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BLACKROCK MUNIHOLDINGS FLORIDA INSURED FUND, INC.

Form N-Q

January 29, 2008

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM N-Q

QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED
MANAGEMENT INVESTMENT COMPANY

Investment Company Act file number 811-08349

Name of Fund: BlackRock MuniHoldings Florida Insured Fund (MFL)

Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809

Name and address of agent for service: Donald C. Burke, Chief Executive
Officer, BlackRock MuniHoldings Florida Insured Fund, 800 Scudders Mill
Road, Plainsboro, NJ 08536. Mailing address: P.O. Box 9011, Princeton,
NJ 08543-9011

Registrant's telephone number, including area code: (800) 882-0052, Option 4

Date of fiscal year end: 08/31/2008

Date of reporting period: 09/01/2007 - 11/30/2007

Item 1 - Schedule of Investments

BlackRock MuniHoldings Florida Insured Fund
Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

| | Face Amount | Municipal Bonds |
|--------------------------------|----------------|--|
| Arizona - 1.2% | \$ 6,465 | Salt Verde Financial Corporation, Arizona, Senior Gas Revenue Bonds |
| District of Columbia - 0.4% | 2,050 | Metropolitan Washington Airports Authority, D.C., Airport System Revenue Bonds, Series A, 5.25% due 10/01/2032 (h) |
| Florida - 146.9% | 6,600 | Alachua County, Florida, School Board, COP, 5.25% due 7/01/2029 (b) |
| | | Bay County, Florida, Sales Tax Revenue Bonds (b): |
| | 3,490 | 5% due 9/01/2025 |
| | 3,665 | 5% due 9/01/2026 |
| | 4,190 | Beacon Tradeport Community Development District, Florida, Special A Refunding Bonds (Commercial Project), Series A, 5.625% due 5/01/2031 (n) |
| | 4,500 | Brevard County, Florida, School Board, COP, Series A, 5% due 7/01/2029 (b) |
| | 8,000 | Broward County, Florida, Educational Facilities Authority Revenue Bonds (Nova Southeastern University), 5% due 4/01/2031 (n) |

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| | |
|--------|--|
| 4,150 | Broward County, Florida, HFA, S/F Mortgage Revenue Refunding Bonds, Series E, 5.90% due 10/01/2039 (e) (g) |
| 3,000 | Cape Coral, Florida, Special Obligation Revenue Bonds, 5% due 10/01/2026 |
| 1,320 | Clay County, Florida, School Board, COP (Master Lease Program), 5.75% due 10/01/2026 |
| 900 | Collier County, Florida, IDA, IDR, Refunding (Southern States Utilities), 5.25% due 10/01/2025 |
| 2,000 | Deltona, Florida, Transportation Capital Improvement Revenue Bonds, 5.25% due 10/01/2026 (a) |
| 1,130 | Emerald Coast, Florida, Utilities Authority, System Revenue Bonds (A), 5.25% due 1/01/2026 |
| 1,560 | Emerald Coast, Florida, Utilities Authority, System Revenue Bonds (B), 5.25% due 1/01/2036 |
| 80 | Escambia County, Florida, HFA, S/F Mortgage Revenue Refunding Bonds (Multi-County Program), AMT, Series A (a) (i): 6.30% due 10/01/2020 |
| 305 | Escambia County, Florida, HFA, S/F Mortgage Revenue Refunding Bonds (Multi-County Program), AMT, Series A (a) (i): 6.375% due 10/01/2026 |
| 1,835 | Flagler County, Florida, Capital Improvement Revenue Bonds, 5% due 10/01/2026 |
| 1,350 | Florida HFA, Homeowner Mortgage Revenue Refunding Bonds, AMT, Series A, 5.75% due 7/01/2014 |
| 10,025 | Florida HFA, Homeowner Mortgage Revenue Refunding Bonds, AMT, Series A, 5.90% due 7/01/2029 |
| 12,000 | Florida Higher Educational Facilities Financing Authority Revenue Bonds (Flagler College, Inc. Project), 5.25% due 11/01/2036 (q) |

