

AVALON HOLDINGS CORP  
Form SC 13D/A  
September 12, 2013

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**SCHEDULE 13D**

**Under The Securities Exchange Act of 1934**

**(Amendment No. 19)\***

AVALON HOLDINGS CORPORATION

**(Name of Issuer)**

AVALON HOLDINGS CORPORATION CLASS A COMMON STOCK

**(Title of Class of Securities)**

05343P109

**(CUSIP Number)**

ANIL CHOUDARY NALLURI, MD, INC PERSONAL, PENSION, AND IRA & PARVATI NALLURI

5500 Market St. Ste. 128

Youngstown, Ohio 44512

(330) 783-1147

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(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

9-12-2013

**(Date of Event which Requires Filing of this Statement)**

If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(b)(3) or (4), check the following box " ".

Check the following box if a fee is being paid with the statement x. (A fee is not required only if the reporting person: (1) has a previous statement on file reporting beneficial ownership of more than five percent of the class of securities described in Item 1; and (2) has filed no amendment subsequent thereto reporting beneficial ownership of five percent or less of such class.) (See Rule 13d-7.)

Note: Six copies of this statement, including all exhibits, should be filed with the Commission. See Rule 13d-1(a) for other parties to whom copies are to be sent.

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page. The information required on the remainder of this cover page shall not be deemed to be filed for the purpose of Section 18 of the Securities Exchange Act of 1934 ( Act ) or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SCHEDULE 13D

CUSIP No. 05343P109

PAGE 2 OF 2 PAGES

1. Name of Reporting Person, S.S. or I.R.S. Identification No. of above person

ANIL CHOUDARY NALLURI, MD, INC PERSONAL, PENSION AND IRA & PARVATI NALLURI 34-1299073

2. Check the Appropriate Box if a Member of a Group\*

(a) ..

(b) ..

3. SEC Use Only

4. Source of Funds\*

PF

5. Check Box if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e) ..

6. Citizenship or Place of Organization

OHIO, U.S.A.

NUMBER OF 7. Sole Voting Power

SHARES

BENEFICIALLY 100%

OWNED BY 8. Shared Voting Power

EACH

REPORTING

PERSON 9. Sole Dispositive Power

WITH

10. Shared Dispositive Power

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11. Aggregate Amount Beneficially Owned by Each Reporting Person

652712

12. Check Box if the Aggregate Amount in Row (11) Excludes Certain Shares\*

13. Percent of Class Represented by Amount in Row (11)

20.454%

14. Type of Reporting Person\*

IN

\* See instructions before filling out! Include both sides of the cover page, responses to Items 1-7 (including Exhibits) of the Schedule, and the Signature Attestation.

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<b>Date Bought</b>	<b>Quantity</b>	<b>Price</b>	<b>Net Amount</b>
8/29/2013	2000	\$ 4.90	\$ 9,810.00
8/29/2013	525	\$ 4.90	\$ 2,572.50
8/29/2013	400	\$ 4.89	\$ 1,956.00
8/29/2013	75	\$ 4.85	\$ 368.75
8/30/2013	1000	\$ 4.77	\$ 4,774.00
9/3/2013	600	\$ 4.79	\$ 2,883.94
9/3/2013	400	\$ 4.77	\$ 1,908.40
9/3/2013	1000	\$ 4.77	\$ 4,784.70
9/4/2013	200	\$ 4.88	\$ 976.54
9/4/2013	3373	\$ 4.88	\$ 16,473.73
9/4/2013	200	\$ 4.86	\$ 972.00
9/4/2013	100	\$ 4.88	\$ 498.46
9/4/2013	27	\$ 4.75	\$ 138.25
9/4/2013	100	\$ 4.89	\$ 489.00
9/4/2013	1900	\$ 4.90	\$ 9,320.00
9/4/2013	400	\$ 4.70	\$ 1,890.00
9/4/2013	300	\$ 4.88	\$ 1,464.84
9/9/2013	1200	\$ 5.20	\$ 6,245.48
9/9/2013	1200	\$ 5.22	\$ 6,266.00
9/9/2013	700	\$ 5.20	\$ 3,640.28
9/9/2013	100	\$ 5.20	\$ 525.13
9/9/2013	3498	\$ 5.23	\$ 18,304.54
9/9/2013	2	\$ 5.17	\$ 10.34
9/11/2013	359	\$ 5.38	\$ 1,934.63
9/11/2013	500	\$ 5.38	\$ 2,694.25
9/11/2013	500	\$ 5.38	\$ 2,694.25
9/11/2013	8	\$ 5.38	\$ 43.06
9/11/2013	491	\$ 5.38	\$ 2,642.22
9/11/2013	1	\$ 5.39	\$ 10.39