Asbjornson Scott M Form 4 September 05, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

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1(b).

(Print or Type Responses)

1. Name and Asbjornson	Symbol		d Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (N	Middle) 3. Date	of Earliest T	ransaction	(Click	ж ан аррисаон	•)	
3723 HOLI	LY TRAIL	(Month/ 08/31/	Day/Year) 2012		X_ Officer (give below)	e title 10% below) ident,Finance &	er (specify	
	4. If An	endment, D	ate Original	6. Individual or Joint/Group Filing(Check				
LONGVIE	Filed(M	onth/Day/Yea	r)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip) Tal	ole I - Non-	Derivative Securities Acq	quired, Disposed o	f, or Beneficial	ly Owned	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature o	
Security	(Month/Day/Year)	Execution Date, if	Transacti	on(A) or Disposed of (D)	Securities	Ownership	Indirect	
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)	Beneficially	Form: Direct	Beneficial	
		(Month/Day/Year)	(Instr. 8)		Owned	(D) or	Ownership	

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	, ,
Common Stock, par value \$.004	08/31/2012	08/31/2012	M	4,500	A	\$ 7.21	619,587	D	
Common Stock, par value \$.004	08/31/2012	08/31/2012	M	22,500	A	\$ 12.29	642,087	D	
Common Stock, par value \$.004	08/31/2012	08/31/2012	M	3,600	A	\$ 11.31	645,687	D	
Common Stock, par	08/31/2012	08/31/2012	M	4,500	A	\$ 10.21	650,187	D	

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value \$.004

Common Stock, par value \$.004	08/31/2012	08/31/2012	M	6,000	A	\$ 15.51	656,187	D
Common Stock, par value \$.004	08/31/2012	08/31/2012	S	41,100	D	\$ 18.4	615,087 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 7.21	08/31/2012	08/31/2012	M	4,500	04/06/2006	04/06/2015	Common Stock	4,500
Stock Option (Right to Buy)	\$ 12.29	08/31/2012	08/31/2012	M	22,500	05/08/2007	05/08/2016	Common Stock	22,500
Stock Option (Right to Buy)	\$ 11.31	08/31/2012	08/31/2012	M	3,600	03/10/2009	03/10/2018	Common Stock	4,500
Stock Option (Right to Buy)	\$ 10.21	08/31/2012	08/31/2012	M	4,500	03/09/2010	03/09/2019	Common Stock	7,500
Stock Option (Right to	\$ 15.51	08/31/2012	08/31/2012	M	6,000	05/25/2011	05/25/2020	Common Stock	15,000

Buy)

Stock

Buy)

Option \$ 19.47 (Right to

05/15/2013 05/15/2021

Common Stock

10,000

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Asbjornson Scott M 3723 HOLLY TRAIL LONGVIEW, TX 75605

Vice President. Finance & CFO

Signatures

Scott M.

09/05/2012 Asbjornson **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 2,000 shares consist of a restricted stock grant, vesting ratably over five years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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