Portfolio Abbreviations

To simplify the listings of BlackRock MuniHoldings Florida Insured Fund's portfolio holdings in the Schedule of Investments, we have abbreviated the names of many of the securities according to the list below.

| | |
|------|--------------------------------------|
| AMT | Alternative Minimum Tax |
| COP | Certificates of Participation |
| GO | General Obligation Bonds |
| HFA | Housing Finance Agency |
| IDA | Industrial Development Authority |
| IDR | Industrial Development Revenue Bonds |
| M/F | Multi-Family |
| S/F | Single-Family |
| VRDN | Variable Rate Demand Notes |

BlackRock MuniHoldings Florida Insured Fund
 Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

| Face Amount | Municipal Bonds |
|-------------|---|
| \$ 5,375 | Florida Housing Finance Corporation, Homeowner Mortgage Revenue Bonds Series 3, 5.15% due 7/01/2038 (e) (g) |

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| | |
|--------|--|
| 5,925 | Series 11, 5.95% due 1/01/2032 (c) |
| 755 | Florida Housing Finance Corporation, Homeowner Mortgage Revenue Ref Series 4, 6.25% due 7/01/2022 (c) |
| 2,055 | Florida Housing Finance Corporation, Housing Revenue Bonds (Waverly Apartments), AMT, Series C-1, 6.30% due 7/01/2030 (c) |
| 1,285 | Florida Municipal Loan Council Revenue Bonds, Series B (a): 5.375% due 11/01/2025 |
| 4,150 | 5.375% due 11/01/2030 |
| 3,750 | Florida State Board of Education, Capital Outlay, GO, Public Education Series D, 5.75% due 6/01/2022 (c) |
| 1,000 | Florida State Board of Education, Capital Outlay, GO, Public Education due 6/01/2010 (h) (j) |
| 2,200 | Florida State Board of Regents, Housing Revenue Bonds (University of 5.25% due 10/01/2026 (h) |
| 3,505 | Florida State Department of Management Services, Division Facilities Bonds (Florida Facilities Pool), Series A, 6% due 9/01/2010 (b) (j) |
| 2,900 | Florida State Governmental Utility Authority, Utility Revenue Bonds 5.125% due 10/01/2033 (b) |
| 11,390 | Hernando County, Florida, School Board, COP, 5% due 7/01/2030 (a) |
| 7,285 | Highlands County, Florida, Health Facilities Authority, Hospital Revenue (Adventist Health System), Series C, 5.25% due 11/15/2036 |
| 6,340 | Hillsborough County, Florida, HFA, S/F Mortgage Revenue Bonds, AMT, due 10/01/2049 (e) (g) |
| 9,500 | Hillsborough County, Florida, IDA, Hospital Revenue Bonds (H. Lee M Project), Series A, 5.25% due 7/01/2037 |
| 3,425 | Hillsborough County, Florida, Port District Revenue Bonds (Tampa Port AMT, 5% due 6/01/2036 (a) |
| 6,600 | Hillsborough County, Florida, School Board, COP (a) (j): 5.375% due 7/01/2009 |
| 33,400 | 6% due 7/01/2009 |
| 1,300 | Indian River County, Florida, Water and Sewer Revenue Refunding Bonds Series A, 5.25% due 9/01/2018 (h) |
| 1,800 | Jacksonville, Florida, Economic Development Commission, Health Care (Mayo Clinic-Jacksonville), Series A, 5.50% due 11/15/2036 (a) |
| 7,305 | Jacksonville, Florida, Guaranteed Entitlement Revenue Refunding and 5.25% due 10/01/2032 (h) |

BlackRock MuniHoldings Florida Insured Fund
 Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

