Edgar Filing: FORUM ENERGY TECHNOLOGIES, INC. - Form 4

FORUM ENERGY Form 4 July 12, 2013	Y TECHNOLOGIES	S, INC.					
FORM 4	OMB	PROVAL 3235-0287					
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).	Washington, D.C. 20549Number:Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Section 16.Expires:January 3 200Form 4 or Form 5 obligations may continue. See InstructionState pursuant to Section 16(a) of the Securities Exchange Act of 1934, 30(h) of the Investment Company Act of 1940Expires:January 3 200See InstructionSection 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940Section 17(a)						
(Print or Type Response	ses)						
1. Name and Address Harris James Whe	of Reporting Person <u>*</u> elan	2. Issuer Name and Symbol FORUM ENERG TECHNOLOGIES	Y	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (F 920 MEMORIAL WAY, SUITE 100		3. Date of Earliest Tra (Month/Day/Year) 07/11/2013	Director 10% Owner X Officer (give title Other (specify below) below) SVP & CFO				
(S	Street)	4. If Amendment, Dat Filed(Month/Day/Year)	e Original	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
HOUSTON, TX 7	77024			Person	ore than One Re	porting	
(City) (S	State) (Zip)	Table I - Non-De	erivative Securities Acc	uired, Disposed of	, or Beneficial	ly Owned	
Security (Mor (Instr. 3)	ransaction Date 2A. Dee nth/Day/Year) Executio any (Month/		4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common 07/1 Stock	11/2013	S	$\frac{31,450}{(1)}$ D \$31	174,984	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	s Relationships						
	Director	10% Owner	Officer	Other			
Harris James Whelan 920 MEMORIAL CITY WAY SUITE 1000 HOUSTON, TX 77024			SVP & O	CFO			
Signatures							
/s/ James W. Harris by John C. Fact		07/12/2013					
**Signature of Reporting Person				Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on February 28, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.