FBL FINANCIAL GROUP INC

Form 4

March 07, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SECURITIES

OMB Number:

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

response... 0.5

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * Wasilewski Raymond Walter

(First)

2. Issuer Name and Ticker or Trading

Symbol

FBL FINANCIAL GROUP INC [FFG]

3. Date of Earliest Transaction

(Month/Day/Year) 03/06/2014

(Street) 4. If Amendment, Date Original

(Middle)

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner Other (specify _X__ Officer (give title below)

Chief Administrative Officer

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

WEST DES MOINES, IA 50266

5400 UNIVERSITY AVENUE

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	e Secu	rities Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)		(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Class A Common Stock	03/06/2014		M	826	A	\$ 28.39	826	D	
Class A Common Stock	03/06/2014		S	826	D	\$ 42.6074	0	D	
Class A Common Stock	03/06/2014		M	528	A	\$ 29.23	528	D	
Class A Common	03/06/2014		S	528	D	\$ 42.6074	0	D	

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03/06/2014	M	400	A	\$ 18.62	400	D	
03/06/2014	S	400	D	\$ 42.6074	0	D	
03/06/2014	M	31	A	\$ 29.41	31	D	
03/06/2014	S	31	D	\$ 42.6074	0	D	
					8,071.33	I	by Trust
	03/06/2014	03/06/2014 S 03/06/2014 M	03/06/2014 S 400 03/06/2014 M 31	03/06/2014 S 400 D 03/06/2014 M 31 A	03/06/2014 S 400 D \$\\\\ 03/06/2014 M 31 A \$29.41	03/06/2014 S 400 D \$\frac{1}{42.6074} 0 \\ 03/06/2014 M 31 A \$\frac{1}{2} \text{29.41} 31 \\ 03/06/2014 S 31 D \$\frac{1}{42.6074} 0 \\ \end{array}	03/06/2014 S 400 D \$\frac{1}{42.6074} 0 D 03/06/2014 M 31 A \$29.41 31 D 03/06/2014 S 31 D \$\frac{1}{42.6074} 0 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Incentive Stock Option (right to buy)	\$ 18.62	03/06/2014		M	400	01/15/2011(2)	01/15/2020	Class A Common Stock	400
Incentive Stock Option	\$ 28.39	03/06/2014		M	826	08/25/2012(2)	08/25/2021	Class A Common Stock	826

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(right to buy)								
Incentive Stock Option (right to buy)	\$ 29.23	03/06/2014	M	528	01/14/2012(2)	01/14/2021	Class A Common Stock	528
Incentive Stock Option (right to buy)	\$ 29.41	03/06/2014	M	31	03/01/2009(2)	03/01/2018	Class A Common Stock	31

Reporting Owners

Reporting Owner Name / Address	Relationships							
. 3	Director	10% Owner	Officer	Other				
Wasilewski Raymond Walter			Chief					
5400 UNIVERSITY AVENUE			Administrative					
WEST DES MOINES, IA 50266			Officer					

Signatures

By: Mark D Wickham per filed confirming stmt For: Raymond Walter Wasilewski

03/07/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person holds 8,071.330 shares in a company sponsored 401(k) plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by Trust.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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