Edgar Filing: CABOT OIL & GAS CORP - Form 4

CABOT OIL Form 4 February 23,	& GAS CORI 2010	P									
FORM	1								OMB AF	PROVAL	
	UNITE	D STATES		ITIES A hington,			NGE C	OMMISSION	OMB Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or						[CIA	LOW	Expires: January 31, 2005 Estimated average burden hours per response 0.5			
Form 5 obligation may conti <i>See</i> Instru 1(b).	$\frac{1}{1}$ Section 1'	7(a) of the 1	Public Ut		ling Con	ipany	y Act of	e Act of 1934, 1935 or Section 0	1		
(Print or Type R	esponses)										
			Symbol	Name and			-	5. Relationship of Reporting Person(s) to Issuer			
				ABOT OIL & GAS CORP [COG] Date of Earliest Transaction				(Check all applicable)			
(Last) 840 GESSN	^(First) ER ROAD, SU	(Middle) JITE 1400	(Month/D 02/19/20	ay/Year)	ansaction			X Director Officer (give below)	title $\frac{10\%}{\text{below}}$	Owner er (specify	
				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person			
HOUSTON,	TX 77024							Form filed by M Person	ore than One Re	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution any	ned n Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	02/19/2010			A <u>(1)</u>	3,890	A	\$ 41.15	105,930	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4. 5.		6. Date Exercisable and		7. Title and		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumbe		Expiration Date		Amou	unt of	Derivative	Deriv
Security	or Exercise		any	Code of		(Month/Day	(Month/Day/Year)		rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	Derivative		Securities		(Instr. 5)	Bene
. ,	Derivative			. ,	Securities			(Instr	. 3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						(
					4, and 5)						
					., and 5)						
				Code V	(A) (D)	Date	Expiration	Title	Amount		
						Exercisable	Date		or		
									Number		
									of		
									Shares		
Dana											

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Reporting Owners

Reporting Owner Name / Address		Relationsh				
	Director	10% Owner	Officer	Other		
KELLEY ROBERT 840 GESSNER ROAD, SUITE 1400 HOUSTON, TX 77024	Х					
Signatures						
Lisa A. Machesney, Attorney-in-Fact Kelley	t	02/23/2	2010			
<u>**</u> Signature of Reporting Person			Date			
Explanation of Responses:						

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock units awarded to Reporting Person under Issuer's 2004 Incentive Plan. Units paid in shares of Common Stock upon the date the non-employee director ceases to be a director of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.