JACKS ETHAN E

Form 4

December 14, 2004

#### FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

#### **OMB APPROVAL**

**OMB** Number:

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Expires:

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Washington, D.C. 20549

Form 4 or Form 5 obligations may continue.

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * JACKS ETHAN E			2. Issuer Name <b>and</b> Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Check all applicable)			
86 CONCORD STREET		(Month/Day/Year) 12/10/2004					Director 10% OwnerX_ Officer (give title Other (specify below)  SVP Business Development &				
	(Street)		4. If Am	endment, I	Oate Origin	nal	6	6. Individual or Joi	int/Group Filin	g(Check	
WESTON,	Filed(Month/Day/Year)				-	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		n Date, if Transactionr Disposed of (D) Code (Instr. 3, 4 and 5)			(D)	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock	12/10/2004			M	4,882	A	\$ 29.8125	7,103	D		
Common Stock	12/10/2004			M	118	A	\$ 14.13	7,221	D		
Common Stock	12/13/2004			M	2,500	A	\$ 29.8125	9,721	D		
Common Stock	12/13/2004			M	195	A	\$ 14.13	9,916	D		
Common Stock	12/13/2004			M	312	A	\$ 22.01	10,228	D		

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Common Stock	12/13/2004	S	200	D	\$ 59.5712	10,028	D
Common Stock	12/13/2004	S	604	D	\$ 59.58	9,424	D
Common Stock	12/13/2004	S	300	D	\$ 59.59	9,124	D
Common Stock	12/13/2004	S	1,903	D	\$ 59.6	7,221	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number coof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Sect (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	An or No of Sh
Incentive Stock Option (right to buy)	\$ 29.8125	12/10/2004		M	4,882	03/15/2000(2)	03/15/2009	Common Stock	4
Incentive Stock Option (right to buy)	\$ 14.13	12/10/2004		M	118	09/06/2002(1)	03/06/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 29.8125	12/13/2004		M	2,500	03/15/2000(2)	03/15/2009	Common Stock	2
Non-Qualified Stock Option (right to buy)	\$ 14.13	12/13/2004		M	195	09/06/2002(1)	03/06/2012	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.01	12/13/2004		M	312	07/10/2003(1)	01/10/2013	Common Stock	

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## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

JACKS ETHAN E 86 CONCORD STREET WESTON, MA 02493

SVP Business Development &

# **Signatures**

Ethan E. Jacks 12/14/2004
\*\*Signature of Date

Reporting Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.
- (2) 25% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 75% becomes exercisable in 12 equal quarterly installments beginning three months after the date listed in the "Date Exercisable" column.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3