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| Face Amount | Municipal Bonds |
|-------------|---|
| \$ 1,000 | Jacksonville, Florida, HFA, Homeowner Mortgage Revenue Refunding Bonds Series A-1, 5.625% due 10/01/2039 (g) |
| 14,100 | Jacksonville, Florida, Health Facilities Authority, Hospital Revenue Bonds (Baptist Medical Center Project), 5% due 8/15/2037 (c) |
| 1,870 | Jacksonville, Florida, Port Authority, Seaport Revenue Bonds, AMT, 5.50% due 10/01/2039 (g) |
| | Jacksonville, Florida, Sales Tax Revenue Bonds: |
| 2,000 | 5.50% due 10/01/2016 (b) |
| 3,800 | 5.50% due 10/01/2018 (b) |
| 11,400 | 5% due 10/01/2027 (a) |
| 1,500 | Jacksonville, Florida, Water and Sewer Revenue Bonds (United Water AMT, 6.35% due 8/01/2025 (b) |
| 4,225 | Lee County, Florida, Capital Revenue Bonds, 5.25% due 10/01/2023 (b) |
| 80 | Lee County, Florida, HFA, S/F Mortgage Revenue Bonds (Multi-County Series A-1, 7.20% due 3/01/2033 |
| 8,300 | Series A-2, 6% due 9/01/2040 (e) |
| 325 | Lee County, Florida, HFA, S/F Mortgage Revenue Refunding Bonds, AMT Series A-2, 6.30% due 3/01/2029 (e) (g) |
| 7,375 | Lee County, Florida, School Board, COP, Series A, 5% due 8/01/2025 |
| 3,170 | Lee Memorial Health System, Florida, Hospital Revenue Bonds, Series A, 5% due 4/01/2032 |
| 9,000 | 5% due 4/01/2032 (b) |
| 1,605 | Leesburg, Florida, Capital Improvement Revenue Bonds (h): 5.25% due 10/01/2027 |
| 3,425 | 5.25% due 10/01/2034 |
| 4,345 | Manatee County, Florida, HFA, Homeowner Revenue Bonds, AMT, Series A, 5.90% due 9/01/2040 (e) (g) |
| 345 | Manatee County, Florida, HFA, S/F Mortgage Revenue Refunding Bonds, Sub-Series 1, 6.25% due 11/01/2028 (d) |
| 3,675 | Marco Island, Florida, Utility System Revenue Bonds, 5% due 10/01/2039 (g) |
| 5,990 | Martin County, Florida, Utilities System Revenue Bonds, 5.125% due 10/01/2039 (g) |
| 1,630 | Miami Beach, Florida, Stormwater Revenue Bonds (h): 5.75% due 9/01/2016 |
| 1,000 | 5.25% due 9/01/2020 |
| 4,400 | 5.25% due 9/01/2025 |
| 1,910 | 5.375% due 9/01/2030 |
| 2,690 | Miami Beach, Florida, Water and Sewer Revenue Bonds (b): 5.625% due 9/01/2018 |
| 10,600 | 5.75% due 9/01/2025 |
| 7,115 | Miami, Florida, Special Obligation Revenue Bonds (Street and Sidewalk) 5% due 1/01/2037 (a) |

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BlackRock MuniHoldings Florida Insured Fund
 Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

| Face Amount | Municipal Bonds |
|----------------|---|
| | Miami-Dade County, Florida, Aviation Revenue Bonds AMT, Series A: |
| \$ 10,010 | 5% due 10/01/2033 (c) |
| 9,705 | 5.125% due 10/01/2035 (c) |
| 6,000 | (Miami International Airport), 6% due 10/01/2024 (h) |
| 10,000 | (Miami International Airport), 6% due 10/01/2029 (h) |
| 4,700 | Miami-Dade County, Florida, Aviation Revenue Refunding Bonds (Miami AMT, Series A, 5% due 10/01/2040 (q) |
| | Miami-Dade County, Florida, Educational Facilities Authority Revenue Miami), Series A (b) (j): |
| 5,000 | 5.75% due 4/01/2010 |
| 19,425 | 6% due 4/01/2010 |
| | Miami-Dade County, Florida, Expressway Authority, Toll System Revenue |
| 8,995 | 5.25% due 7/01/2027 |
| 12,640 | 5% due 7/01/2033 |
| 12,250 | Miami-Dade County, Florida, Expressway Authority, Toll System Revenue 5.125% due 7/01/2025 (h) |
| 6,705 | Miami-Dade County, Florida, GO (Parks Program), 6% due 11/01/2024 (|
| 5,500 | Miami-Dade County, Florida, HFA, Home Ownership Mortgage Revenue Bo Series A, 5.55% due 10/01/2049 (e) (g) |
| 2,185 | Miami-Dade County, Florida, HFA, M/F Mortgage Revenue Bonds (Marbri AMT, Series 2A, 6% due 8/01/2026 (c) |
| | Miami-Dade County, Florida, IDA, IDR (b): |
| 5,100 | (Airis Miami II LLC Project), AMT, 6% due 10/15/2019 |
| 3,280 | (BAC Funding Corporation Project), Series A, 5.25% due 10/01/20 |
| | Miami-Dade County, Florida, Solid Waste System Revenue Bonds: |
| 2,945 | 5.50% due 10/01/2015 (c) |
| 3,105 | 5.50% due 10/01/2016 (c) |
| 8,800 | 5.25% due 10/01/2030 (a) |
| 5,175 | Nassau County, Florida, Water and Sewer System Revenue Bonds, 5.125% |
| 300 | Orange County, Florida, HFA, S/F Mortgage Revenue Bonds, AMT, 6.85% |
| | Orange County, Florida, Health Facilities Authority, Hospital Revenue (Orlando Regional Healthcare): |
| 9,220 | 6% due 12/01/2012 (j) |
| 5,000 | Series A, 6.25% due 10/01/2018 (a) |
| | Orange County, Florida, School Board, COP: |

