KRALL DAVID

Form 4 November 24, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

Expires:

5 Relationship of Reporting Person(s) to

D

D

D

January 31, 2005

0.5

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Common

Common

Stock

Stock

Stock

11/22/2004

11/22/2004

11/22/2004

(Print or Type Responses)

1 Name and Address of Reporting Person *

KRALL DAVID				2. Issuer Name and Ticker or Trading Symbol AVID TECHNOLOGY INC [AVID]				Issuer (Check all applicable)		
	(Last)	(First)		ate of Earliest T	ransaction			`	**	,
31 AVERY LANE				(Month/Day/Year) 11/22/2004				X Director 10% Owner X Officer (give title Other (specify below) President & CEO		
(Street) ANDOVER, MA 01810				Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
	(City)	(State)	(Zip)	Table I - Non-I	Derivative	Securi		ired, Disposed of,	or Beneficial	ly Owned
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date any (Month/Day/Ye	Code	4. Securition Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	Common Stock	11/22/2004		M	29,012	A	\$ 11.375	66,467	D	
	Common Stock	11/22/2004		S	7,400	D	\$ 55	59,067	D	

S

S

S

1,500

3,800

1,600

D

D

D

\$ 55.01 57,567

\$ 55.02 53,767

\$ 55.03 52,167

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Common Stock	11/22/2004	S	10,012	D	\$ 55.04 42,155	D
Common Stock	11/22/2004	S	2,700	D	\$ 55.05 39,455	D
Common Stock	11/22/2004	S	300	D	\$ 55.09 39,155	D
Common Stock	11/22/2004	S	400	D	\$ 55.1 38,755	D
Common Stock	11/22/2004	S	1,300	D	\$ 55.16 37,455	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secur (Instr. 3 and 4)	
	Derivative Security				or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 11.375	11/22/2004		M	29,012	05/09/2000	11/09/2009	Common Stock	29

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
KRALL DAVID							
31 AVERY LANE	X		President & CEO				
ANDOVER, MA 01810							

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Signatures

David A. Krall 11/23/2004

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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