FBL FINANCIAL GROUP INC

Form 4

March 04, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

Expires:

January 31, 2005

0.5

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if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** BRANNEN JAMES	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
	FBL FINANCIAL GROUP INC [FFG]	(Check all applicable)		
(Last) (First) (Middle)	3. Date of Earliest Transaction	_X_ Director 10% Owner		
5400 UNIVERSITY AVENUE	(Month/Day/Year) 02/28/2014	_X_ Officer (give title Other (specify below) Chief Executive Officer		
(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		
WEST DES MOINES, IA 50266		Form filed by More than One Reporting		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	rities Acqui	red, Disposed of,	or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispos (Instr. 3,	ed of (4 and :	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	02/28/2014		Code V M	Amount 2,342	(D)	Price \$ 26.35	· · · · · · · · · · · · · · · · · · ·	D	
Class A Common Stock	02/28/2014		S	2,342	D	\$ 41.887	0	D	
Class A Common Stock	02/28/2014		M	248	A	\$ 26.35	248	D	
Class A Common	02/28/2014		S	248	D	\$ 41.887	0	D	

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Stock						
Class A Common Stock	02/28/2014	M	2,460	A	\$ 32.56 2,460	D
Class A Common Stock	02/28/2014	S	2,460	D	\$ 41.887 0	D
Class A Common Stock	02/28/2014	M	752	A	\$ 32.56 752	D
Class A Common Stock	02/28/2014	M	3,983	A	\$ 37.86 4,735	D
Class A Common Stock	02/28/2014	S	752	D	\$ 41.887 3,983	D
Class A Common Stock	02/28/2014	S	3,983	D	\$ 41.887 0	D
Class A Common Stock	02/28/2014	M	5,567	A	\$ 37.86 5,567	D
Class A Common Stock	02/28/2014	S	5,567	D	\$ 41.887 0	D
Class A Common Stock	02/28/2014	M	1,126	A	\$ 32.96 1,126	D
Class A Common Stock	02/28/2014	S	1,126	D	\$ 41.887 0	D
Class A Common Stock	02/28/2014	M	1,907	A	\$ 32.96 1,907	D
Class A Common Stock	02/28/2014	S	1,907	D	\$ 42.075 0	D
Class A Common Stock	02/28/2014	M	14,571	A	\$ 32.96 14,571	D
Class A Common Stock	02/28/2014	S	14,571	D	\$ 42.075 0	D

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Class A			by Trust
Common	9,226.751	I	(1)
Stock			(1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ar Underlying Se (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Incentive Stock Option (right to buy)	\$ 26.35	02/28/2014		M	2,342	01/17/2006(2)	01/17/2015	Class A Common Stock
Incentive Stock Option (right to buy)	\$ 32.56	02/28/2014		M	2,460	01/16/2007(2)	01/16/2016	Class A Common Stock
Incentive Stock Option (right to buy)	\$ 32.96	02/28/2014		M	1,126	01/15/2009(2)	01/15/2018	Class A Common Stock
Incentive Stock Option (right to buy)	\$ 32.96	02/28/2014		M	1,907	01/15/2009(2)	01/15/2018	Class A Common Stock
Incentive Stock Option (right to buy)	\$ 37.86	02/28/2014		M	3,983	01/15/2008(2)	01/15/2017	Class A Common Stock
Non-Qualified Stock Option (right to buy)	\$ 26.35	02/28/2014		M	248	01/17/2006(2)	01/17/2015	Class A Common Stock
Non-Qualified Stock Option (right to buy)	\$ 32.56	02/28/2014		M	752	01/16/2007(2)	01/16/2016	Class A Common Stock
Non-Qualified Stock Option	\$ 32.96	02/28/2014		M	14,571	01/15/2009(2)	01/15/2018	Class A Common

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(right to buy)							Stock
Non-Qualified Stock Option	\$ 37.86	02/28/2014	M	5,567	01/15/2008(2)	01/15/2017	Class A Common
(right to buy)							Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
reporting Owner France / Mariess	Director	10% Owner	Officer	Other		
BRANNEN JAMES			Chief			
5400 UNIVERSITY AVENUE	X		Executive			
WEST DES MOINES, IA 50266			Officer			

Signatures

By: Mark D Wickham per filed confirming stmt For: James Patrick
Brannen
03/04/2014

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person holds 9,226.751 shares in a company sponsored 401(k) plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by Trust.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

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