PIWEK BRIAN Form 4 August 08, 2005

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

obligations

may continue.

See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

Section 16.

Form 4 or

Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

08/08/2005

(Print or Type Responses)

1. Name and Address of Reporting Person * PIWEK BRIAN			2. Issuer Name and Ticker or Trading Symbol GREAT ATLANTIC & PACIFIC TEA CO INC [GAP]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(Month/			ate of Earliest Transaction nth/Day/Year) 04/2005				Director 10% Owner Solution Other (specify below) below) PRES, CHIEF OPERATING OFFICER				
MONUTAL	(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting			
MONTVA	LE, NJ 07645							Person		r6		
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative S	Secur	ities Acqu	uired, Disposed of	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Ye:	med on Date, if Day/Year)	Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) ay/Year) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)			
Common Stock	08/04/2005			M	21,101	A	\$ 4.6	21,101	D			
Common Stock	08/04/2005			S	21,101	D	\$ 26.57	0	D			
Common Stock	08/05/2005			M	28,900	A	\$ 6.47	28,900	D			
Common Stock	08/05/2005			S	28,900	D	\$ 25.5	0	D			

M

10,000 A

\$ 6.47 10,000

D

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Common Stock 08/08/2005 S 10,000 D \$ 25.5 0 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 4.6	08/04/2005		M		21,101	<u>(1)</u>	07/31/2006	Common Stock	21,101
Employee Stock Option (right to buy)	\$ 6.47	08/05/2005		M		28,900	<u>(1)</u>	07/31/2006	Common Stock	28,900
Employee Stock Option (right to buy)	\$ 6.47	08/08/2005		M		10,000	<u>(1)</u>	07/31/2006	Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PIWEK BRIAN 2 PARAGON DRIVE MONTVALE, NJ 07645

PRES, CHIEF OPERATING OFFICER

Reporting Owners 2

Signatures

Joan Roensch, Attorney-in-Fact for Brian Piwek

08/08/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Issuer immediately vested Mr. Piwek's outstanding, unvested options upon his July 31, 2005 resignation from the Company.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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