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ULM SCOT	Т									
Form 4 February 26,	2018									
	1 /								OMB AF	PPROVAL
FORM 4 UNITED STATES SECURITIES AND I Washington, D.C.									OMB Number:	3235-0287
Check this box if no longer									Expires:	January 31 2005
subject to STATEMENT OF CHANG Section 16. Form 4 or				GES IN BENEFICIAL OWNER SECURITIES 6(a) of the Securities Exchange Ad					Estimated average burden hours per response 0	
obligation may cont <i>See</i> Instru 1(b).	inue. Section 1		Public Ut of the Inv	•	•	· ·		1935 or Section	1	
(Print or Type F	Responses)									
1. Name and Address of Reporting Person * 2. Issuer ULM SCOTT Symbol			er Name and Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
			Armour Residential REIT, Inc. [ARR]			•	(Check all applicable)			
(Last) (First) (Middle) 3. Date of (Month/D 3001 OCEAN DRIVE, SUITE #201 02/22/20			-				X Director 10% Owner X Officer (give title Other (specify below) below) Co-CEO and CIO			
VERO BEA	(Street) CH, FL 32963	3		ndment, Dat th/Day/Year)	-	l		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M Person	int/Group Filin Dne Reporting Pe	rson
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3) 2. Transaction Date 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common				Code V	Amount	(D)	Price	(IIISU: 5 and 4)		
Stock, par value \$0.001 per share	02/22/2018			М	6,100 (1)	A	\$ 0	99,664	D	
Common Stock, par value \$0.001 per share	02/22/2018			D	2,400 (1)	D	\$ 22.53	97,264	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	 3A. Deemed Execution Date, if any (Month/Day/Year) 	Code	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,	6. Date Exer Expiration D (Month/Day/	Date	7. Title and A Underlying S (Instr. 3 and	Securities	8. Pric Deriva Securi (Instr.
Phantom Stock	<u>(2)</u>	02/22/2018		Code V M	and 5) (A) (D) 6,100 (<u>1)</u>	Date Exercisable (1)	Expiration Date	Title Common Stock	Amount or Number of Shares 6,100	\$

Reporting Owners

Reporting Owner Name / Addres	55	Relationships						
	Director	10% Owner	Officer	Other				
ULM SCOTT 3001 OCEAN DRIVE SUITE #201 VERO BEACH, FL 32963	Х		Co-CEO and CIO					
Signatures								
	00/06/0010							

/s/ Scott J. Ulm	02/26/2018
<u>**</u> Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On February 22, 2018, the reporting person elected to convert 3,700 shares out of 6,100 shares of vested phantom stock into 3,700 shares of ARMOUR common stock. The person elected to convert the remaining 2,400 shares of vested phantom stock into cash solely to pay income taxes on the vested stock. The 6,100 shares are part of, and relate to, phantom stock vesting over a five-year period, which was reported on a Form 4 filed by the reporting person on November 22, 2017.

(2) Each unit of phantom stock is the economic equivalent of one share of ARMOUR common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.