FBL FINANCIAL GROUP INC

Form 4

September 03, 2013

FORM 4 UNITED STA

OMB APPROVAL

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Common

Stock Class A 08/30/2013

08/30/2013

(Print or Type Responses)

			2. Issuer Name and Ticker or Trading Symbol FBL FINANCIAL GROUP INC [FFG]				···· · 5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 5400 UNIV	(First) VERSITY AVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/30/2013				X Director 10% Owner Officer (give title Other (specify below)			
			(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)				_		Person		
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2. Date (Month/Day/Year) 2. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)	omr Dispo (Instr. 3,	rities Acquired (A) sosed of (D) Securities 3, 4 and 5) Beneficially Owned Following Reported Transaction((Instr. 3 and			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A Common Stock	08/30/2013			M	1,000	A	\$ 32.56	2,200	D	
Class A Common Stock	08/30/2013			S	1,000	D	\$ 44.6292	1,200	D	
Class A										

M

S

2,000

2,000

A

D

\$ 37.86

44.6292

\$

3,200

1,200

D

D

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Stock							
Class A Common Stock	08/30/2013	M	2,000	A	\$ 32.96	3,200	D
Class A Common Stock	08/30/2013	S	2,000	D	\$ 44.6292	1,200	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Option (right to buy)	\$ 32.56	08/30/2013		M	1,000	01/16/2006	01/16/2016	Class A Common Stock	1,0
Non-Qualified Stock Option (right to buy)	\$ 32.96	08/30/2013		M	2,000	01/15/2008	01/15/2018	Class A Common Stock	2,0
Non-Qualified Stock Option (right to buy)	\$ 37.86	08/30/2013		M	2,000	01/16/2007	01/16/2017	Class A Common Stock	2,0

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
ROGERS KEVIN G 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266	X					

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Date

Signatures

By: David McNeill per filed confirming stmt For: Kevin Rogers 09/04/2013

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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