SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) May 1, 2006 (April 27, 2006)

TORCHMARK CORPORATION

(Exact name of registrant as specified in its charter)

DELAWARE (State or other jurisdiction

1-8052 (Commission File No.)

63-0780404 (I.R.S. Employer ID No.)

of incorporation)

2001 Third Avenue South, Birmingham, Alabama 35233

(Address of principal executive offices)

Registrant s telephone number, including area code: (205) 325-4200

None

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

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- " Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- " Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- " Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) Index of Exhibits page 2.

Total number of pages in this report is 3.

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Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

Joseph M. Farley reached the retirement age for non-officer directors first and retired from the Board on April 27, 2006.

At its April 27, 2006 meeting, the Board of Directors of Torchmark Corporation elected Lloyd W. Newton as a director of the Company. There are no arrangements or understandings between Mr. Newton and any other persons pursuant to which he was selected as a director of Torchmark.
Newton was named to the Compensation Committee and the Governance and Nominating Committee.
Newton has not had, since December 31, 2005, or proposes to have, any transaction or series of transactions to which Torchmark or any of absidiaries were or are to be a party where the amount involved exceeds \$60,000 and in which he had or will have a direct or material est.
9.01 Financial Statements and Exhibits

- (b) Pro forma financial information. Not applicable.
- (c) Exhibits. Not applicable.

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SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

TORCHMARK CORPORATION

Date: May 1, 2006

/s/ Carol A. McCoy Carol A. McCoy, Vice President, Associate Counsel and Secretary