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| | |
|--------|--|
| 1,300 | 5.50% due 8/01/2025 (b) |
| 4,500 | Series A, 5% due 8/01/2032 (h) |
| ----- | |
| 31,745 | Orange County, Florida, Tourist Development, Tax Revenue Bonds, 5.7 |
| ----- | |
| 5,335 | Orange County, Florida, Tourist Development, Tax Revenue Refunding 10/01/2029 (b) |
| ----- | |

BlackRock MuniHoldings Florida Insured Fund
 Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

| Face Amount | Municipal Bonds |
|----------------|---|
| ----- | |
| | Orlando and Orange County, Florida, Expressway Authority Revenue Bo |
| \$ 3,250 | 5% due 7/01/2030 |
| 37,550 | 5% due 7/01/2035 |
| ----- | |
| 3,155 | Osceola County, Florida, Infrastructure Sales Surplus Tax Revenue B 10/01/2018 (b) |
| ----- | |
| 5,560 | Osceola County, Florida, Tourist Development Tax Revenue Bonds, Ser 10/01/2027 (h) |
| ----- | |
| 6,115 | Palm Beach County, Florida, School Board, COP, Refunding, Series B, |
| ----- | |
| | Palm Beach County, Florida, School Board, COP, Series A: |
| 5,070 | 6% due 8/01/2010 (h) (j) |
| 13,205 | 6.25% due 8/01/2010 (h) (j) |
| 13,500 | 5% due 8/01/2031 (c) |
| ----- | |
| 3,000 | Panama City, Florida, Water and Sewer Revenue Bonds, Series B, 5.25 |
| ----- | |
| 2,070 | Pembroke Pines, Florida, Public Improvement Revenue Bonds, Series A |
| ----- | |
| 9,885 | Polk County, Florida, School Board COP, Master Lease, Series A, 5.5 |
| ----- | |
| | Port St. Lucie, Florida, Utility Revenue Bonds (a): |
| 1,280 | 5.25% due 9/01/2026 |
| 1,345 | 5.25% due 9/01/2027 |
| ----- | |
| | Saint Johns County, Florida, IDA, IDR, Refunding (Professional Golf |
| 1,275 | 5.50% due 9/01/2015 |
| 1,345 | 5.50% due 9/01/2016 |
| 1,420 | 5.50% due 9/01/2017 |
| 1,500 | 5.50% due 9/01/2018 |
| ----- | |
| 4,980 | Saint Johns County, Florida, Ponte Vedra Utility System Revenue Bon |
| ----- | |
| | Saint Johns County, Florida, Sales Tax Revenue Bonds, Series A (b): |
| 1,375 | 5.25% due 10/01/2028 |
| 1,355 | 5.25% due 10/01/2031 |
| 2,000 | 5.25% due 10/01/2034 |
| ----- | |
| | Saint Johns County, Florida, Sales Tax Revenue Bonds, Series B (b): |

