#### CABOT OIL & GAS CORP

Form 4

December 19, 2006

## FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

12/15/2006

12/15/2006

Stock

Stock

Common

			Symbol	•				5. Relationship of Reporting Person(s) to Issuer			
			CABO	CABOT OIL & GAS CORP [COG]				(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(33333333)			
			(Month/Day/Year)					Director		Owner	
1200 ENCLAVE PARKWAY			12/15/2	006				_X_ Officer (give title Other (specify below) below)  Chairman, President & CEO			
	4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check					
				Filed(Month/Day/Year)				Applicable Line)			
						_X_ Form filed by One Reporting Person Form filed by More than One Reporting					
HOUSTON	, TX 77077-16						Person				
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of	1. Title of 2. Transaction Date 2A. Deemed 3. 4. S						cquired	5. Amount of	6. Ownership 7. Natu		
Security (Instr. 3)	(Month/Day/Year) Execution Date							Securities Beneficially	Indirect Beneficial		
(Ilisti. 3)		any (Month	/Day/Year)	Code (Instr. 3, 4 and 5) Day/Year) (Instr. 8)			3)	Owned	Ownership		
		· ·	• •					Following	(Instr. 4)		
						(A)		Reported Transaction(s)			
						or	ъ.	(Instr. 3 and 4)			
Common				Code \	7 Amount	(D)	Price \$				
Stock	12/15/2006			M	2,247	A	э 12.84	190,981	D		
Common Stock	12/15/2006			S	1,247	D	\$ 65.32	189,734	D		
							30.02				
Common Stock	12/15/2006			S	500	D	\$ 65.3	189,234	D		
							d				
Common	12/15/2006			S	300	D	\$	188 934	D		

S

S

300

200

D

188,934

188,734

D

D

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Common Stock	12/18/2006	M	8,195	A	\$ 12.84	196,929	D
Common Stock	12/18/2006	S <u>(1)</u>	633	D	\$ 64.26	196,296	D
Common Stock	12/18/2006	S <u>(1)</u>	400	D	\$ 64.25	195,896	D
Common Stock	12/18/2006	S <u>(1)</u>	400	D	\$ 64.2	195,496	D
Common Stock	12/18/2006	S <u>(1)</u>	100	D	\$ 64.29	195,396	D
Common Stock	12/18/2006	S <u>(1)</u>	100	D	\$ 64.23	195,296	D
Common Stock	12/18/2006	S <u>(1)</u>	300	D	\$ 64.27	194,996	D
Common Stock	12/18/2006	S <u>(1)</u>	200	D	\$ 64.28	194,796	D
Common Stock	12/18/2006	S <u>(1)</u>	1,700	D	\$ 64.24	193,096	D
Common Stock	12/18/2006	S <u>(1)</u>	200	D	\$ 64.21	192,896	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date (Month/Day/Year) cquired (A) or isposed of (D)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to	\$ 12.84	12/15/2006		M	2,247	02/18/2003(2)	02/18/2007	Common	2,247

buy)

Stock

buy)

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

DINGES DAN O 1200 ENCLAVE PARKWAY HOUSTON, TX 77077-1607

Chairman, President & CEO

## **Signatures**

Lisa A. Machesney, Attorney-in-Fact for Dan O. Dinges.

12/19/2006

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares sold to pay stock option exercise, associated taxes and commission.
- (2) 33 1/3% of option became exercisable on February 18, 2003 and an additional 33 1/3% becomes exercisable on each of the next two one-year anniversaries of such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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