**ZUCCONI PAUL J** 

Form 4

January 05, 2010

### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number: 32

3235-0287

0.5

Expires: January 31, 2005

**OMB APPROVAL** 

Estimated average burden hours per

burden hours per response...

5. Relationship of Reporting Person(s) to

Issuer

1,500

Ι

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

TORCHMARK CORP [TMK]

Symbol

1(b).

Torchmark Capital

Trust

Preferred Securities III

(Print or Type Responses)

**ZUCCONI PAUL J** 

1. Name and Address of Reporting Person \*

				TORCHWARK CORP [TWK]						(Check all applicable)					
	(Last)	3. Date of l	3. Date of Earliest Transaction						11	,					
2801 MILL HAVEN DRIVE				(Month/Day/Year) 01/04/2010						_X_ Director 10% Owner Officer (give title below) Other (specify below)					
(Street)				4. If Amen	4. If Amendment, Date Original						6. Individual or Joint/Group Filing(Check				
				Filed(Month/Day/Year)						Applicable Line)					
	PLANO, TX							_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											ially Owned			
	1.Title of	2. Transaction I	Date 2A. De	eemed	3.		4. Securit	ies		5. Amount of	6.	7. Nature of			
	Security	(Month/Day/Ye	Ionth/Day/Year) Execution		* * * * * * * * * * * * * * * * * * * *					Securities	Ownership	Indirect			
(Instr. 3) any			Code Disposed of (D) (Day/Year) (Instr. 8) (Instr. 3, 4 and 5)					Beneficially	Form:	Beneficial					
			(Monti	(Month/Day/Year)		V	Amount	(A) or		Owned Following Reported Transaction(s) (Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)			
	Common Stock	01/04/2010			A		3,708	A	\$0	4,934	D				
	Common Stock									3,786.877	I	By Family Partnership			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

By Family

Partnership

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Date		Amou	ınt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities	3		(Instr.	. 3 and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration	Title	or Number		
						Exercisable	Date				
				Codo V	(A) (D)				of Charas		
				Code V	(A) (D)				Shares		

#### **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

ZUCCONI PAUL J 2801 MILL HAVEN DRIVE X PLANO, TX 75093

## **Signatures**

Paul J. Zucconi, By:/s/Carol A. McCoy, Attorney-in-fact

01/05/2010 Date

\*\*Signature of Reporting Person

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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