TORCHMARK CORP

Form 4

February 07, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940 See Instruction

(Middle)

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * HENRIE MICHAEL SHANE

2. Issuer Name and Ticker or Trading Symbol

TORCHMARK CORP [TMK]

3. Date of Earliest Transaction (Month/Day/Year) 02/03/2017

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director

10% Owner Officer (give title __X_ Other (specify below) below)

Officer of Principal Sub.

GLOBE LIFE AND ACCIDENT **INSURANCE CO., 3700 SOUTH** STONEBRIDGE DRIVE

(Street)

(First)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

MCKINNEY, TX 75070

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securities Acquired (A) iomr Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	02/03/2017		M	1,687	A	\$ 30.3267	1,687	D	
Common Stock	02/03/2017		M	3,750	A	\$ 50.6934	5,437	D	
Common Stock	02/03/2017		M	3,000	A	\$ 37.4	8,437	D	
Common Stock	02/03/2017		S	8,437	D	\$ 74.4148 (1) (2)	0	D	
							46 (3)	I	

Common Thrift
Stock Plan Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ution Date, if Transaction Derivative Code Securities		perivative urities uired or posed of tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 37.4 (4)	02/03/2017		M		3,000 (4)	02/27/2016	02/27/2020	Common Stock	3,000 (4)
Employee Stock Option (Right to Buy)	\$ 50.6934 (5)	02/03/2017		M		3,750 (5)	02/24/2016	02/24/2021	Common Stock	3,750 (5)
Employee Stock Option (Right to Buy)	\$ 30.3267 (6)	02/03/2017		M		1,687 (6)	01/23/2017	01/23/2022	Common Stock	1,687 (6)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

HENRIE MICHAEL SHANE GLOBE LIFE AND ACCIDENT INSURANCE CO. 3700 SOUTH STONEBRIDGE DRIVE Officer of Principal Sub.

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MCKINNEY, TX 75070

Signatures

Michael Shane Henrie, /s/Carol A. Mccoy, Attorney-in-fact

02/07/2017

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) sales at prices ranging from \$74.24 per share to \$74.64 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.
- (3) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$74.25 per share.
- Previously reported as option for 10,000 shares at an exercise price of \$56.10 per share, but has been adjusted to reflect 3-for-2 stock split paid in the form of 50% stock dividend occurring on July 1, 2014.
- (5) Previously reported as option for 10,000 shares at an exercise price of \$74.06 per share, but was adjusted to reflect 3-for-2 stock split paid in the form of 50% stock dividend occurring on July 1, 2014.
- (6) Previously reported as option for 4,500 shares at an exercise price of \$45.49 per share, but was adjusted to reflect 3-for-2 stock split paid in the form of 50% stock dividend occurring on July 1, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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