AVID TECHNOLOGY INC

Form 4

December 06, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

response...

5. Relationship of Reporting Person(s) to

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

BENTIVEGNA JOSEPH			Symbol AVID TECHNIOLOGY ING (AVID)					Issuer			
	AVID TECHNOLOGY INC [AV				AVIDJ	(Check all applicable)					
(Last) (First) (Middle) 1 WHISTLER LANE			3. Date of Earliest Transaction (Month/Day/Year) 12/02/2004					Director 10% Owner Self-condition of the condition of the			
	(Street)		4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
File SOUTHBOROUGH, MA 01722				Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	le I - Non-I	Derivative (Secur	ities Acqu	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	r) Execution		3.	4. Securit on(A) or Dia (Instr. 3, 4)	ies Ac	equired	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Common Stock	12/02/2004			M	10,000	A	\$ 29	20,451	D		
Common Stock	12/02/2004			M	625	A	\$ 12.8	21,076	D		
Common Stock	12/02/2004			M	313	A	\$ 14.13	21,389	D		
Common Stock	12/02/2004			M	447	A	\$ 22.01	21,836	D		
Common Stock	12/02/2004			M	178	A	\$ 22.01	22,014	D		

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Common Stock	12/02/2004	N	1	3,938	A	\$ 42.91	25,952	D
Common Stock	12/02/2004	S	\$	5,198	D	\$ 57.6	20,754	D
Common Stock	12/02/2004	S	\$	100	D	\$ 57.62	20,654	D
Common Stock	12/02/2004	S	S	500	D	\$ 57.63	20,154	D
Common Stock	12/02/2004	S	5	204	D	\$ 57.65	19,950	D
Common Stock	12/02/2004	S	3	500	D	\$ 57.69	19,450	D
Common Stock	12/02/2004	S	3	999	D	\$ 57.71	18,451	D
Common Stock	12/02/2004	S	3	2,000	D	\$ 57.74	16,451	D
Common Stock	12/02/2004	S	3	100	D	\$ 57.75	16,351	D
Common Stock	12/02/2004	S	S	600	D	\$ 57.76	15,751	D
Common Stock	12/02/2004	S	S	200	D	\$ 57.77	15,551	D
Common Stock	12/02/2004	S	S	300	D	\$ 57.85	15,251	D
Common Stock	12/02/2004	S	S	200	D	\$ 57.86	15,051	D
Common Stock	12/02/2004	S	S	100	D	\$ 57.87	14,951	D
Common Stock	12/02/2004	S	S	100	D	\$ 57.88	14,851	D
Common Stock	12/02/2004	S	S	100	D	\$ 57.9	14,751	D
Common Stock	12/02/2004	S	3	500	D	\$ 57.92	14,251	D
Common Stock	12/02/2004	S	3	300	D	\$ 57.95	13,951	D
Common Stock	12/02/2004	S	5	390	D	\$ 57.96	13,561	D
Common Stock	12/02/2004	S	3	200	D	\$ 57.96	13,361	D
	12/02/2004	S	S	600	D		12,761	D

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Common Stock					\$ 57.97		
Common Stock	12/02/2004	S	1,600	D	\$ 58	11,161	D
Common Stock	12/02/2004	S	500	D	\$ 58.01	10,661	D
Common Stock	12/02/2004	S	1,485	D	\$ 58.02	9,176	D
Common Stock	12/02/2004	S	100	D	\$ 58.07	9,076	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisab Expiration Date (Month/Day/Year	7. Title and Ar Underlying Se (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-qualified Stock Option (right to buy)	\$ 29	12/02/2004		M	10,000	01/30/1999(2)	01/30/2008	Common Stock
Non-qualified Stock Option (right to buy)	\$ 12.8	12/02/2004		M	625	10/17/2001(1)	04/17/2011	Common Stock
Incentive Stock Option (right to buy)	\$ 14.13	12/02/2004		M	313	09/06/2002(1)	03/06/2012	Common Stock
Non-qualified Stock Option (right to buy)	\$ 22.01	12/02/2004		M	447	07/10/2003(1)	01/10/2013	Common Stock
Incentive Stock Option (right to buy)	\$ 22.01	12/02/2004		M	178	07/10/2003(1)	01/10/2013	Common Stock

Non-qualified

Common 3,938 08/10/2004(1) 02/10/2014 Stock Option \$42.91 12/02/2004 M Stock

(right to buy)

Reporting Owners

Relationships Reporting Owner Name / Address

> Other Director 10% Owner Officer

BENTIVEGNA JOSEPH COO, Video 1 WHISTLER LANE SOUTHBOROUGH, MA 01722 Division

Signatures

Joseph

Bentivegna 12/06/2004 Date

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.
- 25% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 75% becomes exercisable in 12 equal quarterly installments beginning three months after the date listed in the "Date Exercisable" column.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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