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| | |
|-------|--|
| 1,430 | 5.25% due 10/01/2027 |
| 840 | 5.25% due 10/01/2032 |
| 3,500 | Saint Johns County, Florida, Transportation Improvement Revenue Bonds, 10/01/2032 (b) |
| 4,055 | Saint Lucie County, Florida, School Board, COP, 6.25% due 7/01/2010 |
| 1,495 | Saint Lucie County, Florida, School Board, COP, Refunding (c): Series A, 5.50% due 7/01/2018 |
| 1,170 | Series C, 5.50% due 7/01/2018 |
| 1,720 | Saint Lucie, Florida, West Services District, Utility Revenue Bonds, 5.25% due 10/01/2034 |
| 4,750 | 5% due 10/01/2038 |
| 3,250 | Saint Lucie, Florida, West Services District, Utility Revenue Refunding Bonds, 6% due 10/01/2022 (a) |

BlackRock MuniHoldings Florida Insured Fund
 Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

| Face Amount | Municipal Bonds |
|-------------|--|
| \$ 1,000 | Sarasota County, Florida, Public Hospital Board, Hospital Revenue Bonds (Public Hospital), VRDN, Series A, 3.62% due 7/01/2037 (p) (b) |
| 4,610 | South Florida Water Management District, COP (b): 5% due 10/01/2031 |
| 21,615 | 5% due 10/01/2036 |
| 1,750 | South Lake County, Florida, Hospital District Revenue Bonds (South Lake County), 5.80% due 10/01/2034 |
| 2,250 | Sunrise, Florida, Utility System Revenue Refunding Bonds, 5.20% due 10/01/2034 |
| 2,430 | Sunrise Lakes, Florida, Phase 4 Recreation District, Refunding Bonds, 8/01/2024 (b) |
| 2,800 | Tallahassee, Florida, Lease Revenue Bonds (Florida State University), 5.25% due 8/01/2023 |
| 1,000 | 5.375% due 8/01/2026 |
| 30,335 | Tampa Bay, Florida, Water Utility System Revenue Bonds, 6% due 10/01/2034 |
| 3,835 | Taylor County, Florida, Sales Tax Revenue Bonds, 6% due 10/01/2010 |
| 8,935 | University of Central Florida (UCF) Athletics Association Inc., COP, 10/01/2034 (h) |
| 1,500 | University of North Florida, Capital Improvement Revenue Bonds (Houma), 11/01/2032 (h) |
| 5,800 | University of North Florida Financing Corporation, Capital Improvement Revenue Bonds, 10/01/2034 (h) |

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(Housing Project), 5% due 11/01/2037 (h)

| | | |
|--------------------|--------|--|
| | | Village Center Community Development District, Florida, Recreational Series A (a): |
| | 10,775 | 5.375% due 11/01/2034 |
| | 1,750 | 5.125% due 11/01/2036 |
| | 3,000 | Village Center Community Development District, Florida, Utility Revenue Refunding Bonds, Series A, 5% due 10/01/2023 (a) |
| | | Volusia County, Florida, IDA, Student Housing Revenue Bonds (Stetson County), Series A (l): |
| | 2,075 | 5% due 6/01/2025 |
| | 1,740 | 5% due 6/01/2035 |
| Georgia - 1.9% | 9,700 | Atlanta, Georgia, Airport Passenger Facility Charge and Subordinate Refunding Bonds, Series C, 5% due 1/01/2033 (c) |
| Puerto Rico - 1.5% | 2,600 | Puerto Rico Commonwealth, Public Improvement, GO, Series A, 5.25% due 7/01/2031 (d) |
| | 2,500 | Puerto Rico Electric Power Authority, Power Revenue Bonds, Series T, 5.25% due 7/01/2031 (e) |
| | 2,725 | Puerto Rico Industrial, Tourist, Educational, Medical and Environmental Revenue Bonds (University Plaza Project), Series A, 5.625% due 7/01/2031 (f) |
| | | Total Municipal Bonds (Cost - \$794,179) - 151.9% |

