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| Check this box if no longer subject to Section 16. Form 4 or Form 5 Filed p | D STATES EMENT OI pursuant to S | Wash F CHAN Section 16 | hington, GES IN SECUR 5(a) of th ility Hold | D.C. 20 BENEFI ITIES e Securit ling Com | 549 [CIA] ies Ez ipany | L OW techang Act o | COMMISSION NERSHIP OF ge Act of 1934, f 1935 or Sectic 40 | OMB Number: Expires: Estimated burden hou response | urs per |
|--|---------------------------------------|-------------------------------------|---|---|---|--------------------------|--|--|------------------------------|
| 1. Name and Address of Reporti RAMPACEK CHARLES | e – | 2. Issuer Symbol FLOWS | | Ticker or | | g | 5. Relationship o Issuer | f Reporting Per | rson(s) to |
| (Last) (First) 5215 N. O'CONNOR BLV SUITE 2300 | (Middle) /D., | 3. Date of (Month/Da 08/24/20 | Earliest Tr ay/Year) | - | .0] | | (Chee X Director Officer (give below) | | e) % Owner er (specify |
| (Street) IRVING, TX 75039 | Filed(Month/Day/Year) | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting | | | | |
| (City) (State) | (Zip) | Table | I - Non-D | erivative (| Securi | ties Ac | Person quired, Disposed o | f or Beneficia | llv Owned |
| 1.Title of Security (Instr. 3)2. Transaction 1 (Month/Day/Ye) | ear) Executio any | | 3. Transacti Code | 4. Securi onAcquired Disposed | ities 1 (A) c 1 of (D | or)) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | • |
| Common Stock (\$1.25 par 08/24/2006 value per share) | | | Code V | Amount 4,040 | | Price \$ 0 | (Instr. 3 and 4) 28,320 | I | Rabbi Trust |
| Common Stock (\$1.25 par value per share) | | | | | | | 1,200 <u>(1)</u> | I | By Wife |
| Common Stock | | | | | | | 7,800 | D | |

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(\$1.25 par value per share)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | 5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | Expiration D (Month/Day/ e | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|--|---|----------------------------------|--|-----------------|---|--|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |
| Stock Option (right-to-buy) | \$ 13.13 | | | | | (2) | 04/20/2010 | Common Stock | 2,000 | |
| Stock Option (right-to-buy) | \$ 25.69 | | | | | (2) | 04/19/2011 | Common Stock | 1,500 | |
| Stock Option (right-to-buy) | \$ 32.12 | | | | | (2) | 04/18/2012 | Common Stock | 1,500 | |
| Stock Option (right-to-buy) | \$ 14.29 | | | | | (2) | 04/21/2013 | Common Stock | 1,500 | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|--|---------------|-----------|---------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| RAMPACEK CHARLES M 5215 N. O'CONNOR BLVD., SUITE 2300 IRVING, TX 75039 | Х | | | | | | |

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Signatures

/s/ Tara D. Mackey, attorney in fact

08/28/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Reporting Person disclaims beneficial ownership of Common Stock held by his wife in her IRA account, except to the extent of his pecuniary interest.
- (2) Option shares are fully vested and exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.