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INGLES MARKETS INC Form NT 10-Q August 04, 2011

SEC FILE NUMBER

0-14706 CUSIP NUMBER

45 7030-10-4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 12b-25

NOTIFICATION OF LATE FILING

(Check one): "Form 10-K "Form 20-F "Form 11-K x Form 10-Q

" Form 10-D " Form N-SAR " Form N-CSR

For Period Ended: June 25, 2011

- " Transition Report on Form 10-K
- " Transition Report on Form 20-F
- " Transition Report on Form 11-K
- " Transition Report on Form 10-Q
- " Transition Report on Form N-SAR

For the Transition Period Ended:

Nothing in this form shall be construed to imply that the Commission has verified any information contained herein. If the notification relates to a portion of the filing checked above, identify the Item(s) to which the notification relates:

PART I REGISTRANT INFORMATION

Ingles Markets, Incorporated

Full Name of Registrant

Former Name if Applicable

2913 US Hwy 70 W Address of Principal Executive Office (Street and Number)

Black Mountain, North Carolina 28711-9103 City, State and Zip Code

PART II RULES 12b-25(b) AND (c)

If the subject report could not be filed without unreasonable effort or expense and the registrant seeks relief pursuant to Rule 12b-25(b), the following should be completed. (Check box if appropriate)

- x (a) The reason described in reasonable detail in Part III of this form could not be eliminated without unreasonable effort or expense
- x (b) The subject annual report, semi-annual report, transition report on Form 10-K, Form 20-F, Form 11-K, Form N-SAR or Form N-CSR, or portion thereof, will be filed on or before the fifteenth calendar day following the prescribed due date; or the subject quarterly report or transition report on Form 10-Q or subject distribution report on Form 10-D, or portion thereof, will be filed on or before the fifth calendar day following the prescribed due date; and
- " (c) The accountant s statement or other exhibit required by Rule 12b-25(c) has been attached if applicable.

PART III NARRATIVE

State below in reasonable detail why Forms 10-K, 20-F, 11-K, 10-Q, 10-D, N-SAR, N-CSR, or the transition report or portion thereof, could not be filed within the prescribed time period.

The Company will not have completed its analysis of certain reserves by the required filing date.

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PART IV OTHER INFORMATION

(1)	Name and telephone number of person to contact in regard to this notification			
	Ronald B. Freeman (Name)	828 (Area Code)	669-2941 x223 (Telephone Number)	
(2)	Have all other periodic reports required under Section 13 or 15(d) of the Securities Exchange Act of 1934 or Section 30 of the Investment Company Act of 1940 during the preceding 12 months or for such shorter period that the registrant was required to file such report(s) bee filed? If answer is no, identify report(s). Yes x No "			
If so.	(3) Is it anticipated that any significant change in results of operations from the corresponding period for the last fiscal year will be reflected by the earnings statements to be included in the subject report or portion thereof? Yes "No x If so, attach an explanation of the anticipated change, both narratively and quantitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.			
		Ingles Markets, Incorpo		
(Name of Registrant as Specified in Charter) has caused this notification to be signed on its behalf by the undersigned hereunto duly authorized.				
Date	August 4, 2011	Ву	/s/ Ronald B. Freeman Ronald B. Freeman	
			Vice President Finance, Chief Financial Officer	
ATTENTION				

Intentional misstatements or omissions of fact constitute Federal Criminal Violations (See 18 U.S.C. 1001).

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