Municipal Bonds Held in Trust (f)

| | | |
|-----------------|--------|--|
| Florida - 19.8% | 28,210 | Florida State Board of Education, Lottery Revenue Bonds, Series B, 6% due 7/01/2010 (h) (j) |
| | 28,650 | Florida State Turnpike Authority, Turnpike Revenue Bonds (Department of Transportation), Series A, 6.25% due 7/01/2010 (h) (j) |
| | 19,925 | Lee County, Florida, Airport Revenue Bonds, AMT, Series A, 6% due 10/01/2031 (k) |
| | 15,000 | Miami-Dade County, Florida, Aviation Revenue Refunding Bonds (Miami-Dade County), Series A, 5% due 10/01/2040 (q) |

BlackRock MuniHoldings Florida Insured Fund
 Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

| Face Amount | Municipal Bonds Held in Trust (f) |
|-------------|--|
| \$ 8,790 | Santa Rosa County, Florida, School Board, COP, Revenue Refunding Bonds, Series A, 5% due 2/01/2031 (h) |
| | Total Municipal Bonds Held in Trust (Cost - \$104,996) - 19.8% |

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Shares
Held Short-Term Securities

27,024 CMA Florida Municipal Money Fund, 2.88% (m) (o)

Total Short-Term Securities (Cost - \$27,024) - 5.0%

Total Investments (Cost - \$926,199*) - 176.7%

Other Assets Less Liabilities - 0.6%

Liability for Trust Certificates, Including Interest Expense Payable

Preferred Shares, at Redemption Value - (67.5%)

Net Assets Applicable to Common Shares - 100.0%

* The cost and unrealized appreciation (depreciation) of investments as of November 30, 2007, as computed for federal income tax purposes, were as follows:

| | |
|-------------------------------|------------|
| Aggregate cost | \$ 879,789 |
| | ===== |
| Gross unrealized appreciation | \$ 23,050 |
| Gross unrealized depreciation | (3,334) |
| | ----- |
| Net unrealized appreciation | \$ 19,716 |
| | ===== |

- (a) MBIA Insured.
- (b) AMBAC Insured.
- (c) FSA Insured.
- (d) GNMA Collateralized.
- (e) FHLMC Collateralized.
- (f) Securities represent underlying bonds transferred to a separate securitization trust established in a tender option bond transaction in which the Fund may have acquired the residual interest certificates. These securities serve as collateral in a financing transaction.
- (g) FNMA/GNMA Collateralized.
- (h) FGIC Insured.
- (i) FHA Insured.
- (j) Prerefunded.
- (k) Radian Insured.
- (l) CIFG Insured.
- (m) Investments in companies considered to be an affiliate of the Fund, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, were as follows:

| Affiliate | Net Activity | Dividend Income |
|----------------------------------|--------------|-----------------|
| CMA Florida Municipal Money Fund | 23,654 | \$113 |

- (n) Assured Guaranty Insured.
- (o) Represents the current yield as of November 30, 2007.

BlackRock MuniHoldings Florida Insured Fund
Schedule of Investments as of November 30, 2007 (Unaudited) (in Thousands)

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- (p) Security may have a maturity of more than one year at time of issuance, but has variable rate and demand features that qualify it as a short-term security. The rate disclosed is that currently in effect. This rate changes periodically based upon prevailing market rates.
- (q) XL Capital Insured.

Item 2 - Controls and Procedures

- 2(a) - The registrant's principal executive and principal financial officers or persons performing similar functions have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the "1940 Act")) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13a-15(b) under the Securities and Exchange Act of 1934, as amended.
- 2(b) - There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 - Exhibits

Certifications - Attached hereto

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock MuniHoldings Florida Insured Fund

By: /s/ Donald C. Burke

Donald C. Burke,
Chief Executive Officer of
BlackRock MuniHoldings Florida Insured Fund

Date: January 16, 2008

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ Donald C. Burke

Donald C. Burke,
Chief Executive Officer (principal executive officer) of
BlackRock MuniHoldings Florida Insured Fund

Date: January 16, 2008

By: /s/ Neal J. Andrews

Neal J. Andrews,

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Chief Financial Officer (principal financial officer) of
BlackRock MuniHoldings Florida Insured Fund

Date: January 16, 2008