FBL FINANCIAL GROUP INC

Form 4

March 28, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

1(b).

(Print or Type Responses)

	Address of Report ART JOANN	ing Person *	2. Issuer Symbol FBL FII [FFG]			Ticker or L GROU			5. Relationship of Issuer (Chec	f Reporting Pers	
(Last) 5400 UNIV	(First) ERSITY AVE	(Middle)	3. Date of (Month/D) 03/24/20	ay/Year)		ansaction			Director X Officer (give below) Exec VP		Owner er (specify
WEST DES	(Street)	. 50266	4. If Ame Filed(Mor				1				rson
									Person		
(City)	(State)	(Zip)	Tabl	e I - Non	-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execution	emed on Date, if 'Day/Year)	Code (Instr. 8	3)	4. Securi n(A) or Di (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Class A Common Stock	03/24/2006	<u>)</u>		M		441	A	\$ 15.5	2,841	D	
Class A Common Stock	03/24/2006	<u>)</u>		S		441	D	\$ 34.5	2,400	D	
Class A Common Stock	03/27/2006(1	<u>)</u>		M		1,910	A	\$ 15.5	4,310	D	
Class A Common	03/27/2006(1	<u>)</u>		M		2,249	A	\$ 17.97	6,559	D	

Edgar Filing: FBL FINANCIAL GROUP INC - Form 4

Stock								
Class A Common Stock	03/27/2006(1)	S	1,910	D	\$ 34.5	4,649	D	
Class A Common Stock	03/27/2006(1)	S	2,249	D	\$ 34.5	2,400	D	
Class A Common Stock	03/27/2006 <u>(1)</u>	M	1,186	A	\$ 19.5	3,586	D	
Class A Common Stock	03/27/2006(1)	S	1,186	D	\$ 34.5	2,400	D	
Class A Common Stock	03/27/2006 <u>(1)</u>	M	56	A	\$ 19.5	2,456	D	
Class A Common Stock	03/27/2006(1)	S	56	D	\$ 34.5	2,400	D	
Class A Common Stock						11,206.241	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Am Underlying Sec (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	A of N of S
Incentive Stock Option	\$ 15.5	03/24/2006(1)		M	441	01/15/2002(2)	01/15/2011	Class A Common	

Edgar Filing: FBL FINANCIAL GROUP INC - Form 4

(right to buy)							Stock
Incentive Stock Option (right to buy)	\$ 15.5	03/27/2006(1)	M	1,910	01/15/2002(2)	01/15/2011	Class A Common Stock
Incentive Stock Option (right to buy)	\$ 17.97	03/27/2006 <u>(1)</u>	M	2,249	01/15/2003(2)	01/15/2012	Class A Common Stock
Incentive Stock Option (right to buy)	\$ 19.5	03/27/2006(1)	M	1,186	01/15/2004(2)	01/15/2013	Class A Common Stock
Non-Qualified Stock Option (right to buy)	\$ 19.5	03/27/2006(1)	M	56	01/15/2004(2)	01/15/2013	Class A Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

RUMELHART JOANN 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266

Exec VP Farm Bureau Life Ins

Signatures

By: Robert Simons, per filed confirming stmt For: Jo Ann Weslie

Rumelhart 03/28/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transaction has been completed pursuant to Rule 10b5-1(c) Trading Plan dated February 27, 2006.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

Remarks:

Reporting person holds 11,206.241 shares in a company sponsored 401(k) plan. Ownership form is Indirect and the nature of Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3