

SPARTAN STORES INC
Form POS AM
March 12, 2013

Registration No. 333-145494

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

POST-EFFECTIVE AMENDMENT NO. 1

TO

FORM S-3

REGISTRATION STATEMENT

UNDER

THE SECURITIES ACT OF 1933

SPARTAN STORES, INC.

(Exact name of registrant as specified in its charter)

Michigan
(State or other jurisdiction of

38-0593940
(I.R.S. employer

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incorporation or organization)

850 76th Street, S.W.

identification number)

Post Office Box 8700

Grand Rapids, Michigan 49518-8700

(616) 878-2000

(Address, including zip code, and telephone number, including area code, of registrant's principal executive offices)

Alex J. DeYonker

Copies of

Gordon R. Lewis

Executive Vice President

communication to:

Warner Norcross & Judd LLP

General Counsel & Secretary

900 Fifth Third Center

Spartan Stores, Inc.

111 Lyon Street, N.W.

850 76th Street, S.W.

Grand Rapids, Michigan 49503-2487

Post Office Box 8700

(616) 752-2752

Grand Rapids, Michigan 49518-8700

(616) 878-2180

(Name, address, including zip code, and

telephone number, including area code,

of agent for service)

Approximate date of commencement of proposed sale to the public:

Not Applicable.

If the only securities being registered on this form are being offered pursuant to dividend or interest reinvestment plans, please check the following box:

If any of the securities being registered on this form are to be offered on a delayed or continuous basis pursuant to Rule 415 under the Securities Act of 1933, other than securities offered only in connection with dividend or interest reinvestment plans, check the following box:

If this form is filed to register additional securities for an offering pursuant to Rule 462(b) under the Securities Act, please check the following box and list the Securities Act registration statement number of the earlier effective registration statement for the same offering.

If this form is a post-effective amendment filed pursuant to Rule 462(c) under the Securities Act, check the following box and list the Securities Act registration statement number of the earlier effective registration statement for the same offering.

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If this Form is a registration statement pursuant to General Instruction I.D. or a post-effective amendment thereto that shall become effective upon filing with the Commission pursuant to Rule 462(e) under the Securities Act, check the following box. "

If this Form is a post-effective amendment to a registration statement filed pursuant to General Instruction I.D. filed to register additional securities or additional classes of securities pursuant to Rule 413(b) under the Securities Act, check the following box. "

The Registrant hereby amends this Registration Statement on such date or dates as may be necessary to delay its effective date until the Registrant shall file a further amendment which specifically states that this Registration Statement shall thereafter become effective in accordance with Section 8(a) of the Securities Act of 1933 or until the Registration Statement shall become effective on such date as the Commission, acting pursuant to said Section 8(a), may determine.

REMOVAL OF SECURITIES FROM REGISTRATION

This Post-Effective Amendment No. 1 to Form S-3 Registration Statement removes from registration all of the Registrant's 3.375% Convertible Senior Notes due 2027 and shares of common stock, no par value per share, registered under the Registrant's Form S-3 Registration Statement (No. 333-145494) which remain unsold as of the date hereof in accordance with the undertakings set forth in the Registration Statement pursuant to Item 512(a)(3) of Regulation S-K.

Item 16. Exhibits

Exhibit Number	Description
24	Powers of Attorney.

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933, the registrant certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form S-3 and has duly caused this Registration Statement to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Grand Rapids, State of Michigan, on March 11, 2013.

SPARTAN STORES, INC.

By: /s/ Dennis Eidson
Dennis Eidson

President and Chief Executive Officer

(Principal Executive Officer)

By: /s/ David M. Staples
David M. Staples

Executive Vice President and Chief Financial
Officer (Principal Financial and Accounting Officer)

Pursuant to the requirement of the Securities Act of 1933, this Registration Statement has been signed by the following persons in the capacities and on the dates indicated.

*
M. Shan Atkins
Director
March 11, 2013

/s/ Dennis Eidson
Dennis Eidson
March 11, 2013
President and Chief Executive Officer

(Principal Executive Officer) and

Director

*
Dr. Frank M. Gambino
Director
March 11, 2013

*
Frederick Morgenthall II
Director
March 11, 2013

*
Elizabeth A. Nickels
Director
March 11, 2013

*
Timothy J. O Donovan
Director
March 11, 2013

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*

March 11, 2013

Craig C. Sturken

Chairman and Director

*By /s/ David M. Staples

David M. Staples, Attorney-in-Fact