FIRST TRUST HIGH INCOME LONG/SHORT FUND Form 8-K July 09, 2013

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported) July 8, 2013

FIRST TRUST HIGH INCOME LONG/SHORT FUND (Exact Name of Registrant as Specified in its Charter)

Massachusetts	811-22442	27-3072807
(State or Other Jurisdiction	(Commission File Number)	(IRS Employer
of Incorporation)		Identification No.)

120 East Liberty Drive, Suite 400	
Wheaton, Illinois	60187
(Address of Principal Executive Offices)	(Zip Code)

Registrant's telephone number, including area code (630) 765-8000

(Former Name or Former Address, if Changed Since Last Report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- |\_| Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- |\_| Soliciting material pursuant to Rule 14a-12 under the Exchange Act
  (17 CFR 240.14a-12)
- |\_| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- |\_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

First Trust High Income Long/Short Fund (the "Fund") is filing herewith a press release issued on July 8, 2013, as Exhibit 99.1. The press release was issued by First Trust Advisors L.P. to report that on July 22, 2013, the Fund will host a conference call with MacKay Shields LLC ("MacKay"), the Fund's investment sub-advisor. The purpose of the call is to hear the Fund's portfolio management team provide an update for the market and the Fund.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number	Description
99.1	Press release of First Trust Advisors L.P. dated July 8, 2013.

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: July 8, 2013 FIRST TRUST HIGH INCOME LONG/SHORT FUND By: /s/ W. Scott Jardine

Name: W. Scott Jardine Title: Secretary

## EXHIBIT INDEX

Number	Description
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Exhibit

99.1 Press release of First Trust Advisors L.P. dated July 8, 2013.