right to buy)	\$ 10.15	07/26/2005	07/26/2005	M	500	03/27/2004(1)	03/27/2009	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 12.25	07/26/2005	07/26/2005	M	1,300	02/19/2003(2)	02/19/2008	Common Stock	1

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
LEWIS MELVIN R						
PO BOX 70	X					

# **Signatures**

TOPPENISH, WA 98948

Melvin R. Lewis	07/27/2005
**Signature of Reporting Person	Date
Edward D. Cameron for Melvin R. Lewis	07/27/2005
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Grant to reporting person of option to purchase shares of common stock under the issuer's 1998 stock option plan, in a transaction exempt (1) from Rule 16b-3. One third of the option is exercisable annually beginning one year after grant and expires five years after it becomes
- Grant to reporting person of option to purchase shares of common stock under the issuer's 2002 stock option plan, in a transaction exempt (2) from Rule 16b-3. One third of the option is exercisable annually beginning one year after grant and expires five years after it becomes exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.