

FBL FINANCIAL GROUP INC  
 Form 4  
 November 21, 2006

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL  
 OMB Number: 3235-0287  
 Expires: January 31, 2005  
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Trost Bruce A

2. Issuer Name and Ticker or Trading Symbol  
 FBL FINANCIAL GROUP INC  
 [FFG]

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
 5400 UNIVERSITY AVENUE  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 10/28/2004

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
 Exec VP - P/C Companies

WEST DES MOINES, IA 50266  
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 \_\_\_ Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Class A Common Stock	10/28/2004		P		3.888 A \$ 25.72	3.888 (1)	D
Class A Common Stock	11/26/2004		P		3.523 A \$ 28.3813	7.411	D
Class A Common Stock	12/30/2004		P		3.368 A \$ 29.6933	10.779	D
Class A Common	01/27/2005		P		3.65 A \$ 27.3988	14.455	D

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Stock								
Class A Common Stock	03/03/2005	P	3.61	A	\$ 27.7011	18.065		D
Class A Common Stock	03/31/2005	P	3.602	A	\$ 27.7606	21.667		D
Class A Common Stock	04/28/2005	P	3.769	A	\$ 26.533	25.436		D
Class A Common Stock	06/02/2005	P	3.706	A	\$ 26.98	29.142		D
Class A Common Stock	06/30/2005	P	3.572	A	\$ 27.9973	32.714		D
Class A Common Stock	08/04/2005	P	3.35	A	\$ 29.85	36.174		D
Class A Common Stock	09/01/2005	P	3.336	A	\$ 29.98	39.51		D
Class A Common Stock	09/29/2005	P	3.495	A	\$ 28.61	43.005		D
Class A Common Stock	11/03/2005	P	3.166	A	\$ 31.59	46.31		D
Class A Common Stock	12/08/2005	P	3.12	A	\$ 32.05	49.43		D
Class A Common Stock	01/12/2006	P	3.058	A	\$ 32.7	52.647		D
Class A Common Stock	02/02/2006	P	3.025	A	\$ 33.06	55.672		D
Class A Common Stock	03/02/2006	P	2.95	A	\$ 33.9	58.622		D
Class A Common Stock	03/30/2006	P	2.911	A	\$ 34.3589	61.533		D

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Class A Common Stock	05/11/2006	P	3.204	A	\$ 31.21	65.002	D	
Class A Common Stock	07/06/2006	P	3.07	A	\$ 32.57	68.306	D	
Class A Common Stock	07/27/2006	P	3.13	A	\$ 31.95	71.436	D	
Class A Common Stock	08/10/2006	P	3.053	A	\$ 32.75	74.489	D	
Class A Common Stock	08/24/2006	P	3.1	A	\$ 32.2625	77.589	D	
Class A Common Stock	09/21/2006	P	2.874	A	\$ 34.8012	80.463	D	
Class A Common Stock	10/19/2006	P	2.788	A	\$ 35.8686	83.512	D	
Class A Common Stock	11/17/2006	P	2.634	A	\$ 37.9617	86.146 <sup>(1)</sup>	D	
Class A Common Stock						1,336.11	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Pr Deri Secu (Inst	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number

Deferred								of Shares
Stock	(2)	11/17/2006	A	54.368	(3)	(3)	Class A	
Units							Common	54.368 \$
							Stock	

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Trost Bruce A 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266			Exec VP - P/C Companies	

## Signatures

By: Robert Simons per filed confirming stmt For: Bruce A. 11/21/2006  
Trost

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
  - \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Trost has acquired these shares from the Company's direct stock purchase plan through monthly \$100 payroll deductions which began in October 2004. Because of a misunderstanding of reporting responsibilities, information regarding the prior monthly acquisitions was not timely filed.
- (2) None
- (3) The deferred stock units were accrued under the FBL Financial Group, Inc. Executive Salary and Bonus Deferred Compensation Plan and are to be settled upon the conclusion of service or a date specified by the reporting person.

### Remarks:

Reporting person holds 1,336.110 shares in a company sponsored 401(k) Plan. Ownership form is Indirect and the nature of the

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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