KING ANDREW W Form 4 April 04, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** KING ANDREW W			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
(Last)		TORCHMARK CORP [TMK] 3. Date of Earliest Transaction	(Check all applicable)				
UNITED AMERICAN INSURANCE COMPANY, 3700 SOUTH STONEBRIDGE DRIVE			(Month/Day/Year) 03/31/2011	Director 10% Owner Officer (give titleX Other (specify below) Exec. Officer of Principal Sub			

(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person ___ Form filed by More than One Reporting

MCKINNEY, TX 75070

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/31/2011		Code V M	Amount 1,550	(D)	Price \$ 37.375	· ·	D		
Common Stock	03/31/2011		M	6,780	A	\$ 38.2	66,034	D		
Common Stock	03/31/2011		M	7,500	A	\$ 37.44	73,534	D		
Common Stock	03/31/2011		M	35,000	A	\$ 54.77	108,534	D		
Common Stock	03/31/2011		S	42,655	D	\$ 66.3125	65,879	D		

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(1) (2)

Common Stock	23,255 <u>(3)</u> I	Thrift Plan Trust
Reminder: Report on a separate line for each class of securities ber	Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.	SEC 1474 (9-02)
Table II - Derivative Securities A	cquired, Disposed of, or Beneficially Owned	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 37.375	03/31/2011		M		1,550	<u>(4)</u>	12/20/2011	Common Stock	1,550
Employee Stock Option (Right to Buy)	\$ 38.2	03/31/2011		M		6,780	12/13/2004	12/13/2012	Common Stock	6,780
Employee Stock Option (Right to Buy)	\$ 37.44	03/31/2011		M		7,500	12/16/2005	12/18/2012	Common Stock	7,500
Employee Stock Option (right to Buy)	\$ 54.77	03/31/2011		M		35,000	11/04/2005	05/04/2012	Common Stock	35,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

KING ANDREW W UNITED AMERICAN INSURANCE COMPANY 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070

Exec. Officer of Principal Sub

Signatures

Andrew W. King, By: /s/Carol A. McCoy, Attorney-in-fact

04/04/2011

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales at prices ranging from \$66.2301 per share to \$66.42 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.
- (3) Shares in unitized fund in employee benefit plan estimated conversion of transferred \$ balance using \$66.48 per share.
- (4) First exercisable annually as on anniversary of original grant date as to 1/10 of option shares, commencing 12/13/2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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