

FBL FINANCIAL GROUP INC
Form 4
February 25, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
CHICOINE JERRY L

2. Issuer Name and Ticker or Trading Symbol
FBL FINANCIAL GROUP INC
[FFG]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
5400 UNIVERSITY AVENUE
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
02/24/2014

Director 10% Owner
 Officer (give title below) Other (specify below)

WEST DES MOINES, IA 50266

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				(A) or (D)	Price			
				Code	V	Amount		
Class A Common Stock	02/24/2014		M	4,000	A	\$ 26.35	24,259	D
Class A Common Stock	02/24/2014		S	4,000	D	\$ 40.731	20,259	D
Class A Common Stock	02/24/2014		M	4,000	A	\$ 32.56	24,259	D
Class A Common Stock	02/24/2014		S	4,000	D	\$ 40.731	20,259	D

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Stock

Class A Common Stock	02/24/2014	M	4,000	A	\$ 37.86	24,259	D
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Class A Common Stock	02/24/2014	S	4,000	D	\$ 40.731	20,259	D
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Class A Common Stock	02/24/2014	M	4,000	A	\$ 32.96	24,259	D
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Class A Common Stock	02/24/2014	S	4,000	D	\$ 40.731	20,259	D
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 26.35	02/24/2014		M	4,000	01/17/2005 01/17/2015	Class A Common Stock 4,000
Non-Qualified Stock Option (right to buy)	\$ 32.56	02/24/2014		M	4,000	01/16/2006 01/16/2016	Class A Common Stock 4,000
Non-Qualified Stock Option (right to buy)	\$ 32.96	02/24/2014		M	4,000	01/15/2008 01/15/2018	Class A Common Stock 4,000
Non-Qualified Stock Option	\$ 37.86	02/24/2014		M	4,000	01/15/2007 01/15/2017	Class A Common 4,000

(right to buy)

Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
CHICOINE JERRY L 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266		X		

Signatures

By: Robert Simons per filed confirming stmt For: Jerry L
Chicoine

02/25/2014

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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