FBL FINANCIAL GROUP INC

Form 4

March 10, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** BRANNEN JAMES	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
	FBL FINANCIAL GROUP INC [FFG]	(Check all applicable)		
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)	_X_ Director 10% OwnerX_ Officer (give title Other (specify		
5400 UNIVERSITY AVENUE	03/07/2014	below) below) Chief Executive Officer		
(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		
WEST DES MOINES 14 50266		Form filed by More than One Reporting		

Person

WEST DES MOINES, IA 50266

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	ırities Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispo (Instr. 3,	sed of 4 and (A) or	.5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	03/07/2014		M M	Amount 2,939	(D)	Price \$ 12.9	2,939	D	
Class A Common Stock	03/07/2014		S	2,939	D	\$ 43.0129	0	D	
Class A Common Stock	03/07/2014		M	1,344	A	\$ 18.62	1,344	D	
Class A Common	03/07/2014		S	1,344	D	\$ 43.0129	0	D	

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Stock								
Class A Common Stock	03/07/2014	M	3,661	A	\$ 18.62	3,661	D	
Class A Common Stock	03/07/2014	S	3,661	D	\$ 43.0129	0	D	
Class A Common Stock	03/07/2014	M	4,778	A	\$ 18.62	4,778	D	
Class A Common Stock	03/07/2014	S	4,778	D	\$ 43.0129	0	D	
Class A Common Stock						9,849.561	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Action of Derivative Expiration Date Securities (Month/Day/Year) (Ir		Expiration Date		Amo Secu 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	A or N of SI
Incentive Stock Option (right to buy)	\$ 12.9	03/07/2014		M	2,939	01/15/2010(2)	01/15/2019	Class A Common Stock	2
Incentive Stock Option (right to buy)	\$ 18.62	03/07/2014		M	1,344	01/15/2011(2)	01/15/2020	Class A Common Stock	1
Incentive Stock Option	\$ 18.62	03/07/2014		M	4,778	01/15/2011(2)	01/15/2020	Class A Common	4

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(right to buy) $\frac{(3)}{2}$							Stock	
Non-Qualified Stock Option (right to buy)	\$ 18.62	03/07/2014	M	3,661	01/15/2011(2)	01/15/2020	Class A Common Stock	3

Reporting Owners

Reporting Owner Name / Address	Relationships						
-	Director	10% Owner	Officer	Other			
BRANNEN JAMES			Chief				
5400 UNIVERSITY AVENUE	X		Executive				
WEST DES MOINES, IA 50266			Officer				

Signatures

By: Mark D Wickham per filed confirming stmt For: James Patrick
Brannen
03/10/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting person holds 9,849.561 shares in a company sponsored 401(k) plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by Trust.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.
- (3) The Board of Directors of FBL Financial Group, Inc. accelerated the vesting of all outstanding stock options to February 20, 2014, resulting in stock options that were granted as incentive stock options to become non-qualified stock options due to vesting limitations.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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