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Cook Christ Form 4 August 30, FORN Check t if no lor subject Section Form 4 Form 5 obligation may con <i>See</i> Inst 1(b).	2011 A 4 UNITED STA his box nger to 16. or Filed pursuan Section 17(a) of 2	Wa T OF CHA t to Section	nshingt NGES SEC 16(a) o Jtility H	ton, IN CUR f th Hole	D.C. 205 BENEFIC ATTES e Securitie ding Comp	7 49 C IAI es Ex pany	OW chang Act of		OMB Number: Expires: Estimated burden ho response	ours per	
(Print or Type 1. Name and Cook Chris	Address of Reporting Perso	Symbol			l Ticker or T	-		5. Relationship of Issuer	f Reporting P	erson(s) to	
(Last) (First) (Middle) 3. Date of I (Month/Da 504 REDWOOD BOULEVARD, 05/13/20 SUITE 100			of Earlie Day/Yea	st Tı	• -	MRC	.]	(Check all applicable) <u>X</u> Officer (give title 10% Owner below) Executive Vice President			
NOVATO,	(Street) CA 94947	4. If Am Filed(Me			ate Original			6. Individual or Jo Applicable Line) _X_ Form filed by M Form filed by M Person	One Reporting	Person	
(City)	(State) (Zip)	Tal	ole I - No	on-E	Derivative S	ecurit	ies Acq	uired, Disposed o	f, or Benefici	ially Owned	
1.Title of Security (Instr. 3)	any		3. Transa Code (Instr.	actio 8)	4. Securitie n(A) or Disp (Instr. 3, 4	es Acq posed o	uired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	05/12/2011		Code		Amount	(D)	Price	· · ·	т		
Stock	05/13/2011		J <u>(1)</u>	V	15.7894	А	\$0	3,570.4117	Ι	By ESOP	
Common Stock	08/12/2011		J <u>(1)</u>	V	15.0461	А	\$0	3,585.4578	Ι	By ESOP	
Common Stock								2,375	D		
Common Stock								75.963	I	By self as custodian for son under CAUTMA	

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Common Stock						75.963	Ι	unde	dian aughter	
Reminder: Report on a separate line for each class of securities benefic				ficially owned directly or indirectly. Persons who respond to the collection of sEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.						
			ative Securities Acq puts, calls, warrants				Owned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactie Code (Instr. 8)	of		ate	7. Title and A Underlying S (Instr. 3 and	Securities	8. Price Derivat Securit (Instr. 5
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to buy)	\$ 38					(2)	04/01/2021	Common Stock	1,650	
Stock Options (Right to buy)	\$ 33.1					<u>(2)</u>	04/01/2020	Common Stock	1,750	
Stock Options (Right to buy)	\$ 22.25					(2)	04/01/2019	Common Stock	2,400	
Stock Options (Right to buy)	\$ 28.75					(2)	05/01/2018	Common Stock	920	
Stock Options (Right to	\$ 35.18					(2)	05/01/2017	Common Stock	3,000	

buy)				
Stock Options (Right to buy) \$ 34.5	<u>(2)</u>	05/01/2016	Common Stock	1,500
Stock Options (Right to buy) \$ 33.3333	<u>(3)</u>	04/01/2015	Common Stock	5,513

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Cook Christina J 504 REDWOOD BOULEVARD, SUITE 100 NOVATO, CA 94947			Executive Vice President			
Cianaturaa						

Signatures

Megan Garner, Attorney-in-Fact 08/30/2011

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exempt under Rule 16A-11 Additional shares resulting from dividend reinvestments

Date

- (2) Exercisable 20% per year beginning on first anniversary date of grant
- (3) Exercisable 20% per year beginning on date of grant

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.