#### HOLDING FRANK B JR

Form 4

Stock

Stock

Class A

Common

Class A Common

November 21, 2018

November 21, 2	2018									
<b>FORM</b>	4								APPROVAL	
	UNITED	STATES		ITIES A shington,			COMMISSIO	N OMB Number:	3235-0287	
Check this b if no longer subject to Section 16. Form 4 or		IENT OI	F CHAN	CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					January 31, 2005 d average ours per	
	Form 5 obligations may continue. See Instruction  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  30(h) of the Investment Company Act of 1940									
(Print or Type Res	ponses)									
1. Name and Add HOLDING FR	ress of Reporting I RANK B JR	Person *	Symbol	Name and		Trading SHARES	5. Relationship Issuer	of Reporting F		
			INC /DI	E/ [FCNC	[A]		(CII	еск ан арриса	oie)	
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)			_X_ DirectorX_ 10% Owner _X_ Officer (give title Other (specify below)				
4300 SIX FORKS ROAD			11/20/2018				Chairman and CEO			
RALEIGH, NO	(Street) C 27609			ndment, Da th/Day/Year	_		6. Individual or Applicable Line) _X_ Form filed by Form filed by Person		Person	
(City)	(State)	(Zip)								
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securities A	equired, Disposed	of, or Benefic	ially Owned	
	. Transaction Date Month/Day/Year)	Execution any		Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A Common Stock							386,270	D		
Class A Common							11,140	I	As beneficiary	

of Trust

By Spouse

As custodian

for B.P.

8,525 (1)

19,400 (1)

I

I

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Stock								Holding
Class A Common Stock						17,350 <u>(1)</u>	I	As custodian for L.R. Holding II
Class A Common Stock						11,228	I	By son, Lewis R. Holding II
Class B Common Stock						99,631	D	
Class B Common Stock						2,122	I	As beneficiary of Trust
Class B Common Stock						1,399 (1)	I	By spouse
Class B Common Stock						178 (1)	I	As custodian for F. B. Holding III
Class B Common Stock						13,524	I	As custodian for B. P. Holding
Class B Common Stock	11/20/2018	P	75	A	\$ 385	10,807	I	As custodian for L.R. Holding II
Class B Common Stock						19,450 (1)	I	By son Lewis R. Holding II

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1.	Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
D	erivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orNumber	Expiration Date	Amount of	Derivative	Deriv
Se	ecurity	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(I	nstr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
		Derivative				Securities	<b>S</b>	(Instr. 3 and 4)		Owne
		Security				Acquired				Follo
						(A) or				Repo
						Disposed				Trans
						of (D)				(Instr

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(Instr. 3, 4, and 5)

				Amount
Code V (A) (D)	Date Exercisable	Expiration Date	Title	or Number of Shares

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
r	Director	ctor 10% Owner Officer		Other			
HOLDING FRANK B JR 4300 SIX FORKS ROAD	X	X	Chairman and CEO				
RALEIGH, NC 27609	Λ	Λ	Chairman and CEO				

# **Signatures**

Frank B. Holding, Jr., By: William R. Lathan, Jr.,
Attorney-in-Fact

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed an admission that the (1) reporting person is the beneficial owner of such securities for purposes of Section 16 of the Securities Exchange Act of 1934 or for any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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