MILBURY PAUL J

Form 4

November 09, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL OMB

Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

burden hours per

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if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

•			Symbol	•				Issuer			
			AVID TECHNOLOGY INC [AVID]					(Check all applicable)			
(Last) 21 BEAVE	(First) ER STREET	(Middle)		of Earliest Day/Year) 2004	Fransactio	n		Director _X_ Officer (give pelow) VP & Chic		Owner er (specify	
BOSTON,	(Street) 4. If Amo Filed(Mo				Oate Origin ear)	nal	- -	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City) (Ctaty) (7:m)				L. I. New Design Committee Asset				Person uired, Disposed of, or Beneficially Owned			
							_				
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	e) Execution any	ned n Date, if Day/Year)	Code (Instr. 8)	iomr Dispo (Instr. 3	osed of , 4 and (A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	11/05/2004			Code V	4,989	(D)	Price \$ 18.5625	6,789	D		
Common Stock	11/05/2004			M	1,042	A	\$ 9.96	7,831	D		
Common Stock	11/05/2004			S	1,460	D	\$ 53.07	6,371	D		
Common Stock	11/05/2004			S	900	D	\$ 53.06	5,471	D		
Common Stock	11/05/2004			S	400	D	\$ 53.05	5,071	D		

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Common Stock 11/05/2004 S 271 D \$53.03 4,800 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number coof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	An or No of Sh
Incentive Stock Option (right to buy)	\$ 18.5625	11/05/2004		M	4,989	06/14/2001(1)	12/14/2010	Common Stock	4
Non-Qualified Stock Option (right to buy)	\$ 9.96	11/05/2004		M	1,042	02/28/2002(1)	08/30/2011	Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships
Reporting Owner Name / Address	

Director 10% Owner Officer Other

MILBURY PAUL J 21 BEAVER STREET BOSTON, MA 02108

VP & Chief Financial Officer

Signatures

Paul J. Milbury

11/08/2004

**Signature of Date

**Signature of D Reporting Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.