Lenzen Kathie J. Form 4 September 18, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number: January 31, Expires:

2005 0.5

Estimated average burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock.

\$0.000001 par value

(Print or Type Responses)

Name and Address of Reporting Person * Lenzen Kathie J.			Symbol	Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle)			3. Date of E (Month/Day 09/15/20)	nsaction	Director 10% OwnerX Officer (give title Other (specify below) Chief Financial Officer 6. Individual or Joint/Group Filing(Check				
		4. If Amendment, Date Original							
BELGRADE,		Filed(Month	Ū	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	Zip)	Table	I - Non-De	rivative Securities Ac	quired, Disp	posed o	f, or Beneficial	ly Owned
1.Title of	2. Transaction Dat	e 2A. Dee	emed	3.	4. Securities	5. Amoun	t of	6. Ownership	7. Nature of
Security	(Month/Day/Year	Execution	on Date, if	Transactio	onAcquired (A) or	Securities		Form: Direct	Indirect
(Instr. 3)		any		Code	Disposed of (D)	Beneficial	lly	(D) or	Beneficial
		(Month/	Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned		Indirect (I)	Ownership

Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common

> 0 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Following

(Instr. 4)

(Instr. 4)

Edgar Filing: Lenzen Kathie J. - Form 4

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 4.66	09/15/2018		A	130,000	<u>(1)</u>	09/15/2028	Common Stock	130,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Lenzen Kathie J. 664 CRUISER LANE BELGRADE, MT 59714

Chief Financial Officer

Signatures

/s/ Amy Culbert, attorney-in-fact 09/18/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vests with respect to 32,500 shares on each of September 15, 2019, September 15, 2020, September 15, 2021 and September 15, 2022, subject to such Reporting Person's continued employment with Xtant Medical Holdings, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2