#### TORCHMARK CORP

Form 5

January 31, 2017

## FORM 5

#### **OMB APPROVAL**

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** 3235-0362 Number:

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

January 31, Expires: 2005 Estimated average

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Reported 30(h) of the Investment Company Act of 1940 Form 4

Transactions Reported

1. Name and Address of Reporting Person ** HERBEL VERN D			2. Issuer Name <b>and</b> Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(T. 1)			TORCHMARK CORP [TMK]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended			
			(Month/Day/Year)	Director 10% Owner		
			12/31/2016	_X_ Officer (give title Other (specify		
TORCHMA	RK			below) below)		
CORPORAT	TION, 370	00 SOUTH		EVP and Chief Admin. Officer		
STONEBRII	OGE DRIV	E				

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

### MCKINNEY, TXÂ 75070

(State)

(Zip)

(City)

\_X\_ Form Filed by One Reporting Person Form Filed by More than One Reporting

Table I Non Derivative Securities Acquired Disposed of ar Repeticially Owned

(,)	()	Tabl	e I - Non-Deri	ivative Se	curitie	es Acqu	irea, Disposea	of, or Beneficia	illy Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquired Disposed (Instr. 3,	l (A) of l of (D) 4 and (A) or	)) 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/23/2016	Â	G	Amount 2,100	(D)	Price \$ 0	24,750	D	Â
Common Stock	01/23/2016	Â	G	1,050	A	\$0	52,968	I	Reporting Person's Living Trust
Common Stock	01/23/2016	Â	G	1,050	A	\$ 0	52,968	I	Spouse's Living

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									Trust
Common Stock	02/21/2016	Â	G	600	D	\$0	24,150	D	Â
Common Stock	02/21/2016	Â	G	300	A	\$ 0	53,268	I	Reporting Person's Living Trust
Common Stock	02/21/2016	Â	G	300	A	\$0	53,268	I	Spouse's Living Trust
Common Stock	02/25/2016	Â	G	8,155	D	\$0	24,150 (1)	D	Â
Common Stock	02/25/2016	Â	G	4,077	A	\$ 0	57,345	I	Reporting Person's Living Trust
Common Stock	02/25/2016	Â	G	4,078	A	\$0	57,346	I	Spouse's Living Trust
Common Stock	04/28/2016	Â	G	2,700	D	\$0	21,450	D	Â
Common Stock	04/28/2016	Â	G	1,350	A	\$ 0	58,695	I	Reporting Person's Living Trust
Common Stock	04/28/2016	Â	G	1,350	A	\$0	58,696	I	Spouse's Living Trust
Common Stock	Â	Â	Â	Â	Â	Â	42,016 (2)	I	Thrift Plan Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

 $\label{thm:convertible} \textbf{Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned} \\ \textit{(e.g., puts, calls, warrants, options, convertible securities)}$ 

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Date	Amount of	Derivative	of
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	D
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Se
	Derivative				Securities	3	(Instr. 3 and 4)		В
	Security				Acquired				Ο
					(A) or				Eı
					Disposed				Is
					of (D)				Fi
					(Instr. 3,				(I

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4, and 5)

				Amount
(A) (D)	Date Exercisable	Expiration Date	Title	of
(A) (D)				Shares

# **Reporting Owners**

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
ERBEL VERN D				
ORCHMARK CORPORATION	•	^	^	^

HERBEL VERN D TORCHMARK CORPORATION 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TXÂ 75070

 $\hat{A}$   $\hat{A}$   $\hat{A}$  EVP and Chief Admin. Officer

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# **Signatures**

Vern D. Herbel, By:/s/Carol A. McCoy, Attorney-in-fact

01/31/2017

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Insider received payment of performance shares on 2/25/16, previously timely reported on Form 4, and gifted the same shares to trusts on 2/25/16 now reported as indirectly owned on this Form 5, resulting in no change in direct ownership balance reported in this column.
- (2) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$74.55 per share.

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